



Module 10: Stepping Into School



Resources for Your Child

Everything you need to know!

Regulation Skills

- [Your Parent Superpower: Co-Regulation](#)
- [Teaching your kid to self-regulate — CHEO Mental Health video with Jennifer Boggett, OT](#)
- [Self Reg in Early Childhood- The MEHRIT Centre](#)
- [Self Regulation: A Parent's Guide Dr.Stuart Shanket](#)

Language Skills

- [Module 5: The Power of Books-How to Promote Language and Literacy Development](#)
- [Hanen centre- More than ABCs: Building Critical Thinking Skills](#)
- [Hanen Centre -Bringing Books to Life! Build Early Literacy Skills by Acting out Stories](#)

Phonological Awareness Skills

- [TVO Kids has many sounds & alphabet games- try Cutie pugs](#)
- [Reading Rockets- Phonological & Phonemic Awareness](#)
- [Phonological Awareness Guidebook.](#)
- [World Bank Guide- How Children Learn to Read](#)

Ready for Kindergarten

- [A Newcomer's guide to Elementary School in Ontario](#)
- [Ontario Association for Families of Children with Communication Disorders- Parent guide for supporting Success at School](#)
- [Ottawa Carleton District School Board- Guide to Kindergarten](#)

Other Resources

- [Screen Time: Module 7 The Impact of Screen Time on Language Development](#)
- [Sleep and Activity Guidelines](#)
- [Toilet Learning.](#)



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