Hallow

Guide for Parishioner Activation

What is Hallow?

Through **prayer** and **meditation** rooted in the Catholic faith, Hallow helps people **find peace** and **grow in faith,** every day. As the #1 prayer app in the world, Hallow provides a wide variety of audioguided meditation, prayer challenges, mental health content, sleep stories, and sacred music. Users are able to pray with Fr. Mike, Sr. Miriam, Jonathan Roumie, Mark Wahlberg, Immaculee Illibagiza, Bishop Barron, + many others.

How do I access Hallow?

Everyone is invited to be a part of our **community page.** There, you can **create a profile, add friends, share/respond to prayer intentions**, and take part in **prayer challenges** with the parish.

If you are <u>already on Hallow with a premium account</u>, follow these steps or scan the QR code below to join the parish community:

- 1. Open the Hallow app.
- 2. Find Community tab (bottom of screen).
- 3. Search for your parish by name or zip code.
- 4. Tap "Join Parish".
- 5. Start praying!



If you are <u>already on Hallow with a free account</u>, follow these steps or scan the QR code below to join the parish community:

- 1. Go to Hallow.com/Parish.
- 2. Find your parish by name or zip code.
- 3. Sign in.
- 4. Follow the steps to get access to Niagara Frontier Catholic Community discount for a Hallow premium account. You can opt out of this and choose to be on the free version by selecting "skip". The discount is available for users who have never had a prior trial with Hallow. If *not* prompted for the discount, visit <u>Hallow.com/Redeem</u>, enter promo code [TBD]. You may need to log in on the browser (top right corner).
- 5. Once the above is complete, download the app, tab on the "Community" tab, and start praying!

If you are <u>new to Hallow</u>, follow these steps or scan the QR code to join the parish community and get access to your parish discount.

- 1. Go to <u>Hallow.com/Parish</u>.
- 2. Find your parish by name or zip code.
- 3. Create an account. Take note of your login credentials (phone number or email address).
- 4. Follow the steps to get access to the discount for a Hallow premium account. You can opt out of this and choose to be on the free version by selecting "skip".
- 5. Once the above is complete, download the app, tab on the "Community" tab, and start praying!

If you have any issues getting someone set up on the app, please reach out to parishsupport@hallow.app.