THINNR

B-ACTIVE

WHAT IS IT?

B-Active contains the bioactive forms of vitamin B12, 5-MTHF (methylated folic acid), and 2 forms of vitamin B6 acid in a highly absorbable liquid delivery. B-Active is beneficial for individuals experiencing tingling, numbness, nerve pain, fatigue, anxiety, depression, or those who take antacids, are pregnant, or have autoimmune disorders. It supports nerve health and repair, cardiovascular health, energy production, and stress management. Additionally, it aids those unable to absorb folic acid.*



KEY INGREDIENTS & BENEFITS

Vitamin B6 (Pyridoxal 5-Phosphate & Pyridoxine HCl)
This bioactive, water-soluble vitamin is utilized by the nervous system and immune systems to function efficiently. Along with aiding in protein metabolism, it is essential for red blood cell metabolism and the production of hemoglobin necessary for transferring oxygen from the lungs to the rest of the body.

5-MTHF
This is the methylated, active form of folic acid that is needed for protein metabolism, RNA and DNA repair, and red blood cell formation. 5-Methylfolate is the bioactive form of folic acid easily absorbed and utilized by the body and is not affected by metabolic defects due to genetic conditions. Recent research suggests that over 40% of the population can not metabolize unmethylated forms of synthetic folic acid. 5-MTHF is vital for a significant portion of the population.

Vitamin B12 (as Methylcobalamin)
This vitamin is required for red blood cell formation, DNA synthesis, and proper neurological function and repair due to it's critical role in myelin sheath health and regeneration. B12 is a water-soluble vitamin that functions as a cofactor for the enzyme methionine synthase, which is responsible for converting homocysteine to methionine. Methionine is required for the formation of S-adenosylmethionine (SAMe), the universal methyl donor responsible for the synthesis of DNA, RNA, hormones, proteins, lipids, and neurotransmitters. B12 deficiency may occur due to an inability to absorb B12 from food or from diets that limit animal foods.

* These statements have not been evaluated by the US FDA. This prodcut is not intended to diagnose, treat, prevent, or cure any disease.