



SAFE SLEEP
ANESTHESIA PARTNERS

PRE-OPERATIVE INSTRUCTIONS

We ask that our patients follow these instructions strictly so that the anesthetic treatment can go as planned and in the safest conditions. Any neglect or disregard of these instructions may result in the cancellation of the treatment.

Pre-Operative Evaluation

If your anesthesiologist has requested a pre-treatment evaluation by your physician (or pediatrician) please make sure the physician faxes the Medical Evaluation form to Summit Anesthesia. Please bring the original document on the day of treatment. This allows us to review the medical findings prior to your appointment.

Eating and Drinking

Nothing should be ingested after midnight the night before treatment, unless instructed otherwise by the anesthesiologist. The patient may drink clear liquids (water, pedialyte, apple juice or sports drink) up to two (2) hours prior to the procedure. **ABSOLUTELY** no milk, soup, juice with pulp or other non-clear liquids. Patients not following these instructions may have their treatment cancelled.

Medications

Please continue prescribed medications at their normal schedule, unless you are instructed otherwise by the anesthesiologist. Medications must be taken with only a sip of water. We ask patients to refrain from taking vitamins, herbal medicines, or non-prescribed medications.

Change in Health

We are aware that there may be changes in our patient's health, and it is important to inform our staff if you have a cold or fever. Prior to anesthesia, patients should be in optimal health and treatment may be re-scheduled if there are changes in health.

Escorts

All patients must be accompanied to and from the appointment by a responsible adult. For our pediatric patients we ask that a second adult be present. ALL patients should be in an appropriate car seat or a seat belt and should be sitting in an upright position on their way home. Do not plan to drive a vehicle or operate potentially dangerous equipment for 24 hours after your treatment. Do not take a bus or a taxi home.

Clothing and Makeup

Please wear casual and comfortable clothing, preferably with short sleeves. Comfortable pants or sweat pants should also be worn as well as comfortable flat shoes. For children being treated, we suggest you bring an extra set of clothes and a favorite blanket. Remove all rings and contact lenses. Leave all valuables at home.

These instructions must be adhered to before commencing with anesthesia. Neglecting any of the following may compel the doctor to cancel the start of treatment.