



2025 - 2026 Newsletter | 04/12/2026

- Website | www.nseaswimteam.com
- Captyn | nseaswim.captyn.com
- Newsletter Archive | <https://www.nseaswimteam.com/newsletters>

**** Attached Documents****
Full Newsletter

Swim-A-Thon Updates [as of 10:00am on 04/11/2026]

- **27** of 94 | Less than 30% Team Members have created a RallyUp Account
- 27 Supporters have contributed \$2,125 towards our TEAM goal of \$12,000 (~17%)
- Top 5 Members
 - 1) Piper
 - 2) Ryker
 - 3) Eliza
 - 4) Kai / Abigail F / Emilia & Everett / Lilian B
 - 5) Claire / Lilah / Carter
- To register **your** RallyUp account please visit: <https://go.rallyup.com/signup-nsea-swim-2025>
- To view **our** Campaign Progress visit: <https://go.rallyup.com/nseaswim2025>

Mark Your Calendars

- **Practice Resumes** | Tomorrow *Monday April 13, 2026*
- **Friday May 1** | *Summer Opt Out Deadline* | [Information / Instructions](#)
- **Monday June 1** | Summer Session Begins
- **Monday June 1** | 2026 - 27 Intent to Return Due | [Information / Instructions](#)
- **Monday June 8** | Summer Practice Schedule Begins | [Link](#)

Upcoming Meets & Deadlines

- **NSEA Swim Spring Showers** | Friday 04/17 @ EJP [-- Closed --]
 - Spring Showers Volunteer Sign Up | [Link](#)
- **WAVE Sprint into LCM** | 04/25 - 04/26 @ TAC [-- Closed --]
- **SwimMAC Charlotte Open** | 05/14 - 05/17 @ MCAC [-- Closed --]

Schools in Pools

In water helpers and on deck data recorders are needed for this year's Schools in Pools, which will be on the following schedule:

- April 27 - May 1| Freeman Elementary 9:00-10:30 am
- May 18 - 22 | Castle Hayne Elementary. **9:00 - 11:30am**

If you would like more information, or are interested in volunteering, or would like to register for a Red Cross Class (see below) please contact Mia (Mia@nseaswim.com)

Red Cross Classes

Lifeguard Certification

- April | Friday 04/24 - Sunday 04/26
- May | Friday 05/08 - Sunday 05/10
- May | Saturday 05/02 - Sunday 05/03

Summer Employment

- If you are interested in working at The Earl Jackson Pool this summer please email Mia@nseaswim.com. You must complete Red Cross Certification and apply and interview for the desired position.
- Positions available: Lifeguard Water Safety Instructor

This Week's Practice Schedule

	Monday 04/13	Tuesday 04/14	Wednesday 04/15	Thursday 04/16	Friday 04/17	Saturday 04/18	Sunday 04/19
Event							
Deadline							
Meet					Spring Flowers		
Splash							
PM	Off	4:30 - 5:15	4:30 - 5:15	4:30 - 5:15	Meet	Off	Off
Tidepool							
PM	4:30 - 5:30	4:30 - 5:15	4:30 - 5:30	4:30 - 5:15	Meet	Off	Off
DL		5:15 - 5:45		5:15 - 5:45			
Riptide							
PM	5:15 - 6:45	5:15 - 6:15	5:15 - 6:15	5:15 - 6:15	Meet	Off	Off
DL		6:15 - 6:45		6:15 - 6:45			
Breakers							
AM						8:30 - 10:00	Off
PM	4:30 - 5:30	5:15 - 6:15	6:15 - 8:15	5:15 - 6:15	Off		
DL		6:15 - 6:45		6:15 - 6:45			
Surge							
AM		Off	Off	Off	5:30 - 7:00	6:30 - 8:30	Off
PM	6:45 - 8:15	6:15 - 8:15	6:15 - 8:15	6:15 - 8:15	Off	Off	Off
SR Surge							
AM		Off	Off	5:30 - 7:00	5:30 - 7:00	6:30 - 8:30	Off
PM	6:45 - 8:15	6:15 - 8:15	6:15 - 8:15	6:15 - 8:15	Off	Off	Off

Sponsors & Friends

[FINIS](#) | [SwimmersBest](#) | [PoolSide Live](#) | [TritonWear](#) | [LMNT](#) | [SwimIntel](#) | [Time-Drops](#) | [MySwimIO](#)