

Application for YTT 200 Training (2026)

VE Yoga Training School | www.vitalenergyyoga.com

Full Name:

Date of Birth:

Address:

Email:

Phone:

Details of any prior workshops / training:

Current commitments / occupation:

Work hours per week:

By signing this application you declare that you fully understand that once accepted, you will be responsible for payment of course fees as outlined in the prospectus.

Yoga Experience and Training

Describe your yoga experience:

Do you plan to progress to teaching? If yes, what style? If no, why formal training matters to you:

Personal Motivation

Why do you want to undertake yoga teacher training?

Have you explored other YTT schools and why do you want to train with us?

Teaching Readiness & Values

What personal skills do you bring to the vocation of teaching yoga?

List 3 important attributes of a yoga teacher and elaborate:

“Yoga is both a tool of personal transformation and a business.” Your reflections:

Additional Information & Scholarships

Any other information we should know or scholarship considerations:

Applicant Signature:

Date: