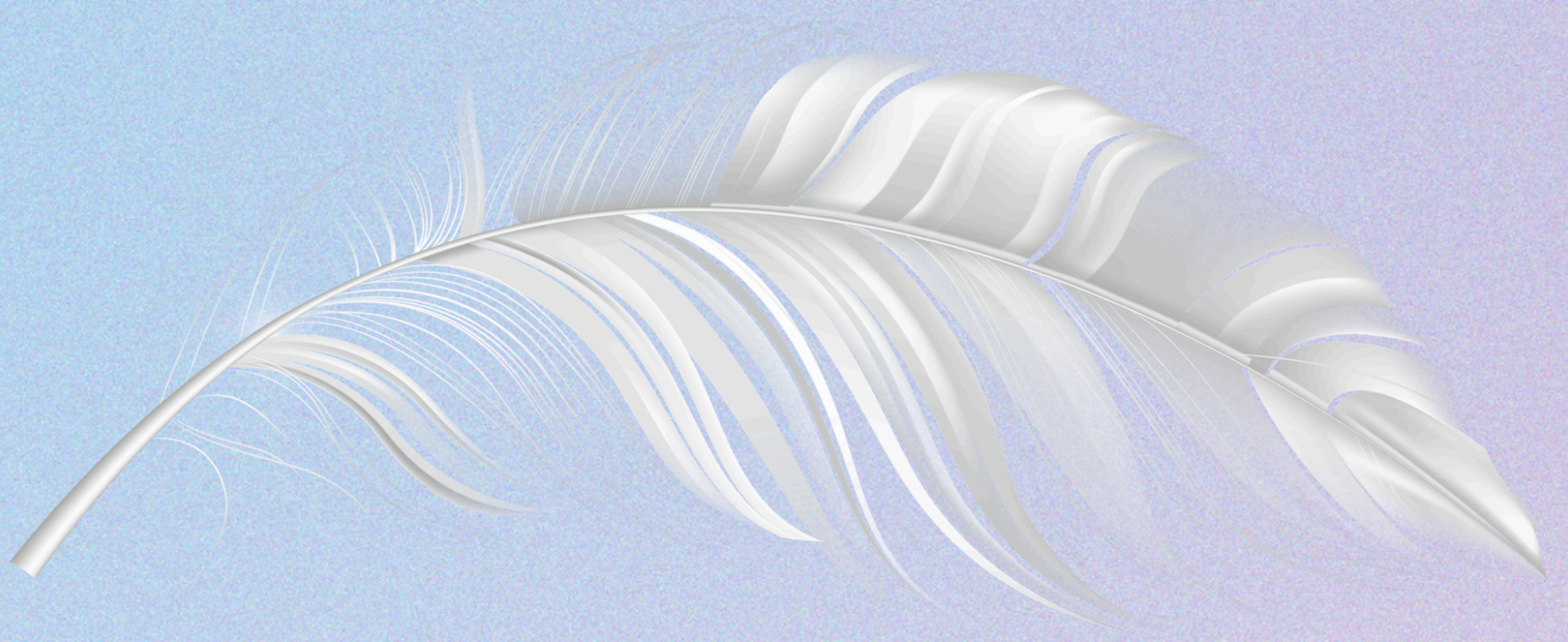




Hope is Here!

LEARN HOW TO PRACTICE
HOPE IN HARD TIMES



Bethesda
United Church of Christ
Open Hearts - Open Doors

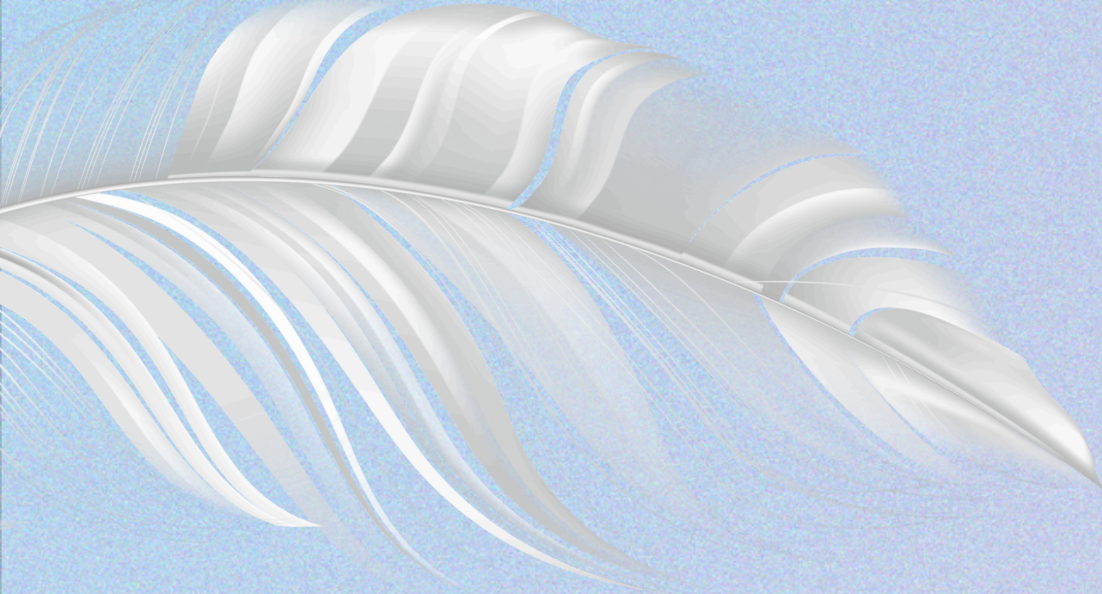
WHAT IS HOPE?

Emily Dickinson describes hope as

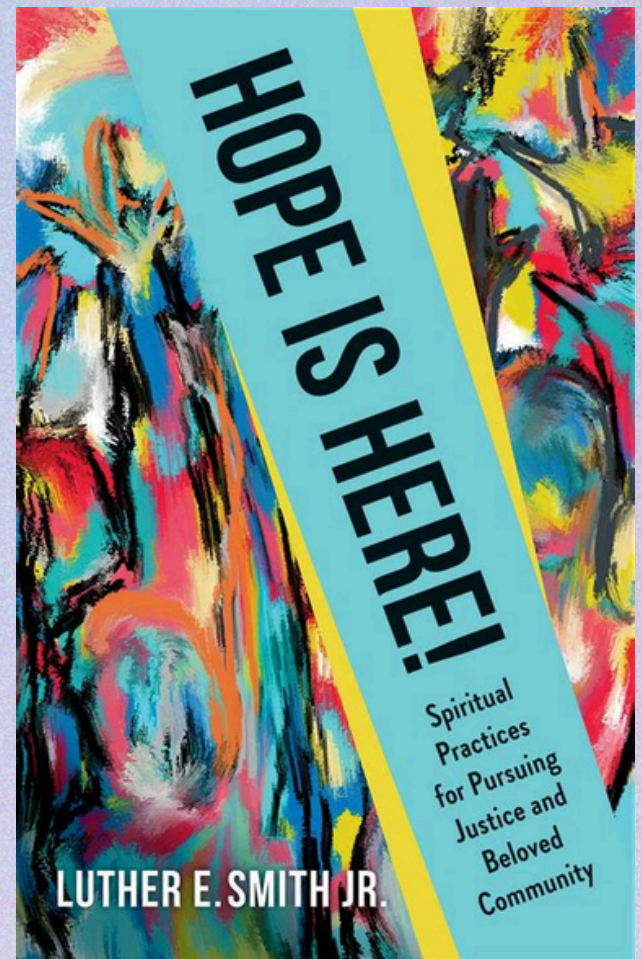
"the thing with feathers
that perches in the soul
and sings the tune without the words
and never stops - at all."

This "feathery thing" is more than just a feeling, desire or conviction.
Rather, we will look at hope as a force
that enlivens us and guides us.

We can seek and practice this hope
even when we feel hopeless and in
the following weeks we will learn how.



Based on the practices described by Rev. Dr. Luther E Smith Jr. in his book "Hope Is Here", we will explore various ways to embody hope in our lives and communities.



EACH THURSDAY

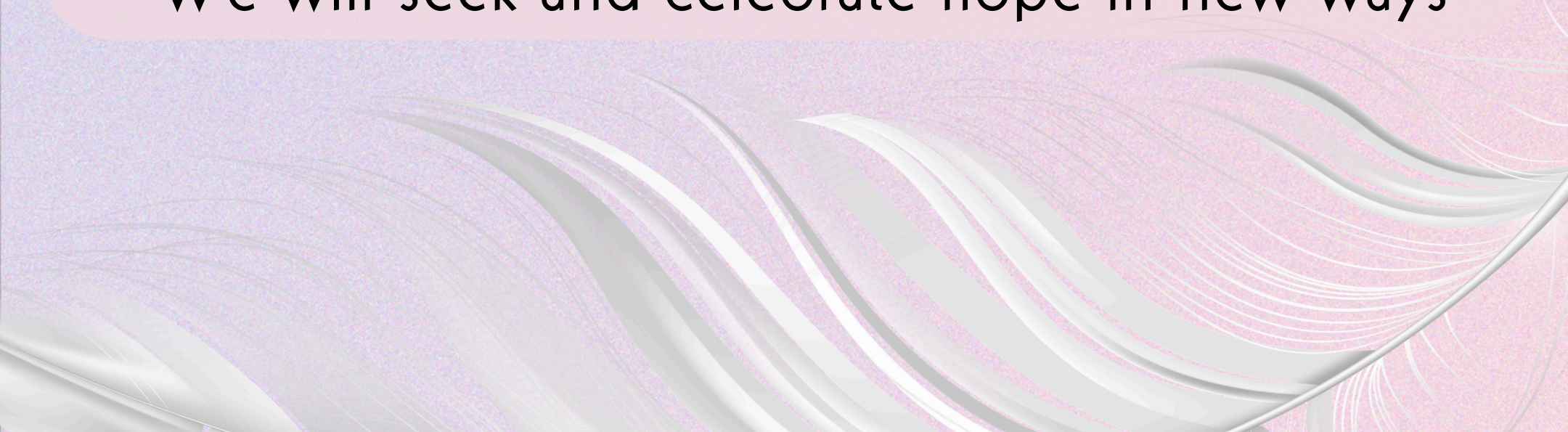
We will introduce a new practice of hope

EACH SUNDAY

We will engage in that practice in worship

DURING SPECIAL EVENTS

We will seek and celebrate hope in new ways





October 4
Invitation to Hope



October 11
Contemplative
Prayer



October 18
Prophetic
Remembering



October 25
Crossing Identity
Boundaries



November 1
Witnesses of
Hope



November 8
Transforming
Conflict



November 15
Celebrating Community



OUR PRACTICES OF HOPE

SPECIAL EVENTS

Sunday, October 4, 12:30pm

VISION BOARDING FOR HOPE

Create you own collage representing your hope for yourself & your community. Supplies will be provided.

Saturday, October 24, 3pm - 6pm

FALL FESTIVAL

Find hope in community during our Fall Festival, incl. Pumpkin decorating, Games, Face painting, Costume Contest, or delicious fall foods at our cozy firepit.

SPECIAL EVENTS

Saturday, October 31, 1pm to 3pm

LGBTQ+ POTLUCK

Join our LGBTQ+ group for a time of food, fun, and fellowship, and explore the hope that comes with being your true authentic self.

Sunday, November 8, 12:30pm

REMEMBERING ATROCITY & FINDING HOPE

Listen to Dana Hedgpeth, an indigenous journalist, share on her work on Indian Boarding Schools, the ongoing struggle for indigenous rights as well as voices of hope and resistance. Food is provided.