



Helen Sandell

BAppSc(OT) PGDip

Quality Manager Case Management

Personal Statement

Helen is a highly experienced, well-organised and self-motivated health professional with specialist clinical knowledge and skills in neurological rehabilitation and complex disability. Helen has worked in Australia and the United Kingdom in both private and public healthcare since 1986. She is an experienced senior manager with proven communication, presentation and project management skills.

Since 2011 Helen has specialised in quality assurance in the case management and expert witness sector and is Quality Manager for Keystone Case Management. In this role, Helen is responsible for the governance of the case management services and leads on policy and procedure development and project manages our accreditation for required bodies. Helen also supports newly developing case managers with their training.

Helen is a past committee member of the RCOT special interest group in neurology and a past co-chair of Therapists in Multiple Sclerosis on behalf of the MS Trust, a charity working with all those affected by multiple sclerosis. While working at the National Hospital for Neurology and Neurosurgery, Helen had experience assisting in research on severe tremor in people with multiple sclerosis.

From 2015 until July 2021 Helen was a school governor and, subsequently, trustee of a Multi-Academy Trust, a board level strategic role. As well as chairing sub-committees, she had specific oversight of provision for students with special educational needs and disabilities, and disadvantaged students.

Areas of Expertise (Adults)

- Complex and catastrophic disability
- Neurological disorders, acute and long-term
- Neurological rehabilitation
- Rheumatology
- Amputation, lower limb
- Orthopaedic injuries
- Musculoskeletal, including soft tissue injuries
- Medical conditions

Professional Registration and Memberships

- Health and Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)
- Case Management Society of the United Kingdom (CMSUK)
- South East Acquired Brain Injury Forum (SEABIF)

Qualifications

- Bachelor of Applied Science in Occupational Therapy, University of Sydney, Australia
- Post Graduate Diploma in Leadership and Management in Health and Social Care, University of Southampton
- Assessment of Motor and Process Skills (AMPS) assessor
- Using Psychological Tests (British Psychological Society/RCOT)