

2025 - 2026 Newsletter #1 | 08/31/2025

Team Website Address | www.nseaswimteam.com

Captyn Address | nseaswim.captyn.com

Newsletter Archive | <https://www.nseaswimteam.com/2025-26-newsletter-2-08-31-2025>

Parking [-- See Attached Map --]

2025 - 26 Change / Update | The curve where 7th ST turns into Howard ST is a **NO PARKING** area to be used as drop off / pick up **FROM the direction of 7th ST**.

You can park along the following streets

- 7th Street (near the pool)
- Howard St (along the park side)
- Bess St (both sides)
- Service Drive between the Pool and Northside Park
- DO NOT park in front of the homes on any of the streets around the pool or Northside Park

Equipment / Caps

- FINIS Equipment ordered by Monday August 11 will be passed out during practice the week of 09/01. A few fin sizes are on back order and will be passed out once they are received.
- Hand Paddles will be available the week of 09/15
- Swim Caps will be passed out once they have been received

Upcoming Team Events & Important Dates

- Saturday 09/13 | [Team Photo & Welcome Picnic](#) @ EJP [Deadline 09/10/2025]

Meets & Sign Up Deadlines

- 09/20 - 09/21 | BAC Dual Meet @ BCC

Practice Schedule

	Monday 09/01	Tuesday 09/02	Wednesday 09/03	Thursday 09/04	Friday 09/05	Saturday 09/06	Sunday 09/07
Event	Labor Day						
Entries Due							
Meet							
Splash							
PM	Off	4:30 - 5:15	4:30 - 5:15	4:30 - 5:15	Off		
Tidepool							
PM	Off	4:30 - 5:30	4:30 - 5:30	4:30 - 5:30	4:30 - 5:30		
Riptide							
PM	Off	5:15 - 6:15	5:15 - 6:15	5:15 - 6:15	5:15 - 6:45		
Breakers							
AM						8:30 - 10:00	
PM	Off	5:15 - 6:15	6:15 - 8:15	5:15 - 6:15	4:30 - 5:30		
Surge							
AM	Off	Off	Off	Off	5:30 - 7:00	6:30 - 8:30	
PM	Off	6:15 - 8:15	6:15 - 8:15	6:15 - 8:15	Off	Off	
SR Surge							
AM	6:30 - 8:30	Off	Off	Off	5:30 - 7:00	6:30 - 8:30	
PM	Off	6:15 - 8:15	4:15 - 6:15	6:15 - 8:15	Off	Off	

Social Links

[Facebook](#) | [Instagram](#) | [Foundation Instagram](#) | [Foundation Facebook](#)

Sponsors & Friends

[FINIS](#) | [SwimmersBest](#) | [PoolSide Live](#) | [TritonWear](#) | [LMNT](#) | [SwimIntel](#) | [Time-Drops](#)