



AMY TOMKINS

Case Manager

Registered with the Nursing and Midwifery Council (NMC)

Professional Qualifications

- BN Hons 1st Adult Nursing
- BSc Hons Applied Biological Science

Professional Memberships & Developments

- Nursing and Midwifery Council (NMC)
- Royal college of Nursing (RCN)
- British Association of Brain Injury and Complex Case Management (BABICM)
- Case Management Society UK (CMSUK)

Areas of expertise

- Acquired Brain Injury
- Traumatic Brain Injury
- Medical Negligence
- Complex Orthopaedic Injury
- Stroke
- Birth Injury

Current Experience

Amy manages a caseload of adults with complex needs, including those with acquired brain injury, complex orthopaedic conditions, stroke, and birth injuries. She has experience supporting clients with varied rehabilitation needs and works collaboratively to promote independence and autonomy throughout the rehabilitation process.

Amy has experience in managing multi-disciplinary teams and develops comprehensive care plans following a detailed assessment. She sets clear, client-focused goals and implements SMART strategies to ensure rehabilitation is timely, effective, and cost-efficient. Her approach is outcome-driven, always keeping the individual's needs and aspirations at the centre of care.

Amy upholds high standards of professional conduct and is recognised for her strong communication, organisation, and time-management skills.

She is committed to delivering person-centred care that enhances quality of life and supports long-term outcomes for her clients.

Previous Experience

Community Care Nurse – Delivered in-home nursing care to patients with complex health needs, including medication administration, phlebotomy, wound care, catheter management, risk assessments and collaborated with multi-disciplinary teams to ensure continuity of care.

Career Transition – Moved into healthcare from a successful banking compliance career to pursue a lifelong ambition of supporting others.

Volunteer Work – Provided support through Age UK, Macmillan Cancer Support, and Chester Aid to the Homeless, developing strong communication, active listening, and rapport-building skills with diverse communities.



n-able services
Case Management

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