



2025 - 2026 Newsletter #5 | 09/27/2025

- Website | www.nseaswimteam.com
- Captyn | nseaswim.captyn.com

Weather Note

As we've all seen, the possibility for severe weather can change rather quickly this time of year. The current storm paths have them staying, thankfully, off shore and making sharp rights on the northern side of Florida. All good news. There is still a likelihood of strong winds and some local heavy rain during the course of the week. We will be keeping an eye on this and, if necessary, make adjustments to the practice schedule. Any changes to the schedule will be sent via Captyn so please keep an eye on the practice schedule in Captyn, your text messages, and email.

Swimmer Recognition

Happy Birthday (August / September / October)

Powell	Baxter	Charlie	Lilly B	Caroline B
Josie	Wolfe	Charlotte	Olivia C	Lucinda
Ryker	William F	Reagan H	Finley June	Koen
Will H	Matthew	Will L	Kirin	Hance
Declan	Aliyah	Gina	Annderson	Reagan R
Kira	Sophie	Kemper		

First Timers (USA Swimming Meet Edition!)

Wolfe (RT)	Charlotte (RT)	Reagan (TP)	Jaxon (TP)	Kirin (SP)
Zachary (TP)	Callahan (SP)	Olivia N (TP)	Banks S (TP)	Eleanor (SP)

New Time Standards Achieved

National Age Group Motivational

Abby B BB - 50 FL & BR	Sebastian C BB - 50 FR	Beckett B - 50 FL	FI B - 50 FR	Lila P AAA - 50 FL BB - 50 BR
Lilah T BB - 50 BR	Sullivan BB - 50 FR	Corbin BB - 50 FR	Emilyne B - 50 FR & BK	Court B - 50 FR

Mark Your Calendars

- *Friday October 31st* | NO Afternoon Practices [Halloween]
- *Week of March 23rd* | NSEA Swim A-Thon [this is a change from the events calendar, details to follow]
- *Monday March 30* | Spring Banquet & Senior Recognition [all are invited to celebrate our Short Course Season and recognize our High School Seniors]

Upcoming Team Events & Important Dates

- 10/24 - 10/26 | BAC Halloween Bash @ [BCC](#) [Deadline | **Thursday 10/09**]
- 11/08 - 11/09 | 12 & Under Intersquad @ EJP
- 11/14 - 16 | 13 & Over Gamecock Invitational @ [USC](#)
- 11/22 4:00pm | Mike's Farm for Senior, Surge, and Breakers | Sign up with more info will be available soon
- Riptide, Splash, Tidepool event details will be announced soon

Practice Schedule

	Monday 09/29	Tuesday 09/30	Wednesday 10/01	Thursday 10/02	Friday 10/03	Saturday 10/04	Sunday 10/05
Event							
Deadline							
Meet							
Splash							
PM	4:30 - 5:15	4:30 - 5:15	4:30 - 5:15	4:30 - 5:15	Off		
Tidepool							
PM	4:30 - 5:30	4:30 - 5:15	4:30 - 5:30	4:30 - 5:15	4:30 - 5:30		
DL		5:15 - 5:45		5:15 - 5:45			
Riptide							
PM	5:15 - 6:45	5:15 - 6:15	5:15 - 6:15	5:15 - 6:15	5:15 - 6:45		
DL		6:15 - 6:45		6:15 - 6:45			
Breakers							
AM						8:30 - 10:00	
PM	4:30 - 5:30	5:15 - 6:15	6:15 - 8:15	5:15 - 6:15	4:30 - 5:30		
DL		6:15 - 6:45		6:15 - 6:45			
Surge							
AM	Off	Off	Off	Off	5:30 - 7:00	6:30 - 8:30	
PM	6:45 - 8:15	6:15 - 8:15	6:15 - 8:15	6:15 - 8:15	Off		
SR Surge							
AM	Off	5:30 - 7:00	Off	Off	5:30 - 7:00	6:30 - 8:30	
PM	6:45 - 8:15	6:15 - 8:15	4:15 - 6:15	6:15 - 8:15	Off		

Social Links

[Facebook](#) | [Instagram](#) | [Foundation Instagram](#) | [Foundation Facebook](#)

Sponsors & Friends

[FINIS](#) | [SwimmersBest](#) | [PoolSide Live](#) | [TritonWear](#) | [LMNT](#) | [SwimIntel](#) | [Time-Drops](#)