



2025 - 2026 Newsletter | 06/13/2026

- Website | www.nseaswimteam.com
- Captyn | nseaswim.captyn.com
- Newsletter Archive | <https://www.nseaswimteam.com/newsletters>

**** Attached Documents ****
Full Newsletter

Happy Fathers Day

Fathers are wonderful people
Too little understood,
And we do not sing their praises
As often as we should.

For, somehow, Father seems to be
The man who pays the bills,
While Mother binds up little hurts
And nurses all our ills.

And Father struggles daily
To live up to "his image"
As protector and provider
And "hero of the scrimmage".

And perhaps that is the reason
We sometimes get the notion,
That Fathers are not subject
To the thing we call emotion,

But if you look inside Dad's heart,
Where no one else can see

You'll find he's sentimental
And as "soft" as he can be.

But he's so busy every day
In the grueling race of life,
He leaves the sentimental stuff
To his partner and his wife.

But Fathers are just wonderful
In a million different ways,
And they merit loving compliments
And accolades of praise,

For the only reason Dad aspires
To fortune and success
Is to make the family proud of him
And to bring them happiness.

And like Our Heavenly Father,
He's a guardian and a guide,
Someone that we can count on
To be always on our side.

Helen Steiner Rice

Meet Week

Good luck to all of our swimmers competing this week at the following meets:

- GAME Summer Invitational (Columbia, SC)
- MOR Liberty Meet (Raleigh, NC)

Swim-A-Thon Update [as of 10:30am on 06/07]

- **No Changes from Last Week**
- **35** of 94 | *Team Members* have created a RallyUp Account
- **52** Supporters have contributed **\$4,040** towards our TEAM goal of **\$12,000** (~33%)
- Top 5 Members
 - 1) Sebastian C / Elliott C
 - 2) Piper
 - 3) Ryker
 - 4) Ellison
 - 5) Eliza / Banks S
- To register **your** RallyUp account please visit: <https://go.rallyup.com/signup-nsea-swim-2025>
- To view **our** Campaign Progress visit: <https://go.rallyup.com/nseaswim2025>

Mark Your Calendars

- **Wednesday July 1** | Last Day to contribute to the [Swim-A-Thon](#)
- **Monday July 13** | 2026 - 27 Season Opt Out | [Information / Instructions](#)
- **September 25 - 27** | Fitter Faster Swim Clinic returns to Earl Jackson

Upcoming Meets & Deadlines

- [NC Senior Championships](#) LCM | [-- Deadline | **06/19/2026 --**]
- [NC Age Group Championships](#) LCM | [-- Deadline | **06/19/2026 --**]
- WOW Short Course

This Week's Practice Schedule

	Monday 06/15	Tuesday 06/16	Wednesday 06/17	Thursday 06/18	Friday 06/19	Saturday 06/20	Sunday 06/21
Event						Father's Day	
Deadline					SRC AGC		
Meet							
Splash							
PM							
Tidepool							
PM							
Riptide							
AM	8:30 - 10:00	8:30 - 10:00	8:30 - 10:00	8:30 - 10:00	Off	OFF	Off
Breakers							
PM	Off	8:30 - 10:00	8:30 - 10:00	8:30 - 10:00	8:30 - 10:00	Off	Off
Surge							
AM	Off	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	Off
SR Surge							
AM	Off	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	Off
PM	Off	4:00 - 5:30	Off	4:00 - 5:30	Off		

Sponsors & Friends

[FINIS](#) | [SwimmersBest](#) | [PoolSide Live](#) | [TritonWear](#) | [LMNT](#) | [SwimIntel](#) | [Time-Drops](#) | [MySwimIO](#)

From the NSEA Swim Foundation

Summer Lessons Volunteers Needed

<https://www.signupgenius.com/go/4090A4AACAA29ABF94-63604794-summer#/>

Summer Employment

- If you are interested in working at The Earl Jackson Pool this summer please email Mia@nseaswim.com. You must complete Red Cross Certification and apply and interview for the desired position.
- Positions available: *Lifeguard* | *Water Safety Instructor*