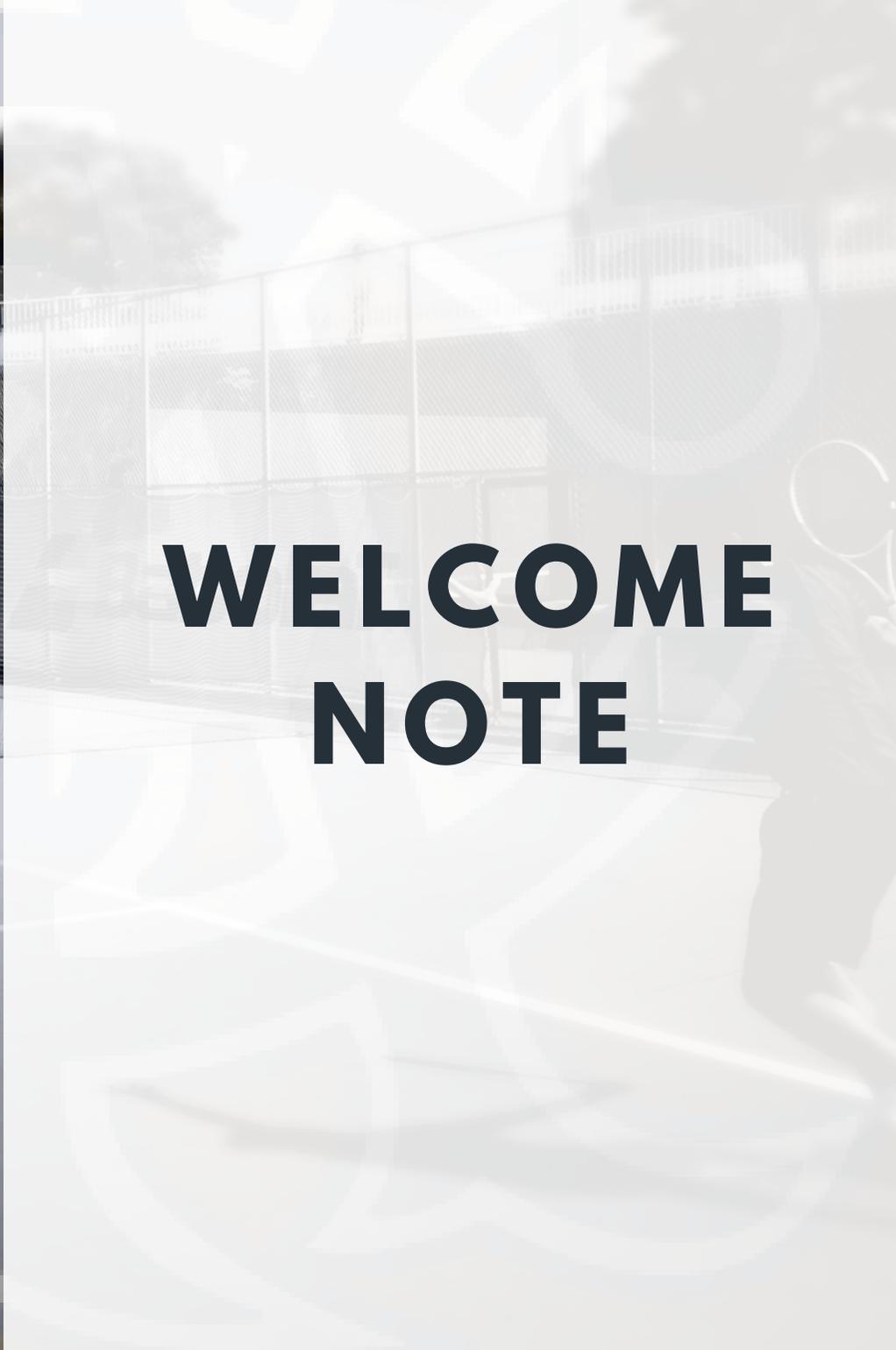




**YC&AC  
JUNIOR  
TENNIS  
ACADEMY  
PROGRAM**



**WELCOME  
NOTE**



# WELCOME TO YC&AC TENNIS

INTERNATIONAL ENVIRONMENT THAT INSPIRES

YCAC can be considered as one of the earliest tennis clubs in Japan and cradle of the tennis development in Japan.

At our tennis academy, we have the same driving force to innovate the approach in teaching to help our players in developing the life commitment to the tennis game.



# YC&AC TENNIS ACADEMY HISTORY

Established in the mid of 2010s, YC&AC Tennis Academy grew generations of junior players to highest regional and national rankings.

At YC&AC Tennis Academy, we have developed a successful platform for mental and physical development of our players from the beginner to the competitive level.

We guide our players to identify and manage their athletic and personal talents by encouraging a mindset of consistent physical and mental growth.

# YCAC TENNIS ACADEMY

## THE LEGACY

A group of approximately 15 young tennis players, mostly of East Asian descent, are posed on a tennis court. They are arranged in two rows, with some standing in the front and others slightly behind. Most are wearing light-colored (white or grey) long-sleeved shirts and dark shorts. They are holding tennis rackets. The background shows a chain-link fence and some trees. The overall image has a dark, semi-transparent overlay.

ALL JAPAN CHAMPIONSHIPS PLAYERS,  
KANTO CHAMPIONSHIPS PLAYERS,  
KANAGAWA AND CHIBA TOP RANKING POSITIONS  
UNDER 12, 14, 15, 16 AND 18  
INTER-HIGH NATIONAL CHAMPIONSHIPS FINALIST  
YOKOHAMA HIGH SCHOOL CHAMPIONSHIPS WINNER

# THE LARGEST REGIONAL INTERNATIONAL TENNIS ACADEMY

PERFECT BLEND OF THE LATEST SPORTS SCIENCE  
KNOWLEDGE WITH EXTENSIVE COACHING  
EXPERIENCE

ENJOYABLE BUT CHALLENGING ENVIRONMENT

ON COURT AND OFF COURT PRACTICE

ENGLISH AND JAPANESE SPEAKING COACHES

USTA SAFEPLAY APPROVED SERVICE PROVIDER

# YC&AC JUNIOR TENNIS ACADEMY PILLARS OF SUCCESS

BUILDING A LONG TERM LOVE  
AND COMMITMENT FOR THE  
GAME

ENJOYABLE BUT HIGHLY  
CHALLENGING TRAINING  
GOALS AND TASKS

PROFESSIONAL TRAINERS  
WITH JUNIOR DEVELOPMENT  
ACHIEVEMENTS AND HIGHEST  
EDUCATIONAL BACKGROUNDS



LOVE,  
COMMITMENT,  
DEVELOPMENT

CHALLENGE,  
MOTIVATION,  
IMPROVEMENT

EXPERIENCE,  
EDUCATION,  
ENTHUSIASM

**MEET THE  
COACHING TEAM  
BEHIND  
OUR SUCCESS**

# YC&AC JUNIOR PROGRAM COORDINATOR



MILOS DIMIC

SPORTS NEUROSCIENCE PHD, WASEDA UNIVERSITY

USPTA ELITE PROFESSIONAL

USPTA SPECIALIST IN SPORTS SCIENCE AND TENNIS  
FITNESS

SPECIALTY COACH IN JAPAN

WORLDWIDE LECTURER / PRESENTER

# YC&AC JUNIOR PROGRAM COACHES



**JAVIER KAYASHIMA**

**PTR PROFESSIONAL COACH  
JTA / ITF CIRCUIT TOUR  
UTR RANKING 10.0**



**RYOSUKE FURUYA**

**JPTA TENNIS PROFESSIONAL  
NSCA CONDITIONING COACH  
PHD SPORTS NEUROSCIENCE**

# PROGRAM SCHEDULE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

JUNIOR C  
AGE 4-6

X

4:00 - 5:00

X

4:00 - 5:00

4:00 - 5:00

JUNIOR B  
AGE 6-9

5:00 - 6:30

5:00 - 6:30

5:00 - 6:30

5:00 - 6:30

5:00 - 6:30

JUNIOR A  
AGE 9-12

6:30 - 8:30

6:30 - 8:30

6:30 - 8:30

6:30 - 8:30

6:30 - 8:30

JUNIOR T  
AGE 12-18  
(INVITATION)

6:30 - 9:00

X

6:30 - 9:00

X

6:30 - 9:00

# PROGRAM FEES

		1/week	2/week	3/week
<b>YC&amp;AC MEMBERS</b>	<b>JUNIOR C</b>	¥13,464	¥17,952	X
	<b>JUNIOR B</b>	¥19,074	¥23,562	¥26,928
	<b>JUNIOR A/T</b>	¥22,440	¥26,928	¥31,416
<b>NON MEMBERS</b>	<b>JUNIOR C</b>	¥15,840	¥21,120	X
	<b>JUNIOR B</b>	¥22,440	¥27,720	¥31,680
	<b>JUNIOR A/T</b>	¥26,400	¥31,680	¥36,960

# CONTACT US

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TRIAL / PROGRAM REGISTRATION:

<https://ycac.jp/tennis-academy/>