

Niagara Frontier Catholic Community

Small Faith Sharing Group

Discussing Matthew Kelly's book

'Slowing Down to the Speed of Joy'

A gift from our Niagara Frontier Catholic family
(Free books will be available)

Monday's ~ 6:45pm

St. Peter's Rectory

620 Center St. Lewiston

Feb. 23rd,

March 2nd, 9th, 16th, 23rd & 30th

Tuesday's ~ 11:00am

Immaculate Conception

4671 Townline Rd. Ransomville

Feb. 24th,

March 3rd, 10th, 17th, 24th & 31st

**Morning or Evening options Available
All Are Welcome**

**Contact the Rectory 716-754-4118
for more information**

**SLOWING
DOWN
TO
THE SPEED
OF JOY**

THE SIMPLE ART OF
TAKING BACK YOUR LIFE

MATTHEW KELLY

**Slow down and spend
an hour with us
finding out what
Joy is all about**

Busy is not your friend