

 **Clothing & Accessories**

-  Warm layers (sweaters, fleece, jacket)
-  Waterproof rain jacket
-  Hat (warm beanie or summer cap)
-  Gloves (especially for cold season)
-  Bathing suit (for the stream and sauna)
-  Slippers (cozy and essential year-round!)
-  Comfortable shoes or sandals
-  Rubber boots or waterproof footwear
-  Winter boots (Nov–April)
-  Extra socks
-  Extra changes of clothes (for rainy or muddy adventures)

 **Toiletries & Personal Items**

-  Toothbrush, toothpaste
-  Shampoo/conditioner (we provide some, but bring your preferred brand if needed)
-  Soap/body wash (we provide these too!)
-  Any medications or personal care products
-  Bug spray &  sunscreen (seasonal — we provide some as well!)
-  Hairbrush/comb

 **Food & Kitchen Items**

-  Groceries (simple meals recommended for the treehouse & tent!)
-  Beverages of choice
-  Snacks
-  Prepped or ready-to-eat items

We Provide:

-  Cooking oils, honey, condiments
-  Salt, pepper, coffee, tea, sugar
-  French press for coffee
-  Dishes, utensils, cookware
-  Campstove & toaster oven (treehouse/tent)
-  Grill (outdoor cooking)
-  Modern kitchen (Bedrock House only)
-  Fresh well water

 **Fire & Warmth**

-  **Please do NOT bring firewood!** We provide all wood and fire-starting supplies to protect local forests from pests.
-  Flashlight or headlamp (for nighttime forest wanderings)

 **Optional Extras (we also have some books, games, and yoga mats available!)**

-  Book or journal
-  Camera
-  Water bottle
-  Games or cards
-  Yoga mat (for stretching out on the deck or in the woods!)

 **Reminder:** Vermont weather can be unpredictable. Bring layers, waterproof gear, and your sense of adventure. We'll take care of the rest! 