



2025 - 2026 Newsletter | 07/12/2026

- Website | www.nseaswimteam.com
- Captyn | nseaswim.captyn.com
- Newsletter Archive | <https://www.nseaswimteam.com/newsletters>

*** Attached Documents ***

Full Newsletter

2026 - 27 Practice Schedule

General Group Flow Chart

Notes & Reminders for the 2026 - 27 Season

WSL Championship Week

Good luck to all of our NSEA Swim Family members, past, present, and future that are competing in the 2026 WSL Championships!

Please send all of your favorite pictures to Coach Devin (devin@nseaswim.com)

NC Senior Championships - Recap

New Team Records Set

- 13 - 14 Girls 50 BK | Gentry
- 13 - 14 Girls 100 BT | Abbi
- 13 - 14 Girls 100 FL | Gentry
- 13 - 14 Girls 200 IM | Gentry
- 17 - 18 Girls 50 BR | Sophie
- 15 - 16 Boys 50 FR | Behr
- 15 - 16 Boys 100 FR | Behr
- 15 - 16 Boys 200 BR | Behr

By the Numbers

Swimmers	10
Best Times	20
2nd Swims	6
Top 16 Finishes	2
New USA Swimming Motivational Times	
AAA	4
AA	4
New NC Senior Champ Cuts	3
Team Records	8

Age Group Champ Recap

New Team Records Set

- 10 & Under Boys 50 BR | Everett
- 10 & Under Boys 100 BR | Everett

By the Numbers

- Swimmers | 1
- Best Times | 2
- Top 16 Finishes | 1
- AA | 2
- Team Records | 2

New Swimmer Assessment Dates & Sign Up

We will be offering assessments for New Swimmers on the following dates

- Tuesday 07/21 @ 5:00pm
- Thursday 07/23 @ 5:00pm
- Friday 07/24 @ 8:30am

Families can sign up using the following link :

<https://form.jotform.com/jpmerchant/assessment-sign-up>

Mark Your Calendars

- Monday August 24 | 1st Senior Practice
- Monday August 31 | Welcome Back Picnic @ EJP (All Families)
- Tuesday September 1 | Regular Practice Schedule Begins
- 09/18 - 09/19 | BAC Dual Meet @ EJP
- September 25 - 27 | Fitter Faster Swim Clinic returns to Earl Jackson
- [2026 - 2027 Calendar](#) of Meets, Team Events, and Break Schedules

Upcoming Meets & Deadlines

- [WOW Short Course Spectacular](#) SCY | [-- Deadline | Closed --]
- USA Swimming Futures Championships | [-- Deadline | Closed --]

This Week's Practice Schedule

	Monday 07/20	Tuesday 07/21	Wednesday 07/22	Thursday 07/23	Friday 07/24	Saturday 07/25	Sunday 07/26
Event	WSL	Assessment		Assessment	Assessment		
Deadline							
Meet						WOW	WOW
Splash							
PM							
Tidepool							
PM							
Riptide							
AM	Off	8:30 - 10:00	8:30 - 10:00	8:30 - 10:00	Off	Off	Off
Breakers							
PM	Off	8:30 - 10:00	8:30 - 10:00	8:30 - 10:00	8:30 - 10:00	Off	Off
Surge							
AM	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	7:00 - 8:30	7:30 - 8:30	Off	Off
SR Surge							
AM	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	7:00 - 8:30	7:30 - 8:30	7:30 - 8:30*	Off
PM	Off	Off	Off	Off	Off		

Sponsors & Friends

[FINIS](#) | [SwimmersBest](#) | [TritonWear](#) | [LMNT](#) | [SwimIntel](#) | [Time-Drops](#) | [MySwimLO](#) | [MaKoSwim](#)

From the NSEA Swim Foundation

Summer Lessons Volunteers Needed

<https://www.signupgenius.com/go/4090A4AACAA29ABF94-63604794-summer#/>

Summer Employment

- If you are interested in working at The Earl Jackson Pool this summer please email Mia@nseaswim.com. You must complete Red Cross Certification and apply and interview for the desired position.
- Positions available: *Lifeguard* | *Water Safety Instructor*