



2025 - 2026 Newsletter | 03/29/2026

- Website | www.nseaswimteam.com
- Captyn | nseaswim.captyn.com
- Newsletter Archive | <https://www.nseaswimteam.com/newsletters>

**** Attached Documents****
Full Newsletter

Swim-A-Thon Updates [as of 2:00pm on 04/02/2026]

- 24 of 94 Team Members have created a RallyUp Account
- 17 Supporters have contributed \$1,205 towards our TEAM goal of \$12,000 (~10%)
- Top 5 Members
 - 1) Ryker
 - 2) Eliza
 - T-3) Kai / Lilly B
 - 5) Emilia / Everett
- To register **your** RallyUp account please visit: <https://go.rallyup.com/signup-nsea-swim-2025>
- To view **our** Campaign Progress visit: <https://go.rallyup.com/nseaswim2025>

Mark Your Calendars

- **Spring Break** | Friday 04/03 - Sunday 03/12 [-- Final practice Thursday 04/2/2026 --]
- **Practice Resumes** | *Monday April 13, 2026*
- **Friday May 1** | *Summer Opt Out Deadline* | [Information / Instructions](#)
- **Monday June 1** | Summer Session Begins
- **Monday June 1** | 2026 - 27 Intent to Return Due | [Information / Instructions](#)
- **Monday June 8** | Summer Practice Schedule Begins | [Link](#)

Upcoming Deadlines

- **NSEA Swim Spring Showers** | Friday 04/17 @ EJP [-- Deadline | **Friday 04/03** --]
 - Spring Showers Volunteer Sign Up | [Link](#)
- **SwimMAC Charlotte Open** | 04/14 - 04/17 @ MCAC [-- Deadline | **Friday 04/03** --]
- **WAVE Sprint into LCM** | 04/25 - 04/26 @ TAC [-- Deadline | **Tuesday 04/07** --]

Notes

- **Equipment Purchase** | Equipment Orders will be taken until **Monday April 6** | [Link](#)
- **Tech Suit Purchases** | Tech Suit orders will be taken until **Monday April 6** | [Link](#) / [Info](#)

Happy Birthday

Eliza	Bryan	Patrick
Sebastian C	Caroline F	Ellison
Cayden	Olivia N	

2026 - 27 Short Course Highlights

Team Championship Meet Finishes

Senior Championships

- 3rd Place – Small Team
- 16th Place – Overall

Age Group Championships

- 23rd Place - Overall

By the Numbers

Swimmers Competing in Meets	91
Number of Individual Splashes	1729
Number of Relay Splashes	211
Total Splashes	1940
Individual Team Records Set	21
Relay Team Records Set	4
Total Team Records Set	25
Futures Events Qualified	3
Swimmers Achieving	2
Senior Champs Events Qualified	60
Swimmers Achieving	12
Age Group Champs Events Qualified	22
Swimmers Achieving	7
AAA Times Achieved	22
Swimmers Achieving	8

AA Time Achieved	51
Swimmers Achieving	13
A Times Achieved	46
Swimmers Achieving	18
BB Times Achieved	123
Swimmers Achieving	31
B Times Achieved	130
Swimmers Achieving	42
IMX Finishers	9

Schools in Pools

In water helpers and on deck data recorders are needed for this year's Schools in Pools, which will be on the following schedule:

- April 27 - May 1| Freeman Elementary 9:00-10:30 am
- May 18 - 22 | Castle Hayne Elementary. **9:00 - 11:30am**

If you would like more information, or are interested in volunteering, or would like to register for a Red Cross Class (see below) please contact Mia (Mia@nseaswim.com)

Red Cross Classes

Lifeguard Certification

- April | Friday 04/24 - Sunday 04/26
- May | Friday 05/08 - Sunday 05/10
- May | Saturday 05/02 - Sunday 05/03

Summer Employment

- If you are interested in working at The Earl Jackson Pool this summer please email Mia@nseaswim.com. You must complete Red Cross Certification and apply and interview for the desired position.
- Positions available: Lifeguard Water Safety Instructor

This Week's Practice Schedule

	Monday 04/06	Tuesday 04/07	Wednesday 04/08	Thursday 04/09	Friday 04/10	Saturday 04/11	Sunday 04/12
Event	SB	SB	SB	SB	SB	SB	SB
Deadline		WAVE					
Meet							
Splash							
PM	SB	SB	SB	SB	SB	SB	SB
Tidepool							
PM	SB	SB	SB	SB	SB	SB	SB
DL		SB		SB			
Riptide							
PM	SB	SB	SB	SB	SB	SB	SB
DL		SB		SB			
Breakers							
AM						SB	SB
PM	SB	SB	SB	SB	SB		
DL		SB		SB			
Surge							
AM		Off	Off	Off	SB	SB	SB
PM	SB	SB	SB	SB	SB	SB	SB
SR Surge							
AM		SB	Off	SB	SB	SB	SB
PM	SB	SB	SB	SB	SB	SB	SB

Sponsors & Friends

[FINIS](#) | [SwimmersBest](#) | [PoolSide Live](#) | [TritonWear](#) | [LMNT](#) | [SwimIntel](#) | [Time-Drops](#) | [MySwimIO](#)