



2025 - 2026 Newsletter | 07/12/2026

- Website | www.nseaswimteam.com
- Captyn | nseaswim.captyn.com
- Newsletter Archive | <https://www.nseaswimteam.com/newsletters>

*** Attached Documents ***
Full Newsletter

Age Group Championship Meet Week

Good luck to 2026 North Carolina Swimming Age Group LSC Championship Team

Everett

New Swimmer Assessment Dates & Sign Up

We will be offering assessments for New Swimmers on the following dates

- Friday 07/17 @ 8:30am
- Saturday 07/18 @ 8:30am
- Tuesday 07/21 @ 5:00pm
- Thursday 07/23 @ 5:00pm
- Friday 07/24 @ 8:30am

Families can sign up using the following link :

<https://form.jotform.com/jpmerchant/assessment-sign-up>

2026 - 27 Season Opt-Out Reminder

Please See <https://www.nseaswimteam.com/opt-out---intent-information> for Opt-Out Information regarding the 2026 - 27 Season.

Mark Your Calendars

- Wednesday July 15 | 2026 - 27 Season Opt Out Deadline | [Information / Instructions](#)
- Monday August 31 | Welcome Back Picnic @ EJP
- 09/18 - 09/19 | BAC Dual Meet @ EJP
- September 25 - 27 | Fitter Faster Swim Clinic returns to Earl Jackson
- [2026 - 2027 Calendar](#) of Meets, Team Events, and Break Schedules

Upcoming Meets & Deadlines

- [NC Age Group Championships](#) LCM | [-- Deadline | Closed --]
- [WOW Short Course Spectacular](#) SCY | [-- Deadline | Closed --]

This Week's Practice Schedule

	Monday 07/13	Tuesday 07/14	Wednesday 07/15	Thursday 07/16	Friday 07/17	Saturday 07/18	Sunday 07/19
Event					Assessment	Assessment	WSL
Deadline			Season Opt-Out				
Meet				AG Champs	AG Champs	AG Champs	AG Champs
Splash							
PM							
Tidepool							
PM							
Riptide							
AM	8:30 - 10:00	8:30 - 10:00	8:30 - 10:00	8:30 - 10:00	Off	Off	Off
Breakers							
PM	8:30 - 10:00	8:30 - 10:00	8:30 - 10:00	8:30 - 10:00	8:30 - 10:00	Off	Off
Surge							
AM	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	Off
SR Surge							
AM	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	Off
PM	Off	Off	Off	Off	Off		

Sponsors & Friends

[FINIS](#) | [SwimmersBest](#) | [TritonWear](#) | [LMNT](#) | [SwimIntel](#) | [Time-Drops](#) | [MySwimLO](#) | [MaKoSwim](#)

From the NSEA Swim Foundation

Summer Lessons Volunteers Needed

<https://www.signupgenius.com/go/4090A4AACAA29ABF94-63604794-summer#/>

Summer Employment

- If you are interested in working at The Earl Jackson Pool this summer please email Mia@nseaswim.com. You must complete Red Cross Certification and apply and interview for the desired position.
- Positions available: *Lifeguard* | *Water Safety Instructor*