

St. Peter RC Parish Prayer Group

Niagara Frontier Catholic Community

September 2025

The month of
The Seven Sorrows of Mary



Leader:

Rejoice in hope, be patient in tribulation,
be constant in prayer.

- Romans 12:12

All:

Let all that we are praise the Lord;
may we never forget
the good things
that He does for us.

-Psalm 103:2

Leader: For when we fall,
All: He lifts us up.

L: When we fail,
A: He forgives.

L: When we are weak,
A: He is strong.

L: When we are lost,
A: He is the way.

L: When we are afraid,
A: He is our courage.

L: When we are broken,
A: He mends us.

L: When we are blind,
A: He leads us.

L: When we are hungry,
A: He feeds us.

L: When we face trials,
A: He is with us.

L: When we face persecution,
A: He shields us.

L: When we face problems,
A: He comforts us.

L: When we face loss,
A: He provides for us.

L: And when we face death,
A: He carries us home.

All:

For all of this, Eternal Father, we give our thanks and praise.

***Our Father
Hail Mary
Glory be***





Leader 1:

**The month of September
honors
the Seven Sorrows of Mary**

All:

“ Without the burden
of affliction
it is impossible
to reach the height
of grace.
The gift of grace
increases as
the struggle increases.”

- St. Rose of Lima

**The First Sorrow
The Prophecy of Simeon**

Leader 1:

And Simeon blessed them and said to Mary His Mother; “This Child is destined to be the downfall and rise of many in Israel, a sign that will be opposed - and you yourself shall be pierced with a sword - so that the thoughts of many hearts may be revealed.”

Luke 2:34 - 35

Leader 2:

Consider the bitter words of Simeon and how Mary must have felt hearing such a harsh prophesy. She knew then and there that her Child would suffer mightily, and that she would suffer along with Him.

All:

Where in life have I suffered from hard words and devastating news? (**3 second pause**) Dearest Mother, keep me in Your heart. Help me to have hope and infinite trust in Our Lord, when such difficult times arise.

+ + +
Hail Mary
+ + +

The Second Sorrow

The Flight into Egypt

Leader 1:

After they had left, the angel of the Lord suddenly appeared in a dream to Joseph with the command; “Get up, and take the Child and His Mother, and flee to Egypt. Stay there until I tell you otherwise. Herod is searching for the Child to destroy Him.” Joseph got up and took the Child and His Mother and left that night for Egypt.

Matthew 2:13-14

Leader 2:

Contemplate the anxiety and fear felt by Our Holy Mother, for both the safety of her Child in the face of such hatred, and for the turmoil of her blessed spouse in moving his small family in such haste from their home, into the wilderness and the unknown. These were sure to be magnified into anguish when news of Herod’s atrocities reached them.

All:

Queen of Martyrs, let me unite my heart to Yours in sorrow, and obtain for me the grace to avoid those who wish me evil. Let me trust fully in Our Lord, listen to His voice, and continue to follow the difficult but royal road to Heaven.

+ + +

Hail Mary

+ + +

The Third Sorrow

The Loss of the Child Jesus in the Temple

Leader 1:

As they were returning at the end of the feast, the Child Jesus remained behind unknown to His parents. Thinking He was in the party, they continued their journey for a day, looking for Him among their relatives and acquaintances. Not finding Him, they returned to Jerusalem in search of Him.

Luke 2: 43-45

Leader 2:

Think of the deep anxiety experienced by Mary when She realized that her beloved Son was lost in a big and dangerous city. It took her and Joseph three long days of desperate searching to find Jesus. Her sorrow and worry must have grown immensely from day to day.

All:

Where have I lost something that was most precious to me? (*3 sec. pause*) Do I quickly despair, or put my faith in our Father above? (*pause*) Blessed Mother, obtain for me the grace to persevere in my walk with Your Son, Jesus. If I have the misfortune of falling, may I never doubt His mercy, and always return through the sacrament of confession which He instituted.

+ + +
Hail Mary
+ + +

The Fourth Sorrow

The meeting of Jesus and Mary on the way to Calvary

Leader 1:

A great crowd of people followed Him, including women who beat their breasts and lamented over Him.

Luke 23:27

Leader 2:

Picture the Blessed Mother, so tender and loving, witnessing her beloved Son being dragged to a cruel death. Who can possibly fathom her grief as she sees her Son fall wounded and bleeding under the crushing weight of the cross, on His way to Calvary.

All:

Holy Mother, unite my heart to yours in this sorrow, and obtain for me the grace to bear patiently whatever cross God may see fit to send me.

+ + +
Hail Mary
+ + +

The Fifth Sorrow

The Crucifixion of Jesus

Leader 1:

Near the cross of Jesus stood His Mother, His Mother's sister, Mary the wife of Clopas, and Mary Magdalene. Seeing His Mother there with the disciple whom He loved, Jesus said to His Mother, "Woman, there is your son." In turn He said to the disciple, "There is your Mother." From that hour onward, the disciple took her under his care.

John 19: 25- 27

Leader 2:

Contemplate the heart of Our Mother watching her beloved Son being nailed with such cruelty to the cross. Standing there, looking upon this horror and being unable to help Him, yet at the same time realizing that this was the will of God. Imagine how every blow of the hammer also pierced her Immaculate Heart like a sword. Words foretold so long ago.

All:

Most Sorrowful Mother, allow me to join you in your grief, to give me strength and courage in the face of those things that are devastating, but that I can not change. Through your Son, grant me the grace to stand steadfastly in the trust and love of our Heavenly Father, who promises life everlasting.

+ + +
Hail Mary
+ + +



**The Sixth Sorrow
The Pieta**

Leader 1:

Afterwards, Joseph of Arimathea, a disciple of Jesus (although a secret one for fear of the Jews), asked Pilate's permission to remove Jesus' body. Pilate granted it, so they came and took the body away.

John 20:38

Leader 2:

Imagine the sight of Our Sorrowful Mother, watching her Son dying on a cross, and then seeing His body pierced for confirmation of His death. How her heart must have been ripped in two as they lowered His lifeless body into her waiting arms. Grateful to be able to touch Him one last time.

All:

In life's toughest moments, do I feel alone, abandoned? (*Pause*) Blessed Mother help me to realize that I can count on you to be there for my suffering and sorrow. You will never abandon me, however far I feel from Our Lord, you are always there to help bring me back into His loving presence.

+ + +

Hail Mary

+ + +

The Seventh Sorrow

The Burial of Jesus

Leader 1:

Then, having bought a linen shroud, Joseph took Him down, wrapped Him in the fine linen, and laid Him in a tomb which had been cut out of rock. Finally he rolled a stone across the entrance of the tomb.

Mark 15:46

Leader 2:

Picture Our Blessed Mother taking one last look at her beloved Son's body as the great stone was rolled over the entrance of the tomb. How great her grief and loneliness must have been as she realized that things would never be the same, all while remembering that this was the will of the Eternal Father.

All:

Do I walk easily into despair, or do I walk solidly with faith in the word of Our Lord God? (*pause*) Mary, Mother of God, grant me your own deep faith in trusting the words of your Son. Let me trust that even in suffering, even when all seems lost, with Jesus, there is always a light at the end of the tunnel.

+ + +

Hail Mary

+ + +

All:

We are comforted in knowing that your heart is ever open to those who ask for your prayers. We trust to your gentle care and intercession, those whom we love and who are sick or lonely or hurting. Help all of us, Holy Mother, to bear our burdens in this life until we may share eternal life and peace with God forever.

Amen

Glory Be





**In Honor of
The Feast of the Holy Archangels
(September 29)**

Saints Michael, Gabriel, and Raphael

Defenders of our Church

Leader:

Heavenly King,
You have given us archangels to assist us
during our pilgrimage on earth.

Saint Michael

is our protector; we ask him
to come to our aid, fight for all our loved ones,
and to protect us all from danger.

Saint Gabriel

is a messenger of the Good News;
we ask him to help us to clearly hear Your voice
and to teach us the truth.

Saint Raphael

is the healing angel; we ask him
to take our need for healing and lift it up to
Your throne of Grace and deliver it back to us
with the gift of recovery.

All:

Help us, O Lord, to realize more fully
the reality of the Archangels
and their desire to serve us.

**Holy Angels, pray for us.
Amen**

R (All): Archangels of the Lord, pray for us.

Leader:

....Please pray for our families, protect us from evil and see that we may ever keep to those truths that the Holy Father has revealed to us. **R**

....Guide us in the raising of our children and grandchildren. May we be able to teach them to find Jesus near themselves, and act as He calls us to. **R**

....Stand guard over the Holy Father, Pope Leo. Please pray for his faith filled strength against any spiritual or earthly trials that he may face. **R**

....Please watch over and pray for the guidance of our pastor, Father Luke, Father Alphonse, as well as all of Your earthly priests. Please strengthen them in faith, and guard them against any undo influences. May they always be able to embody the Spirit of Christ to Your people. **R**

....Tend to all those who are asking for prayers of guidance, healing, or for spiritual strength. Gather up all of their burdens, and lay them at the feet of our Most Merciful Lord. **R**

....Pray for Luca LaNassa and Br. Cassian Iozzo as they work their way to full service of our Heavenly Father, through the vocation of priesthood. **R**

....Pray for us all to stay strong in faith, passionate for justice, and tender in mercy. **R**

***Our Father
Hail Mary
Glory Be***



All:

Lastly, Most Loving Father, we turn to You with these personal intentions, knowing that through You all things are possible. We ask, not with the intention of changing Your will, but to secure blessing for Your people and Church throughout the world.

(R): Father of Love and Mercy, Hear our Prayer

Leader:

....We pray for the spiritual guidance of all Your faithful, as well as our Church leaders, as we move forward in our renewal. **R**

....May the grace of the Holy Spirit be reflected on all our family members as our Church ministries restart. Allow us to be able to work together, and grow into a more unified Body of Christ on earth. **R**

....Holy Spirit, help us to be mindful of those who are saying goodbye to their long time family parishes. May all of us who are not affected by these changes reach out to console and offer welcome any displaced members of Christ's Church. **R**

....Please continue to keep our St. Peter Parish of Lewiston and Youngstown under Your loving care. We ask the same for our Parish Family of Immaculate Conception. Walk closely with us all, and help us to keep the Spirit of Christ alive in our homes and communities. **R**

....We pray for the protection and continued spiritual growth of our children of all ages (especially those returning to school). Please keep our St. Peter's School and Parish strong, and continue to bring the light of Your love to all who travel it's halls and classrooms. **R**

....We pray for the Holy Spirit to ignite the souls of our young, filling them with the fire of Your Grace, and love of Your Holy Word. May they be inspired to tend Your people through ministries, vocations of priesthood, and all holy orders. **R**

....We pray for the universal acceptance that all human life is sacred, and imbued with great value and dignity. May all come to realize that no matter the circumstances, life is a sacred gift, created with love and purpose by You. **R**

....We pray for all those who have been affected by tragedy. Wildfires, flooding, storms, financial ruin, shootings, and prejudice to name but a few. May we, as Your people, ever reach out to those in need. **R**

....Keep close to You, all who are suffering, especially those who are separated from loved ones, as well as those who are facing death alone. **R**

....We pray for those who are on our parish prayer list. **R**

....We pray for the salvation of all our brothers and sisters who have passed from this life into the next. We offer special prayers to those who no longer have anyone left on earth to pray for them. **R**

****** offer up our intentions for the month of September ******

....Take a moment to offer up the intentions most dear to your heart. **R**

In a world that is broken and often divided, its important to share with each other those things in our lives that reflect God's love me care. **R**

(R): God is good.

We ask You, Heavenly Father, who is gracious and merciful, to hear these prayers brought before You, in the name of Your Son, Jesus Christ.

**In the name of the Father,
and of the Son,
and of the Holy Spirit.**

+

Amen



FEAST OF SAINTS MICHAEL, GABRIEL & RAPHAEL THE ARCHANGELS



SAINT MICHAEL

glorious prince of heaven, protector of souls, I call on you to free me from all adversity and all sin, and to make me useful in God's service, obtaining from Him the grace of final perseverance.

Amen.

SAINT GABRIEL

glorious archangel, God's stronghold and voice, I call on you to obtain for me the grace of being preserved from evil, victory over the devil and domination of my bad inclinations until the end of my life. Amen.

SAINT RAPHAEL

glorious archangel, God's remedy, I call on you to heal all my body and soul's infirmities and help me flee from the sins that do such harm. Deliver back to us the gift of recovery and conversion.

Amen.

@junevreyes

HOLY ARCHANGELS, PRAY FOR US!

You are cordially invited to join our
St. Peter Parish Prayer Group.

We meet every Monday.

We offer two times,

Immediately following our 7:45am Mass
or at 6:30pm at our St. Peter Worship Site.

All Are Welcome