



2025 - 2026 Newsletter | 05/03/2026

- Website | www.nseaswimteam.com
- Captyn | nseaswim.captyn.com
- Newsletter Archive | <https://www.nseaswimteam.com/newsletters>

**** Attached Documents****
Full Newsletter

Happy Mother's Day from our Family to Yours

I said a Mother's Day prayer for you
to thank the Lord above
for blessing me with a lifetime
of your tenderhearted love.
I thanked God for the caring
you've shown me through the years,
for the closeness we've enjoyed
in times of laughter and tears.
And so, I thank you from the heart
for all you've done for me,
and I bless the Lord for giving me
the best mother there could be!
Author — Anon.

Thursday May 7th

The Wilmington Police Department will hold its annual Police Memorial Ceremony on Thursday, May 7, 2026, at 7:30 PM.

- There will be a full road closure for the entire block in front of the police department, affecting parking for swim practices.
- There will be a 21 gun salute during the ceremony.

Happy Birthday

Alicia	Cullen
Fiona	Beckett

Swim-A-Thon Update [as of 9:00am on 05/03]

- **34** of 94 | *Team Members* have created a RallyUp Account
- 46 Supporters have contributed \$3,575 towards our TEAM goal of \$12,000 (~29%)
- Top 5 Members
 - 1) Sebastian C / Elliott C
 - 2) Piper
 - 3) Ryker
 - 4) Ellison
 - 5) Eliza / Banks S
- To register **your** RallyUp account please visit: <https://go.rallyup.com/signup-nsea-swim-2025>
- To view **our** Campaign Progress visit: <https://go.rallyup.com/nseaswim2025>

Mark Your Calendars

- **Monday June 1** | Summer Session Begins (Normal Practice Schedule)
- **Monday June 1** | 2026 - 27 Intent to Return Due | [Information / Instructions](#)
- **Monday June 8** | Summer Practice Schedule Begins | [Link](#)
- **September 25 - 27** | Fitter Faster Swim Clinic returns to Earl Jackson

Upcoming Meets & Deadlines

- [SwimMAC Charlotte Open](#) LCM | 05/14 - 05/17 @ MCAC [-- Closed --]
- [TAC Spring Fling](#) LCM | 05/15 - 05/17 @ TAC [-- Deadline | Closed --]
- [May Flowers WOW Dual Meet](#) SCY | 05/29 @ EJP [-- Deadline | Tuesday 05/12 --]
- [GAME Summer Invitational](#) LCM | 06/12 - 06/14 @ USC [-- Deadline | Wednesday 05/13 --]
- [MOR Liberty Meet](#) LCM | 06/13 - 06/14 @ Pullen AC [-- Deadline | Wednesday 05/20 --]

Schools in Pools

In water helpers and on deck data recorders are needed for this year's Schools in Pools, which will be on the following schedule:

- May 18 - 22 | Castle Hayne Elementary. **9:00 - 11:30am**

If you would like more information, or are interested in volunteering, or would like to register for a Red Cross Class (see below) please contact Mia (Mia@nseaswim.com)

Red Cross Classes

WSI Certification

- June | Monday 06/08 - Friday 06/12 (4 spots)

Lifeguard Certification

- May | Friday 05/08 - Sunday 05/10 (1 spot)
- May | Saturday 05/02 - Sunday 05/03 (2 spots)

Summer Lessons Volunteers Needed

<https://www.signupgenius.com/go/4090A4AACAA29ABF94-63604794-summer#/>

Summer Employment

- If you are interested in working at The Earl Jackson Pool this summer please email Mia@nseaswim.com. You must complete Red Cross Certification and apply and interview for the desired position.
- Positions available: *Lifeguard* | *Water Safety Instructor*

This Week's Practice Schedule

	Monday 05/04	Tuesday 05/05	Wednesday 05/06	Thursday 05/07	Friday 05/08	Saturday 05/09	Sunday 05/10
Event							Happy
Deadline							Mothers
Meet							Day
Splash							
PM	Off	4:30 - 5:15	4:30 - 5:15	4:30 - 5:15	4:30 - 5:15	Off	Off
Tidepool							
PM	4:30 - 5:30	4:30 - 5:15	4:30 - 5:30	4:30 - 5:15	4:30 - 5:30	Off	Off
DL		5:15 - 5:45		5:15 - 5:45			
Riptide							
PM	5:15 - 6:45	5:15 - 6:15	5:15 - 6:15	5:15 - 6:15	5:15 - 6:45	Off	Off
DL		6:15 - 6:45		6:15 - 6:45			
Breakers							
AM						8:30 - 10:00	Off
PM	4:30 - 5:30	5:15 - 6:15	6:15 - 8:15	5:15 - 6:15	4:30 - 5:30		
DL		6:15 - 6:45		6:15 - 6:45			
Surge							
AM		Off	Off	Off	5:30 - 7:00	6:30 - 8:30	Off
PM	6:45 - 8:15	6:15 - 8:15	6:15 - 8:15	6:15 - 8:15	Off		
SR Surge							
AM	Off	5:30 - 7:00	Off	5:30 - 7:00	5:30 - 7:00	6:30 - 8:30	Off
PM	6:45 - 8:15	6:15 - 8:15	4:15 - 6:15	6:15 - 8:15	Off		

Sponsors & Friends

[FINIS](#) | [SwimmersBest](#) | [PoolSide Live](#) | [TritonWear](#) | [LMNT](#) | [SwimIntel](#) | [Time-Drops](#) | [MySwimIO](#)