

Liturgical Living: Stations of the Cross

Stations of the Cross

1. Jesus is Condemned to Die.
2. Jesus Carries His Cross.
3. Jesus Falls the First Time.
4. Jesus Meets His Mother, Mary.
5. Simon Helps Jesus Carry His Cross.
6. Veronica Wipes Jesus' Face.
7. Jesus Falls the 2nd Time.
8. Jesus Meets the Women of Jerusalem.
9. Jesus Falls the 3rd Time.
10. Jesus is Stripped.
11. Jesus is Nailed to the Cross.
12. Jesus Dies on the Cross.
13. Jesus is Taken Down from the Cross.
14. Jesus is Laid in the Tomb.

From the earliest days of Christianity, pilgrims journeyed to Jerusalem to walk in the footsteps of Christ's Passion on the road to Calvary.

In the Middle Ages, the Holy Land came under Muslim rule, making travel dangerous. To allow the faithful to make this pilgrimage without leaving home, "stations" were replicated in Europe.

The **Stations of the Cross**, also known as the **Way of the Cross** or *Via Crucis*, is a popular Catholic devotion that commemorates the Passion and death of Jesus Christ. It consists of 14 specific events (called "stations") taken from Scripture and tradition.

By meditating on these events, the faithful spiritually accompany Christ on His journey to Calvary, entering into the mystery of His redemptive suffering. For kids, Stations are a great introduction to the story of Jesus' Passion,

broken down into a sequence of events they can visualize.

If you have never attended Stations of the Cross as a family, consider trying to attend this year. Stations is offered every Friday during Lent and rotates between our three parish locations. We begin at 7:00pm, but a simple soup dinner is offered beforehand, and all are welcome to join.

"We adore you, O Christ, and we bless you, because by your holy Cross you have redeemed the world." ~ Saint Francis