



# KATHRYN ELSE

Case Manager

Registered with the Nursing and Midwifery Council (NMC)

## Professional Qualifications

- BA Hons Adult Nursing 1st

## Professional Memberships & Developments

- Registered with the Nursing and Midwifery Council (NMC)
- Royal College of Nursing (RCN)
- British Association of Brain Injury and Complex Case Management (BABICM)

## Areas of expertise

- Acquired Brain Injury
- Traumatic Brain Injury
- Complex Orthopaedic Injury

## Current Experience

Kathryn manages a caseload of adult clients, including individuals with Acquired Brain Injuries and Complex Orthopaedic Injuries. She has experience working with individuals who require tailored and specialist support, adapting her approach to suit each client's unique medical, cognitive, and emotional challenges. Kathryn is committed to delivering high-quality care that promotes independence and enhances quality of life.

As required Kathryn collaborates with multi-disciplinary teams to implement SMART goals, ensuring that rehabilitation is delivered in a supportive, effective and cost-efficient manner. She contributes to case reviews, ensuring goals remain aligned with progress and changing needs and advocates strongly for her clients' best interests.

Kathryn understands the importance of involving and supporting the entire family to promote active participation throughout the rehabilitation process. She is a skilled communicator who is committed to placing each client at the center of their rehabilitation journey.

## Previous Experience

After qualifying as a nurse, Kathryn gained experience in a range of clinical areas, including Acute Endocrinology, Haematology, and Diabetic care. She carried out a variety of clinical tasks while working closely with patients with complex needs, as part of a multidisciplinary team. Her responsibilities included completing care plans and assessments, managing medication, monitoring of patients and providing palliative care. Kathryn also worked collaboratively with the wider healthcare team to ensure holistic and coordinated care.

Kathryn's first role after qualifying was as an Adult District Nurse, where she supported patients in their own homes, delivering a high standard of clinical care. She was part of the community multidisciplinary team, ensuring that patients received consistent, person centred support.

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0151 334 6066 | [enquiries@nableservices.co.uk](mailto:enquiries@nableservices.co.uk)

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