



2025 - 2026 Newsletter | 05/31/2026

- Website | www.nseaswimteam.com
- Captyn | nseaswim.captyn.com
- Newsletter Archive | <https://www.nseaswimteam.com/newsletters>

**** Attached Documents****
Full Newsletter

Notes

- Tomorrow, Monday June 1 | Summer Session Begins (see practice schedule)
- Those not participating in the *Summer Session* please take you mesh equipment bags home. They can be picked up either during open pool hours or during scheduled practice hours.

Swimmer Recognition

May Flowers by the Numbers

swimmers	20	New Time Standards	
best times	28		
swims	46	A	1
New Events	5	BB	3
Event Winners	15	B	4

Swim-A-Thon Update [as of 10:30am on 05/31]

- **No Changes from Last Week**
- **34** of 94 | *Team Members* have created a RallyUp Account
- 51 Supporters have contributed \$3,890 towards our TEAM goal of \$12,000 (~32%)
- Top 5 Members
 - 1) Sebastian C / Elliott C
 - 2) Piper
 - 3) Ryker
 - 4) Ellison
 - 5) Eliza / Banks S
- To register **your** RallyUp account please visit: <https://go.rallyup.com/signup-nsea-swim-2025>
- To view **our** Campaign Progress visit: <https://go.rallyup.com/nseaswim2025>

Mark Your Calendars

- **Monday June 1** | Summer Session Begins (Normal Practice Schedule)
- **Monday June 1** | 2026 - 27 Intent to Return Due | [Information / Instructions](#)
- **Monday June 8** | Summer Practice Schedule Begins | [Link](#)
- **Wednesday July 1** | Last Day to contribute to the Swim-A-Thon
- **Monday July 13** | 2026 - 27 Season Opt Out | [Information / Instructions](#)
- **September 25 - 27** | Fitter Faster Swim Clinic returns to Earl Jackson

Upcoming Meets & Deadlines

- [GAME Summer Invitational](#) LCM | 06/12 - 06/14 @ USC [-- Deadline | **Closed** --]
- [MOR Liberty Meet](#) LCM | 06/13 - 06/14 @ Pullen AC [-- Deadline | **Closed** --]

Red Cross Classes

WSI Certification

- June | Monday 06/08 - Friday 06/12 (4 spots)

Summer Lessons Volunteers Needed

<https://www.signupgenius.com/go/4090A4AACAA29ABF94-63604794-summer#/>

Summer Employment

- If you are interested in working at The Earl Jackson Pool this summer please email Mia@nseaswim.com. You must complete Red Cross Certification and apply and interview for the desired position.
- Positions available: *Lifeguard* | *Water Safety Instructor*

This Week's Practice Schedule

	Monday 06/01	Tuesday 06/02	Wednesday 06/03	Thursday 06/04	Friday 06/05	Saturday 06/06	Sunday 06/07
Event	Summer						
Deadline	Session						
Meet	Begins						
Splash							
PM							
Tidepool							
PM							
Riptide							
PM	5:15 - 6:45	5:15 - 6:15	5:15 - 6:15	5:15 - 6:15	5:15 - 6:45	Off	Off
Breakers							
PM	4:30 - 5:30	5:15 - 6:15	6:15 - 8:15	5:15 - 6:15	4:30 - 5:30		
Surge							
AM	Off	Off	Off	Off	6:30 - 8:00	6:30 - 8:30	Off
PM	6:45 - 8:15	6:15 - 8:15	6:15 - 8:15	6:15 - 8:15	Off		
SR Surge							
AM	Off	6:30 - 8:00	Off	6:30 - 8:00	6:30 - 8:00	6:30 - 8:30	Off
PM	6:45 - 8:15	6:15 - 8:15	6:15 - 8:15	6:15 - 8:15	Off		

Sponsors & Friends

[FINIS](#) | [SwimmersBest](#) | [PoolSide Live](#) | [TritonWear](#) | [LMNT](#) | [SwimIntel](#) | [Time-Drops](#) | [MySwimIO](#)