



2025 - 2026 Newsletter #5 | 10/04/2025

- Website | www.nseaswimteam.com
- Captyn | nseaswim.captyn.com
- Newsletter Archive | <https://www.nseaswimteam.com/newsletters>

Notes

Installation of the roof and siding is tentatively scheduled for the **week of October 20th**. The installation shouldn't interfere with our regular practice schedule. Many hands make short work, if you are willing and able to lend a hand we'd be glad to have to have you. Details will follow as the date approaches.

Meet The Coaches

First up, one the individuals responsible for NSEA Swim even being a team, Coach Devin!



Coach Devin is a founding member of NSEA Swim and was Head Coach for two years. She currently works with the Splash Group and dryland programs.

Coach Devin grew up being a multi-sport athlete. She started swimming early and at 13 years old, she qualified for Y-Nationals both individually and as part of top 16 relay team. In high school, Devin was named Female swimmer of the year 3 years in a row. In addition to being Captain of the schools' field hockey, swim and girls' lacrosse teams, her senior year swimming was always a special love leading her high school team to a state championship title. She went four years without a loss in individual dual-meet competition, and finished with eight state titles -- four individual, and four relay. In 2014, she was inducted into her high school's sports hall of fame.

NSEA Swim Shop

All forms will close **Sunday 10/12/2025**

Apparel & Bags

New apparel, team bags, and Parent shirts are available for purchase on the Team Apparel Store (https://shop.creativeadscreenprinting.com/index.php/product-category/nsea_swim/) orders will close **Sunday 10/12/2025**

Meet & Practice Caps

Last chance for the Fall to purchase additional Team Caps (<https://form.jotform.com/jpmerchant/team-caps>).

Mark Your Calendars

- *Week of 10/20* | Tentative for Roof and Siding installation
- *Friday October 31st* | NO Afternoon Practices [Halloween]
- *Week of March 23rd* | NSEA Swim A-Thon [this is a change from the events calendar, details to follow]
- *Monday March 30* | Spring Banquet & Senior Recognition [all are invited to celebrate our Short Course Season and recognize our High School Seniors]

Upcoming Team Events & Important Dates

- 10/24 - 10/26 | BAC Halloween Bash @ [BCC](#) **[Deadline | Thursday 10/09]**
- 11/08 - 11/09 | 12 & Under Intersquad @ EJP **[Deadline | Wednesday 10/22]**
- 11/22 4:00pm | Mike's Farm for Senior, Surge, and Breakers | Sign up with more info will be available soon
- Riptide, Splash, Tidepool event details will be announced soon

Practice Schedule

	Monday 10/06	Tuesday 10/07	Wednesday 10/08	Thursday 10/09	Friday 10/10	Saturday 10/11	Sunday 10/12
Event							
Deadline				BAC Entries Due			
Meet							
Splash							
PM	4:30 - 5:15	4:30 - 5:15	4:30 - 5:15	4:30 - 5:15	Off		
Tidepool							
PM	4:30 - 5:30	4:30 - 5:15	4:30 - 5:30	4:30 - 5:15	4:30 - 5:30		
DL		5:15 - 5:45		5:15 - 5:45			
Riptide							
PM	5:15 - 6:45	5:15 - 6:15	5:15 - 6:15	5:15 - 6:15	5:15 - 6:45		
DL		6:15 - 6:45		6:15 - 6:45			
Breakers							
AM						8:30 - 10:00	
PM	4:30 - 5:30	5:15 - 6:15	6:15 - 8:15	5:15 - 6:15	4:30 - 5:30		
DL		6:15 - 6:45		6:15 - 6:45			
Surge							
AM	Off	Off	Off	Off	5:30 - 7:00	6:30 - 8:30	
PM	6:45 - 8:15	6:15 - 8:15	6:15 - 8:15	6:15 - 8:15	Off		
SR Surge							
AM	Off	5:30 - 7:00	Off	5:30 - 7:00	5:30 - 7:00	6:30 - 8:30	
PM	6:45 - 8:15	6:15 - 8:15	4:15 - 6:15	6:15 - 8:15	Off		

Social Links

[Facebook](#) | [Instagram](#) | [Foundation Instagram](#) | [Foundation Facebook](#)

Sponsors & Friends

[FINIS](#) | [SwimmersBest](#) | [PoolSide Live](#) | [TritonWear](#) | [LMNT](#) | [SwimIntel](#) | [Time-Drops](#)