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Case Management

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Christopher Simporis

BSc(Hons)OT MSc

Case Manager

Personal Statement

Christopher is an experienced occupational therapist (OT) and rehabilitation case manager specialising in the management of adults and young people who have sustained complex and catastrophic injuries. Qualifying as an OT in 2015, he has worked clinically in both NHS acute and sub-acute inpatient and community based multidisciplinary neurological rehabilitation teams, as well as providing OT in local authority social services, specifically assessing for and arranging care, equipment and major housing adaptations. In addition, Christopher was head of therapies at a national neurological charitable organisation who provide care and support for people living with terminal illnesses and neurological conditions. He has practiced as a case manager since 2020, working primarily with young people and adults with brain injuries, spinal injuries and multi-trauma.

Christopher works directly with clients, their families and legal parties to assess need, and plan and coordinate proportionate rehabilitation programmes to optimise his clients' recovery and quality of life. He supports clients from the early post-injury stage through ongoing rehabilitation, settlement and longer-term care planning, with a strong understanding of litigation processes and evidential requirements.

Christopher has extensive experience undertaking thorough immediate needs assessments, coordinating multi-disciplinary rehabilitation programmes, of Mental Capacity Act capacity assessments, chairing and leading Best Interests meetings, risk assessment, and complex care package needs assessments and implementation, including supervising support workers. His assessments provide clear clinical reasoning and recommendations to support decision-making.

As a case manager, Christopher is known for his calm, structured and balanced approach, and for developing strong therapeutic relationships with clients and families.

Christopher undertakes continuing professional development and maintains his professional registration by attending regular training courses relevant to his role.

Areas of Expertise (Young People and Adults)

- Brain injuries
- Spinal cord injuries
- Neuro-rehabilitation
- Major and polytrauma
- Orthopaedic injuries
- Psychological conditions including post traumatic stress
- Pain management
- Return to work
- Transition to adult services

Professional Registration and Memberships

- Health and Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)
- British Association of Brain Injury and Complex Case Managers (BABICM)
- Case Management Society of the United Kingdom (CMSUK)

Qualifications

- Bachelor of Science (Honours) in Occupational Therapy, University of Brighton
- Master of Science in Advanced Occupational Therapy, University of Salford