

The Intentional Life – Cultivating A Life That Matters

Week 4

John 17:1-4

John 8:34-36

_____ = a condition in which something can fulfill the purpose for which it is designed!

_____ **-term effectiveness**

How do we implement an effective _____ to accomplish what has been entrusted to us?

Effective = having an intended or expected effect; focuses on the result or purpose for which an activity is carried out.

#1 Commit Your Goals to _____ = Cultivate What Matters Most

- _____ of the people, who take the time to put their goals into writing, and use them as a _____ through the year, actually reach them.
- Identifying and working towards our goals help us _____ with Father God.
 - To _____ **what you want.**
Writing down your goals helps you be _____ in deciding what you want or need.
 - To _____ **you to action.**
You have to take _____. I have found that writing down my goals and reviewing them regularly prompts me to take the next most important action.
 - **To help you overcome _____.**
The way to overcome resistance is to focus on the _____ — the thing you want – what you have decided is important.
 - **To provide a _____ for other opportunities.**
The more fruitful you become, the more you will be confronted with opportunities. In fact, these new opportunities can quickly become _____ that pull you off course. The solution: maintain a list of written goals by which to _____ these new opportunities.
 - **To enable you to realize and _____ your progress.**
They enable you to see how far you've come and how far you need to go. They also provide an opportunity for celebration when you _____ them.

Proverbs 16:1-3.

THE PLANS of the mind and orderly thinking belong to man, but from the Lord comes the [wise] answer of the tongue.

All the ways of a man are pure in his own eyes, but the Lord weighs the spirits (the thoughts and intents of the heart).

Roll your works upon the Lord [commit and trust them wholly to Him; He will cause your thoughts to become agreeable to His will, and] so shall your plans be established and succeed. AMP

Proverbs 16:9 -

A man's mind plans his way, but the Lord directs his steps and makes them sure. AMP

Within your heart, you can make plans for your future, but the Lord chooses the steps you take to get there. TPT

Proverbs 24:3-4

Wise people are builders -- they build families, businesses, communities, and through their intelligence and insight, their enterprises are established and endure.

Because of their skilled leadership, the hearts of people are filled with the treasures of wisdom and the pleasures of spiritual wealth. TPT

POINT: Prayerfully sharing and dialoging your _____ with Father God, gives you time to catch your breath, evaluate your _____, receive revelation and _____, and deepen your relationship. In doing so, you will experience clearer _____ of Who He is for you and what He has called you to.

#2 Connect to Your _____

- How will reaching this goal improve my life? How will reaching this goal bring Heaven to Earth or reflect my Father's heart? How does this goal align with completing the work Father has given me to do? What is at stake if I accomplish this goal? What is at stake if I **don't** accomplish this goal?
- Know the why to _____ you are doing!
- Connect _____ to your goals = Consider what's at stake – what you will lose or gain.
- You will be more _____ in the long term if you clarify your motivating reason why the goal matters.

POINT: When you're connected to your why, you can see the connection between your future reality and your _____ decisions.

#3 Goals Must be Specific, Measurable, Attainable, Realistic, and _____

For more on this topic of goals, check out my Video series, ***The Supernatural Power of a Focused Life***

Going Deeper This Week with Jesus:

- What aspect of the Kingdom of God is most meaningful to you in this season?
- Do you recognize a sense of satisfaction that you gain in certain tasks you really enjoy? If yes, list some of those tasks.
- Will you set a time this month to evaluate your current schedule and plan for the future?
- What would your life look like in 5 years if you invested time in planning for long-term, effective living? What would your life look like if you didn't? Will you count the cost?
- Identify your why for each goal you have written on your Intentional Life Evaluation. Identify what is at stake, both the positives and the negatives. Why is it critical that you accomplish that goal? What is your plan of action to make it happen?