Roasted cauliflower

Yield 4-6 servings

Ingredients:

1 Cauliflower, cut into 1-1/2 inch florets

4 tabs. Extra virgin olive oil

2 garlic cloves minced

½ teaspoon sea salt

1/4 teaspoon turmeric

1/4 teaspoon cumin

1/4 teaspoon coriander

½ teaspoon black pepper

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1 teaspoon lemon juice freshly squeezed

1 tablespoon finely chopped parsley



Directions:

- 1. Preheat oven to 425 F.
- 2. Line a rimmed baking sheet with parchment paper.
- 3. Put the cauliflower, olive oil, garlic, salt, turmeric, cumin, coriander and pepper in a large bowl, and toss until cauliflower is evenly coated.
- 4. Transfer to the lined baking sheet and spread in an even layer,
- 5. Bake for 25-35 minutes, until the cauliflower is golden and tender.
- 6. Transfer to a bowl, add lemon juice and parsley.