



# ANIKA BATTA

Case Manager

## Professional Qualifications

- MSc Physiotherapy

## Professional Memberships & Developments

- British Association of Brain Injury and Complex Case Management (BABICM)
- Member of the Chartered Society of Physiotherapy (CSP)

## Areas of expertise

- Complex Musculoskeletal
- Serious Injury Rehabilitation
- Neurological and Respiratory Rehabilitation

## Current Experience

- Undertake comprehensive, client-centred assessments for individuals with complex and catastrophic injuries, including polytrauma, orthopaedic trauma, minor brain injury, peripheral nerve injury and complex post-surgical presentations.
- Develop and implement structured, goal-led rehabilitation programmes tailored to each client's functional, psychological, emotional and social needs.
- Coordinate and manage multidisciplinary teams.
- Instruct and liaise with treating professionals to ensure clear and cost-effective rehabilitation objectives, defined outcome measures and structured review timelines.
- Monitor progress through regular case reviews, ensuring rehabilitation remains proportionate, clinically appropriate and aligned with agreed budgets.
- Provide detailed written reports and rehabilitation updates to instructing parties.
- Advocate for clients within health, social care and legal systems to secure appropriate funding, therapy input and environmental adaptations.

## Previous Experience

Senior Physiotherapy - Supporting adults with complex musculoskeletal, neurological and respiratory conditions. She has managed varied caseloads, delivering detailed assessment, clinical reasoning, diagnosis and individualised rehabilitation.

In this role Anika developed and implemented evidence-based programmes for patients with acute and chronic presentations, post-operative needs and multi-morbidities, working to maximise function and long-term independence.

She worked collaboratively with consultants, pain specialists and multidisciplinary teams across inpatient and community settings to ensure coordinated, holistic care.

Anika also supervised and mentored junior physiotherapists and students, maintaining high clinical standards and supporting their professional development.

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