

# **GMO & disease– what do we know?**

## **The Ecology of Ecotoxicology**

**Today: the tip of the iceberg – things aren't always what they seem...**

**Warren Porter, Dept. of Zoology, UW, Madison**

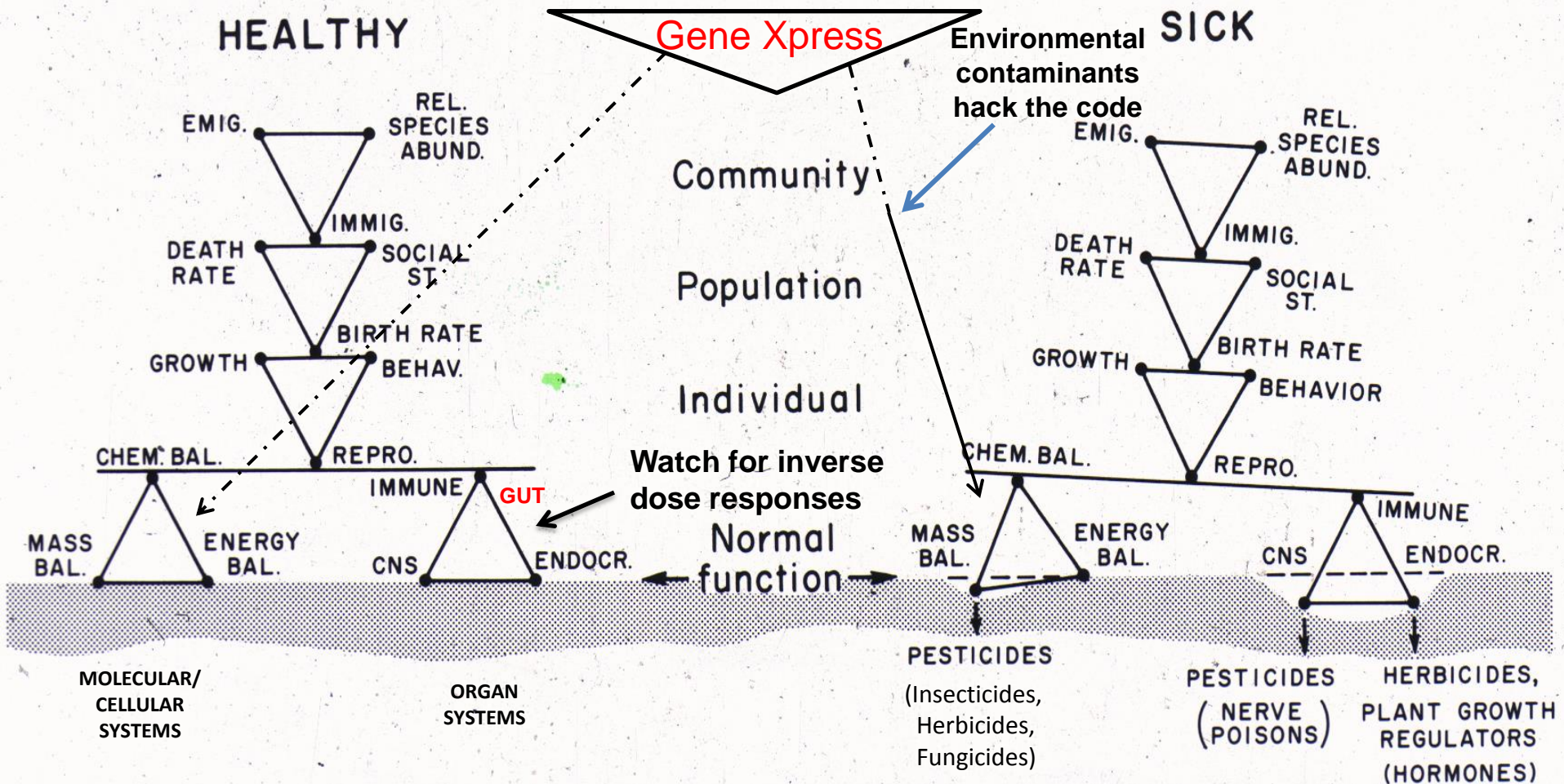
**[www.zoology.wisc.edu/faculty/Porter/Porter.html](http://www.zoology.wisc.edu/faculty/Porter/Porter.html)**

## **Outline**

- 1) Everything is interconnected**
- 2) Basic principles, new definitions**
- 3) How can common pesticide mixtures affect reproduction, sex behavior, learning and immune function?**
- 4) How can common pesticide mixtures induce chronic long term diseases?**
- 5) Safe, effective, inexpensive solutions to these problems**

# Everything is interconnected

## Neurological, endocrine, immune, developmental, genetic effects: Overview/theory



Porter, et al. 1999. Toxicol. & Indust. Health. 15 (1-2): 133-150.  
Aldicarb, atrazine, nitrate mixes at environmentally relevant concentrations  
altered mouse aggression, immune function and thyroid hormone levels.



# Basic Principles

Why entry is  
easy -> *'other'*,

*i.e. 'inert',  
ingredients*

1) non-ionic  
(fat soluble)

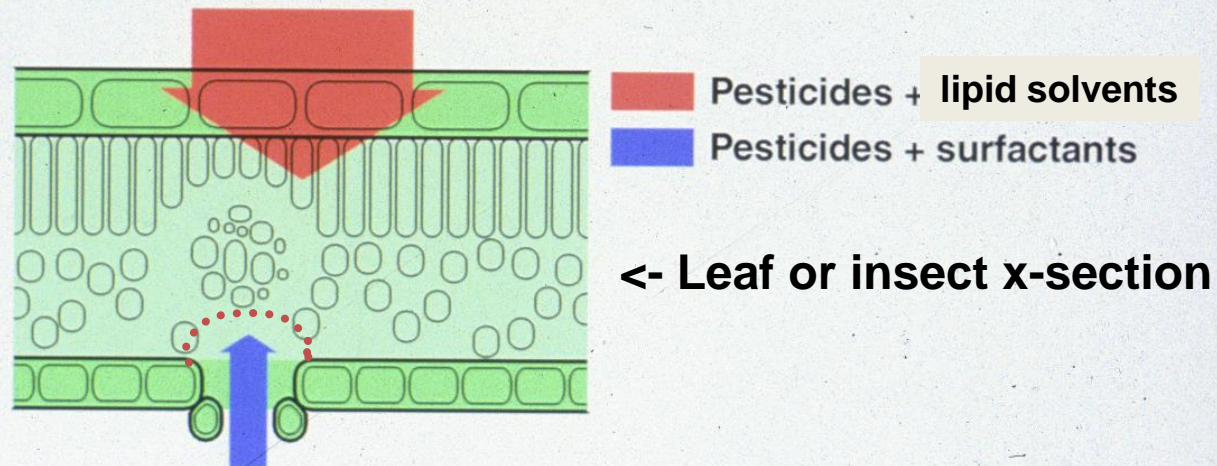
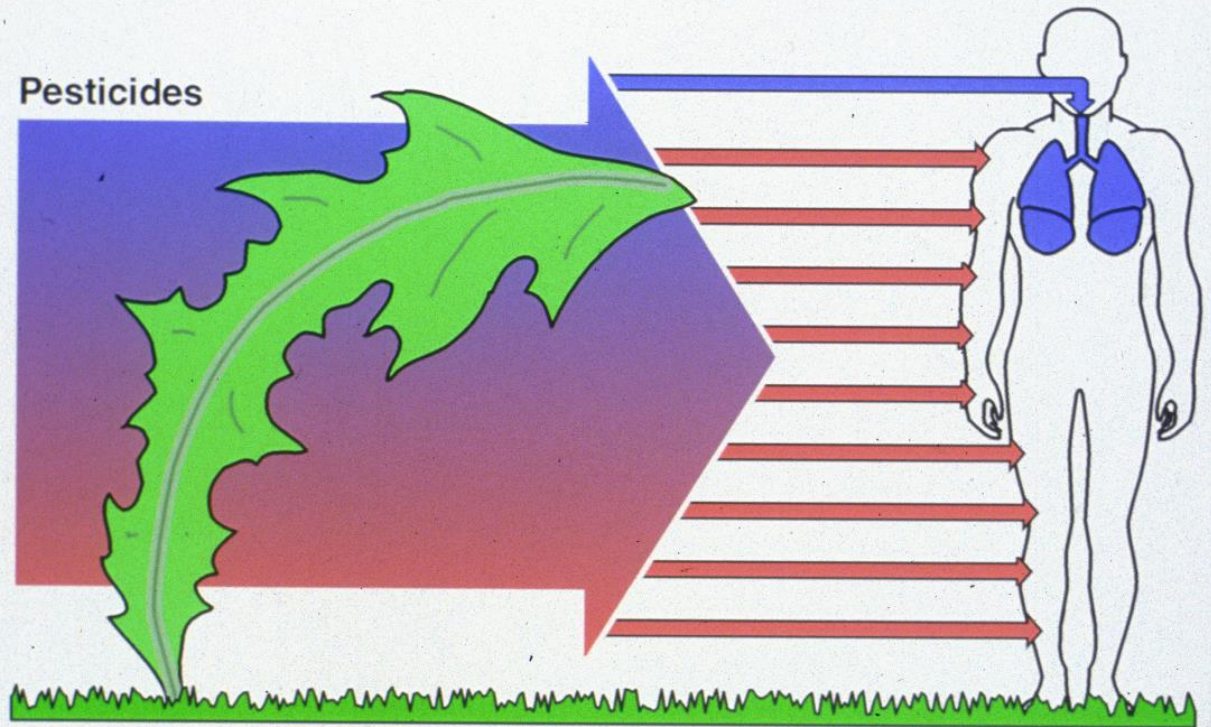
solvents

(= no charges)

&

2) surfactants

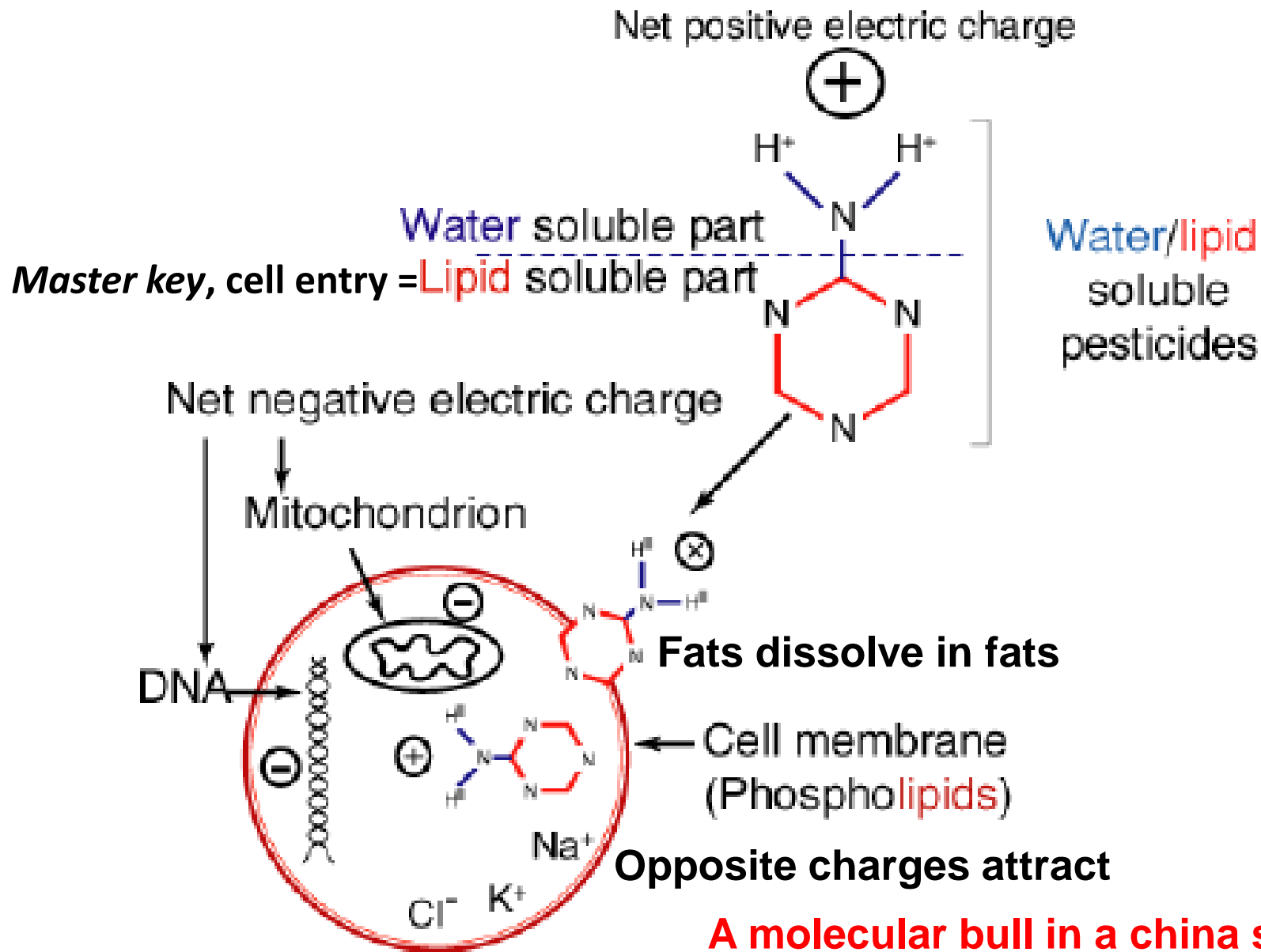
'Inerts' NOT part of  
EPA registration  
process ->



functionally a 'bait and switch' process

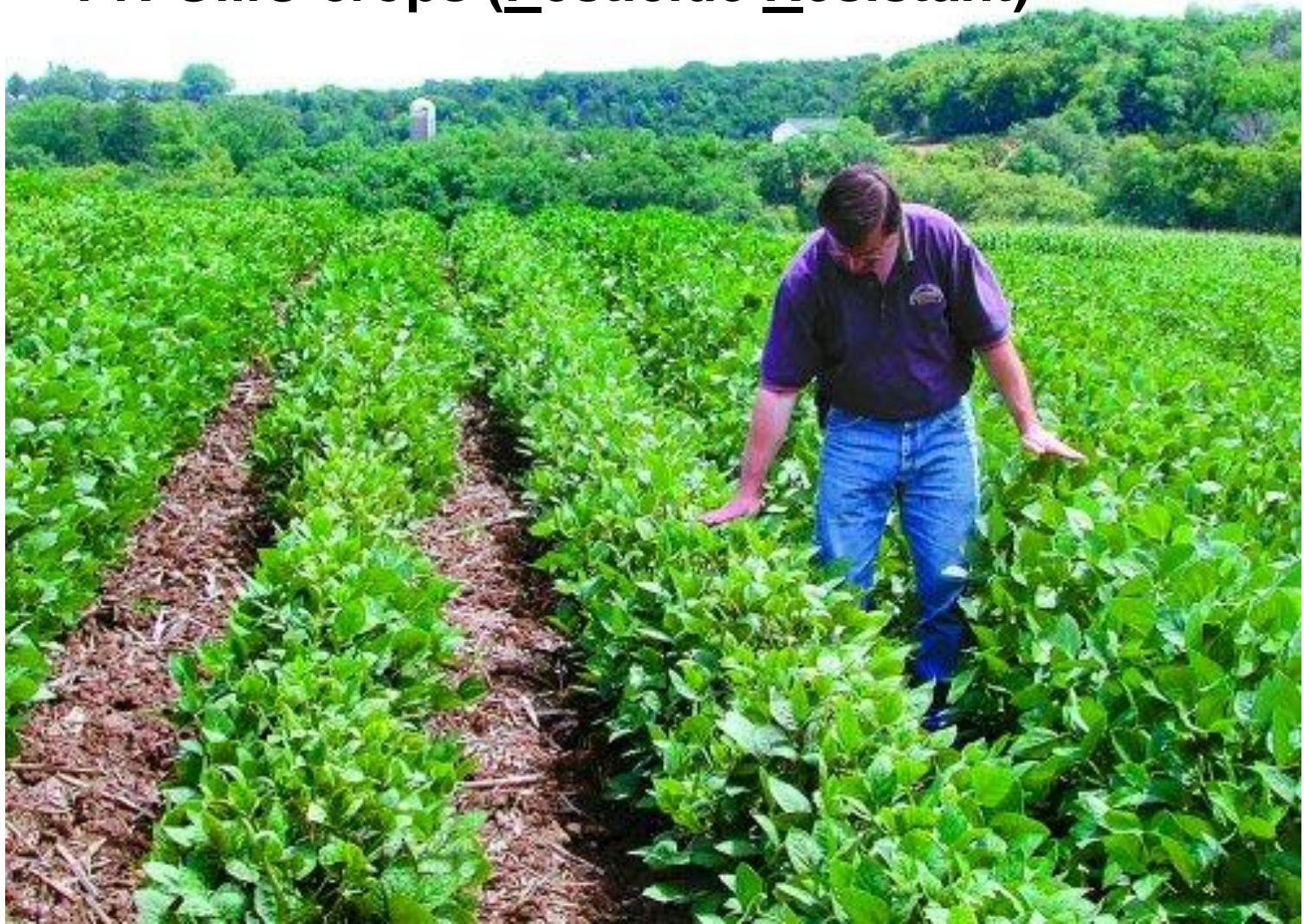
# Pesticide structure-function

(Why unintended effects are virtually certain)





**Some new definitions:**  
**PR-GMO crops (Pesticide Resistant)**

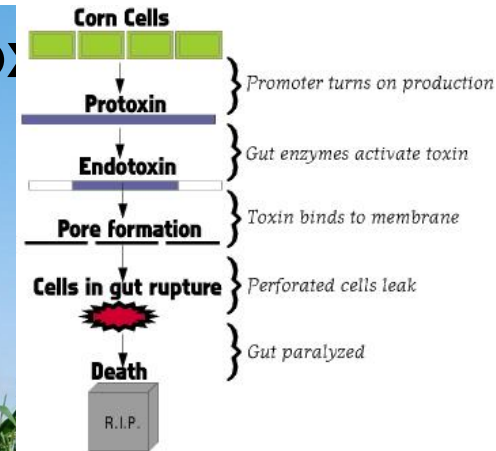


**Roundup (glyphosate) resistant soybeans**



# PP-GMO crops (Pesticide Producing)

**Corn - *Bacillus thuringiensis* (Bt) toxin for larval control**

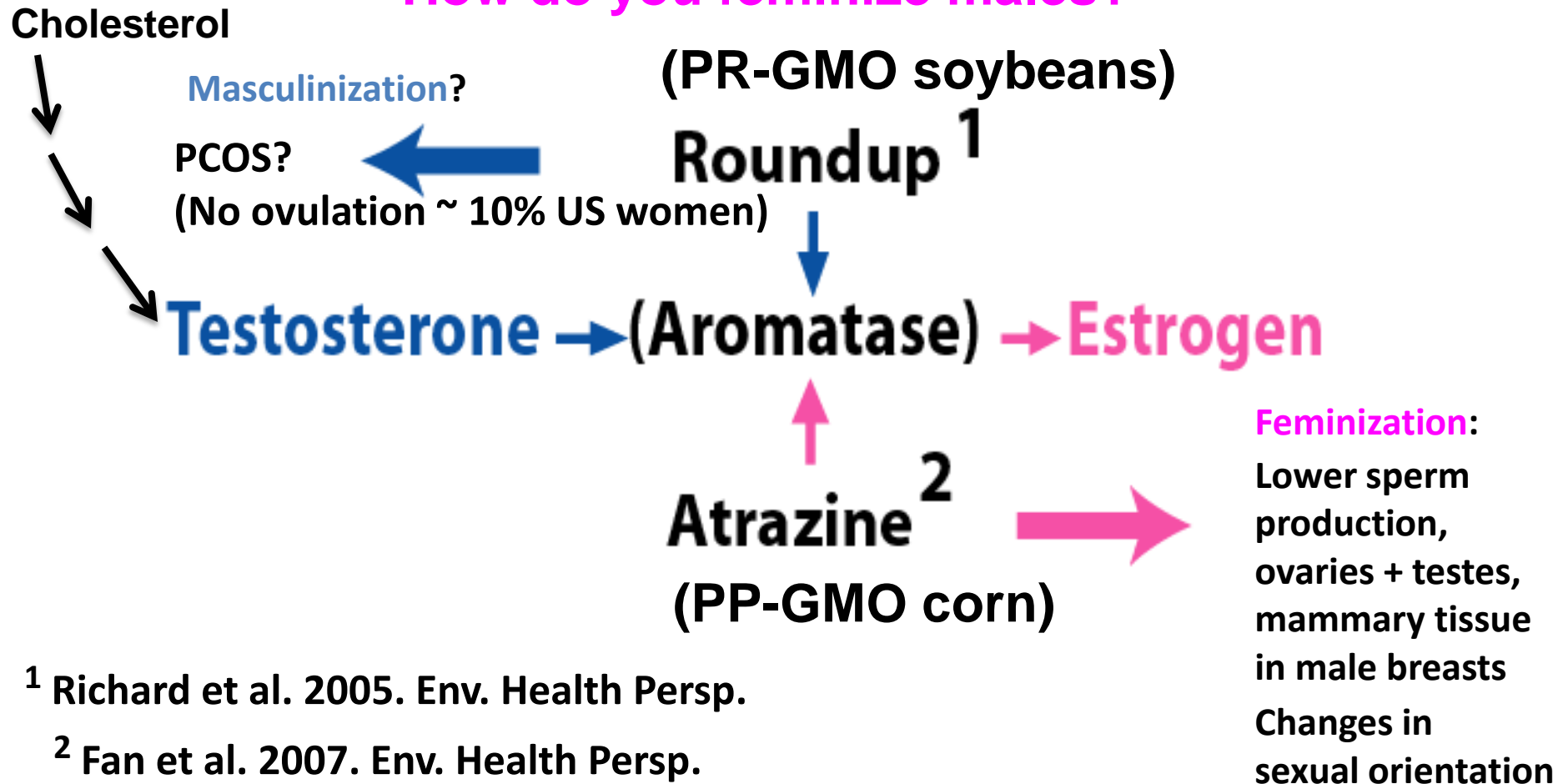


**Atrazine - weed control**

Reduce mating success

# Common herbicides can alter sex hormones at environmentally relevant concentrations

How do you feminize males?



Evidence for reproductive impairment?



Decrease births: Lower fertility-> reduce mating success

Are we feminizing human males globally?

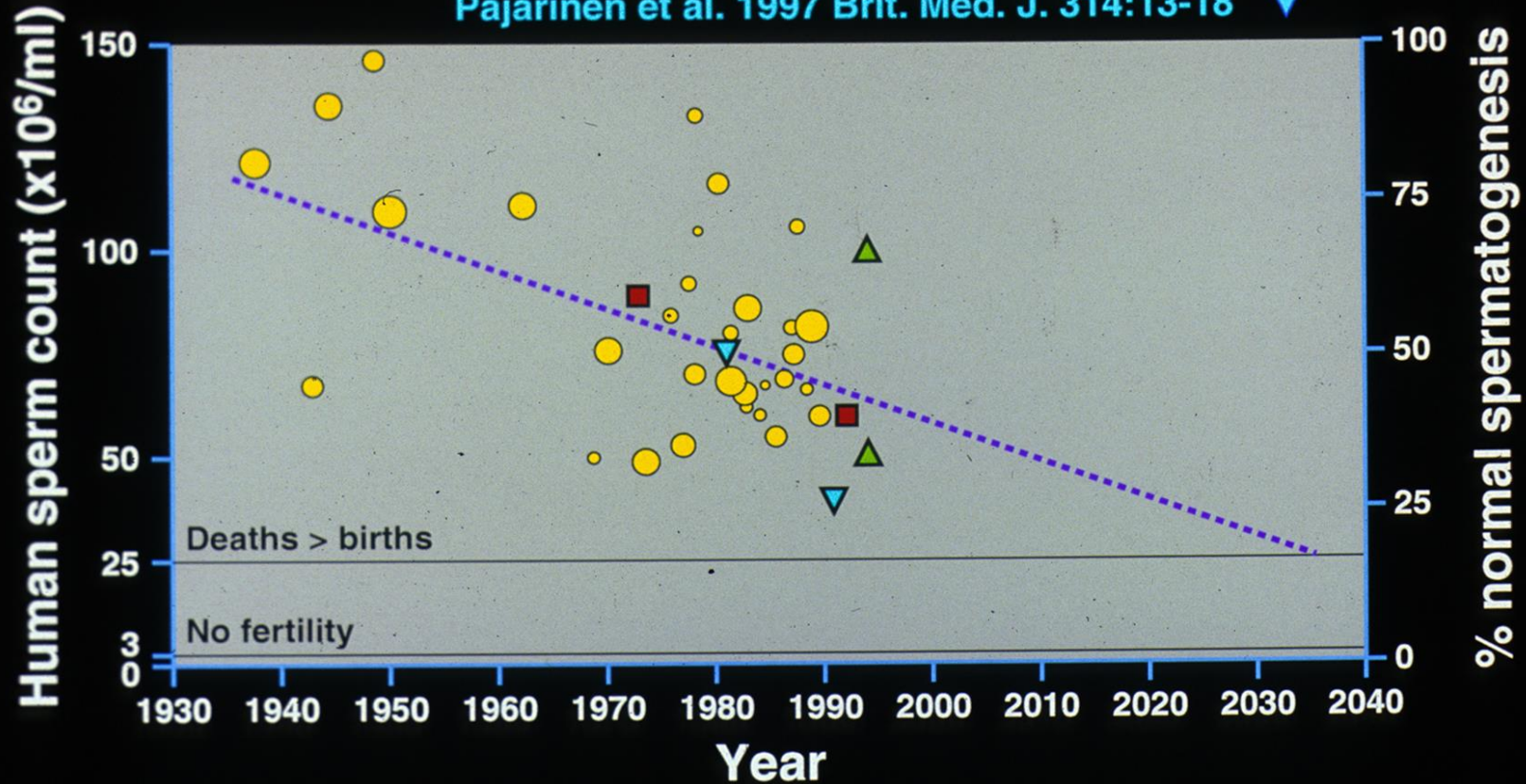
Human sperm counts declining in quantity and quality globally

Carlsen, E. et al. 1992. Brit. Med. J. 305: 609-613 ●

Auger, J. et al. 1995. New Eng. J. Med. 332(5): 281-285 ■

Abell, A. et al. 1994. Lancet 343: 1498 ▲

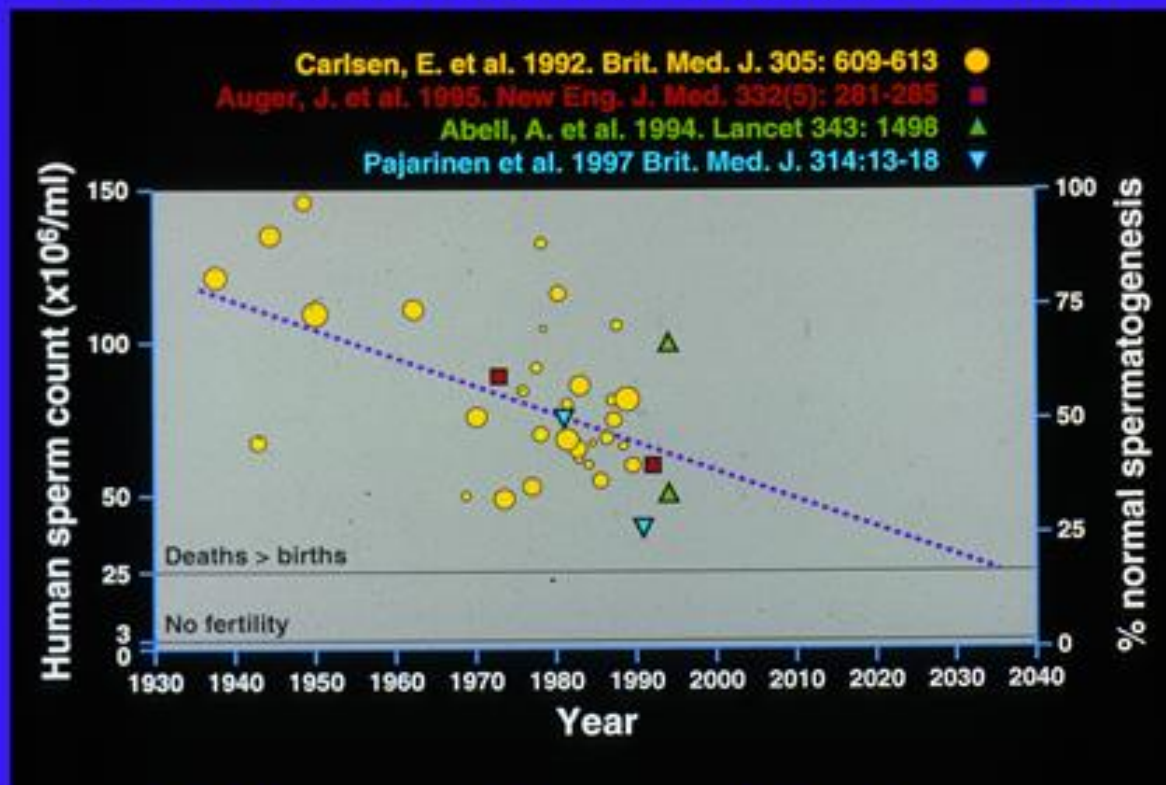
Pajarinen et al. 1997 Brit. Med. J. 314:13-18 ▼



The human species' current glide path



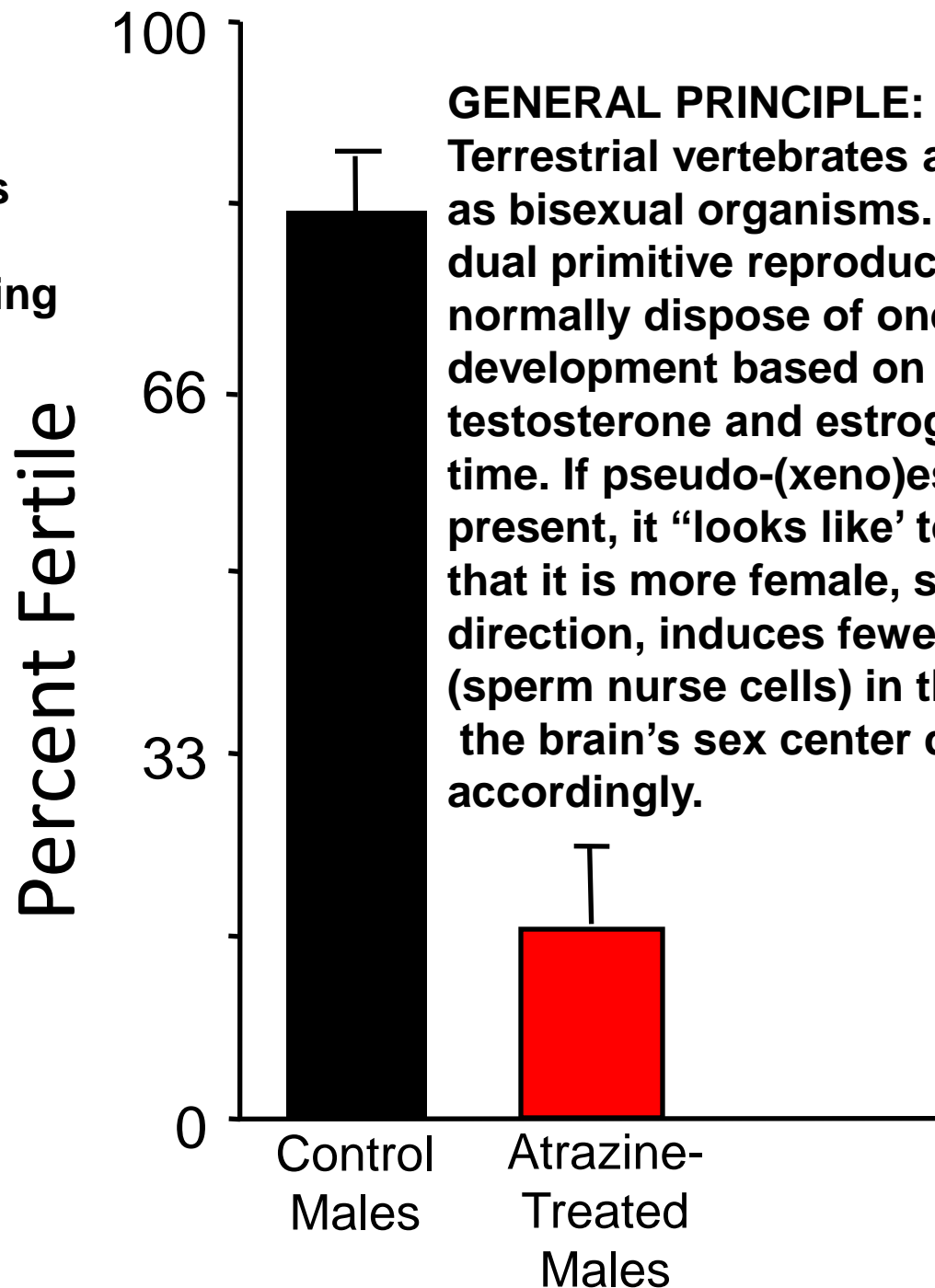
Human sperm counts declining in quantity and quality globally –  
xenoestrogen feminization of human males, like the atrazine frogs?



The human species' current glide path

↑ 60-70% US males qualified as sperm donors  
 ↑ 6-7% US males qualify as sperm donors  
 ↑ 1% of Israeli soldiers qualify (2012)  
 2013 -> 1<sup>st</sup> year ever US whites—  
 more deaths than births

**Dr. Tyrone Hayes  
UC Berkeley  
Atrazine feminizing  
male frogs at  
environmentally  
relevant  
concentrations**



**GENERAL PRINCIPLE:**

Terrestrial vertebrates are conceived as bisexual organisms. They develop dual primitive reproductive tracts. They normally dispose of one of them during development based on the ratio of testosterone and estrogen at 'decision' time. If pseudo-(xeno)estrogens are present, it "looks like" to a male embryo that it is more female, so it changes direction, induces fewer Sertoli cells (sperm nurse cells) in the testis and alters the brain's sex center development accordingly.

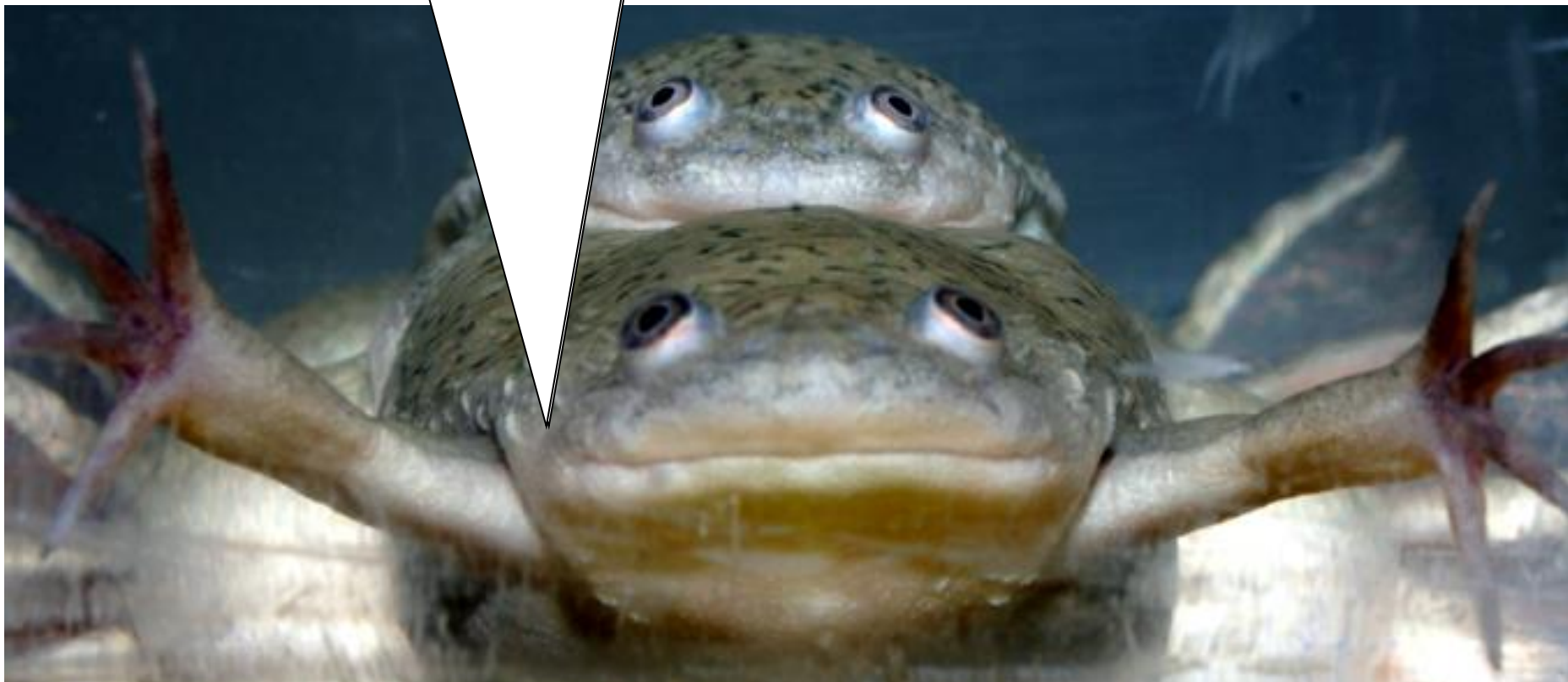


**“At this time, EPA believes that no additional testing is warranted to address this issue.”**

**Tim Pastoor,  
Syngenta, makers of Atrazine  
Atrazine upregulates aromatase, which  
elevates estrogen, which elevates breast  
cancer risk. Syngenta also makes drugs  
that treat breast cancer.**

## **Reduce mating success**

**Two male frogs  
exposed to Atrazine  
attempting breeding  
(Prof. Tyrone Hayes,  
U.C. Berkeley)**



## **Might 'estrogen' changes alter human sexual behavior?**

**The estrogen receptor is 'promiscuous' - > 12 'partners',  
e.g. flame retardants, plasticizers (e.g. nonyl phenol), PCBs, dioxins, phthalates**

# **Steroid Hormones and Brain Development: Some Guidelines for Understanding Actions of Pseudohormones and Other Toxic Agents**

**by Bruce S. McEwen\***

Gonadal, adrenal, and thyroid hormones affect the brain directly, and the sensitivity to hormones begins in embryonic life with the appearance of hormone receptor sites in discrete populations of neurons. Because the secretion of hormones is also under control by its neural and pituitary targets, the brain-endocrine axis during development is in a delicately balanced state that can be upset in various ways, and any agent that disrupts normal hormone secretion can upset normal brain development. Moreover, exogenous substances that mimic the actions of natural hormones can also play havoc with CNS development and differentiation.

This paper addresses these issues in the following order: First, actions of glucocorticoids on the developing nervous system related to cell division dendritic growth and neurotransmitter phenotype will be presented followed by a discussion of the developmental effects of synthetic steroids. Second, actions of estrogens related to brain sexual differentiation will be described, followed by a discussion of the actions of the nonsteroidal estrogen, diethylstilbestrol, as an example of exogenous estrogenic substances. The most important aspect of the potency of exogenous estrogens appears to be the degree to which they either bypass protective mechanisms or are subject to transformations to more active metabolites. Third, agents that influence hormone levels or otherwise modify the neuroendocrine system, such as nicotine, barbiturates, alcohol, opiates, and tetrahydrocannabinol, will be noted briefly to demonstrate the diversity of toxic agents that can influence neural development and affect personality, cognitive ability, and other aspects of behavior.

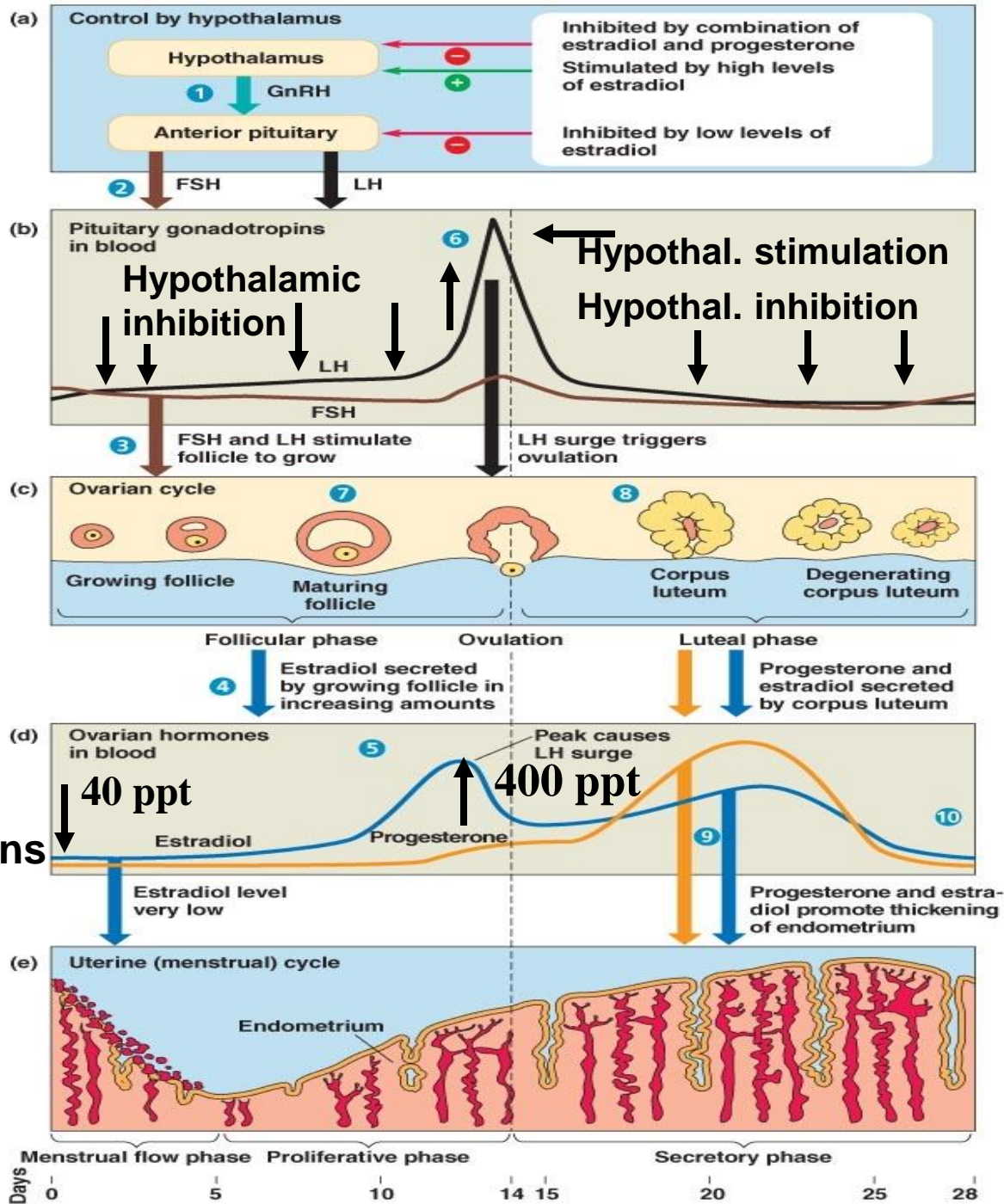
**Env. Health Persp. 1987. Vol. 74: pp. 177-184**



# Psychosexual Differentiation and DES

Further insight into actions of estrogens on brain development has come from studies of offspring of mothers exposed to the pseudoestrogen diethylstilbestrol (DES) during pregnancy (44-46). In studies thus far completed and published, prenatal DES alters general measures of personality and leads to altered patterns of sexual behavior in adolescence and adulthood that reduce formation of heterosexual relationships (44). These differences from carefully matched normal subjects could not be explained by sexual dysfunctions such as vaginismus and dyspareunia, which were low in both groups, but rather appear to be due to psychosocial and neuroendocrine factors related to DES exposure (44).

44. Meyer-Bahlburg, H., Ehrhardt, A., Feldman, J., Rosen, L., Veridiano, N., and Zimmerman, I. Sexual activity level and sexual functioning in women prenatally exposed to diethylstilbestrol. *Psychosom. Med.* 47: 497-511 (1985).
45. Meyer-Bahlburg, H., Ehrhardt, A., Rosen, L., Feldman, J., Veridiano, N., Zimmerman, I., and McEwen, B. Psychosexual milestones in women prenatally exposed to diethylstilbestrol. *Horm. Behav.* 18: 359-366 (1984).
46. Ehrhardt, A., Meyer-Bahlburg, H., Rosen, L., Feldman, J., Veridiano, N., Zimmerman, I., and McEwen, B. Sexual orientation after prenatal exposure to exogenous estrogen. *Arch. Sex. Behav.* 14: 57-75 (1985).



Normal hormone concentrations

Parts per trillion – developing fetal brain – Fred vom Saal



# Learning, behavior disorders

Enhanced aggression, shorter memory, alter neuromotor coordination functions

Environmental Health Perspectives Volume 106, Number 6, June 1998

[ [Citation in PubMed](#) ] [ [Related Articles](#) ]

## An Anthropological Approach to the Evaluation of Preschool Children Exposed to Pesticides in Mexico

Elizabeth A. Guillette,<sup>1</sup> María Mercedes Meza,<sup>2</sup> Maria Guadalupe Aquilar,<sup>2</sup> Alma Delia Soto,<sup>2</sup> and Idalia Enedina Garcia<sup>2</sup>

<sup>1</sup>Bureau of Applied Research in Anthropology, University of Arizona, Tucson, AZ 85721 USA

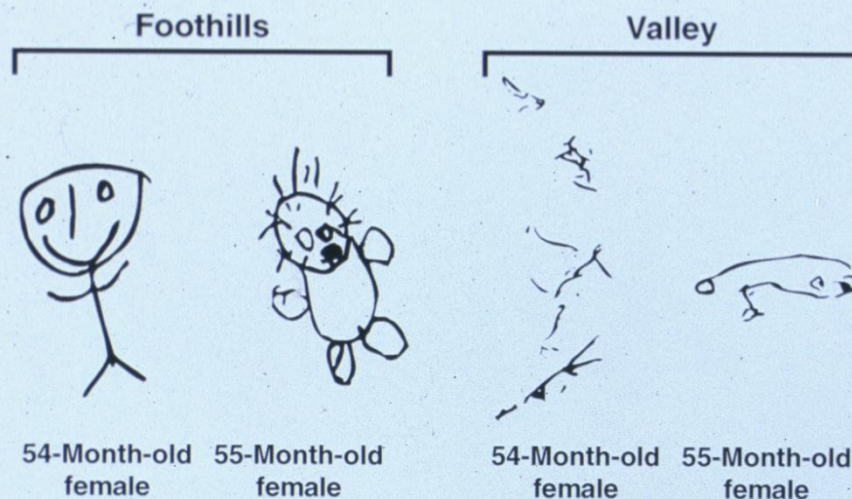
<sup>2</sup>Dirección de Investigación y Estudios de Postgrado, Instituto Tecnológico de Sonora, Obregón, Sonora, México

**Yaqui valley, Sonora, Mexico.**

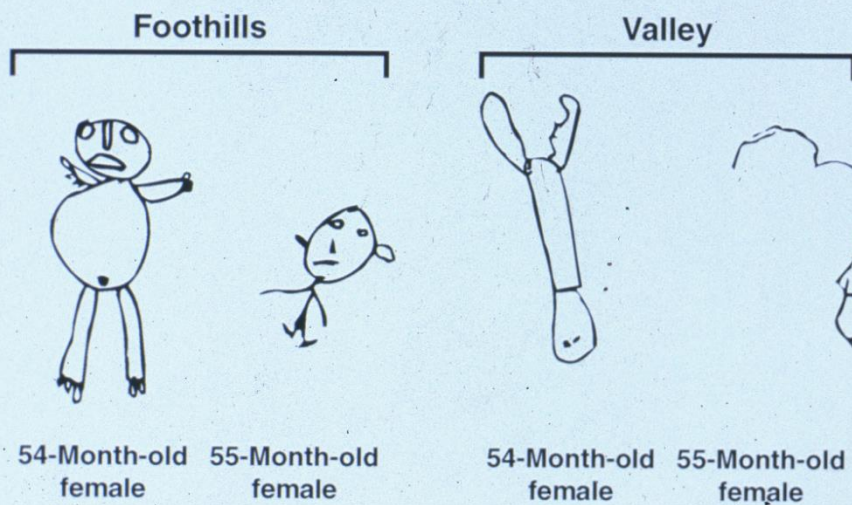
**US source of winter fruits and vegetables**



\*The Yaqui Valley in Mexico where our winter fruits & vegetables originate



**Figure 1.** Representative drawings of a person by 4-year-old Yaqui children from the valley and foothills of Sonora, Mexico.



**Figure 2.** Representative drawings of a person by 5-year-old Yaqui children from the valley and foothills of Sonora, Mexico.

**Unexposed**

**Exposed**

## Current Status...

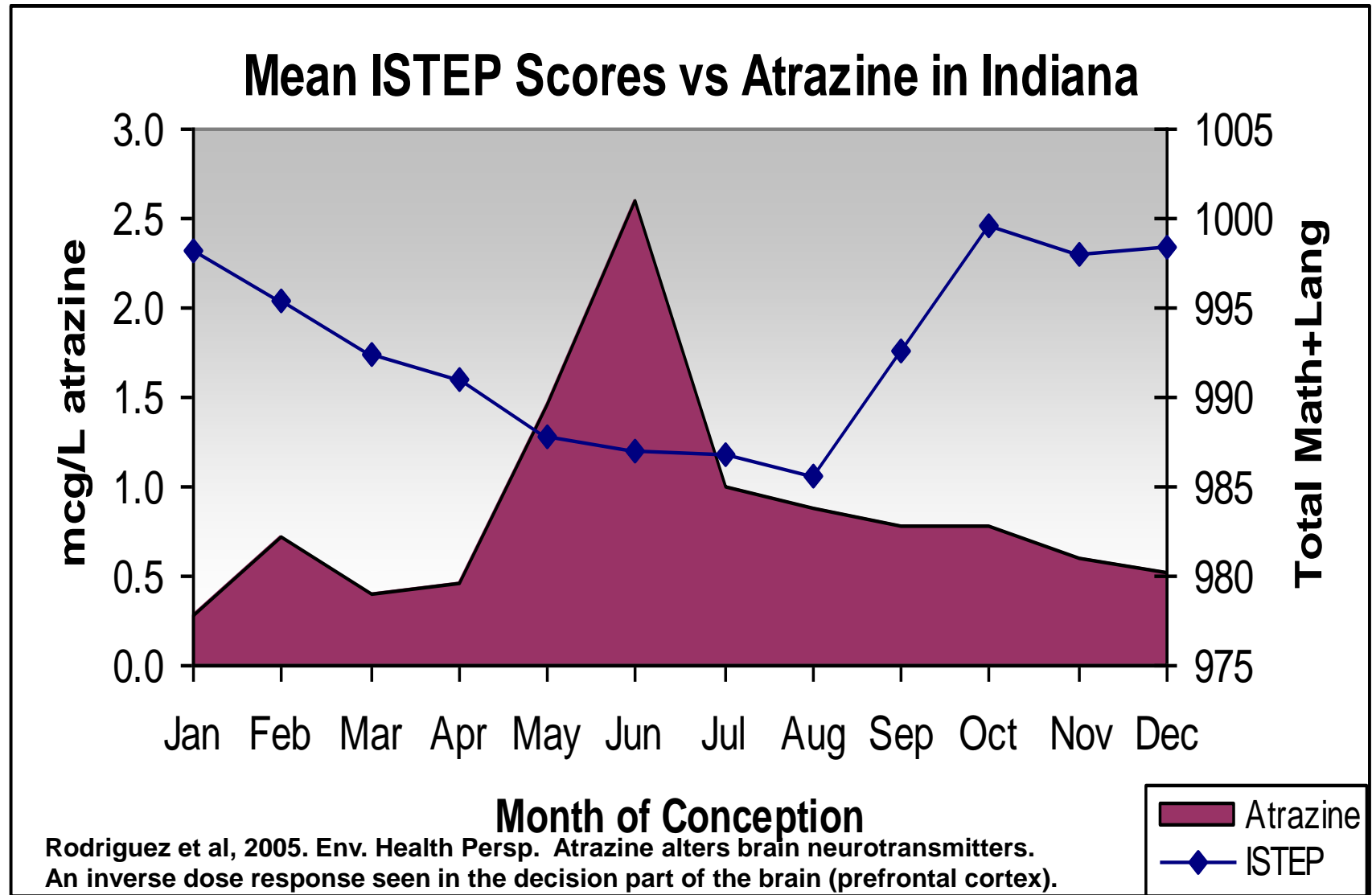
Valley teen boys have mammary tissue in their tender breasts; Valley teen girls have only fat in their breasts.

Children's mothers in the *valley* had very high rates of breast cancer.

What will be our childrens' future? Hint: How much are we spending on remedial education?



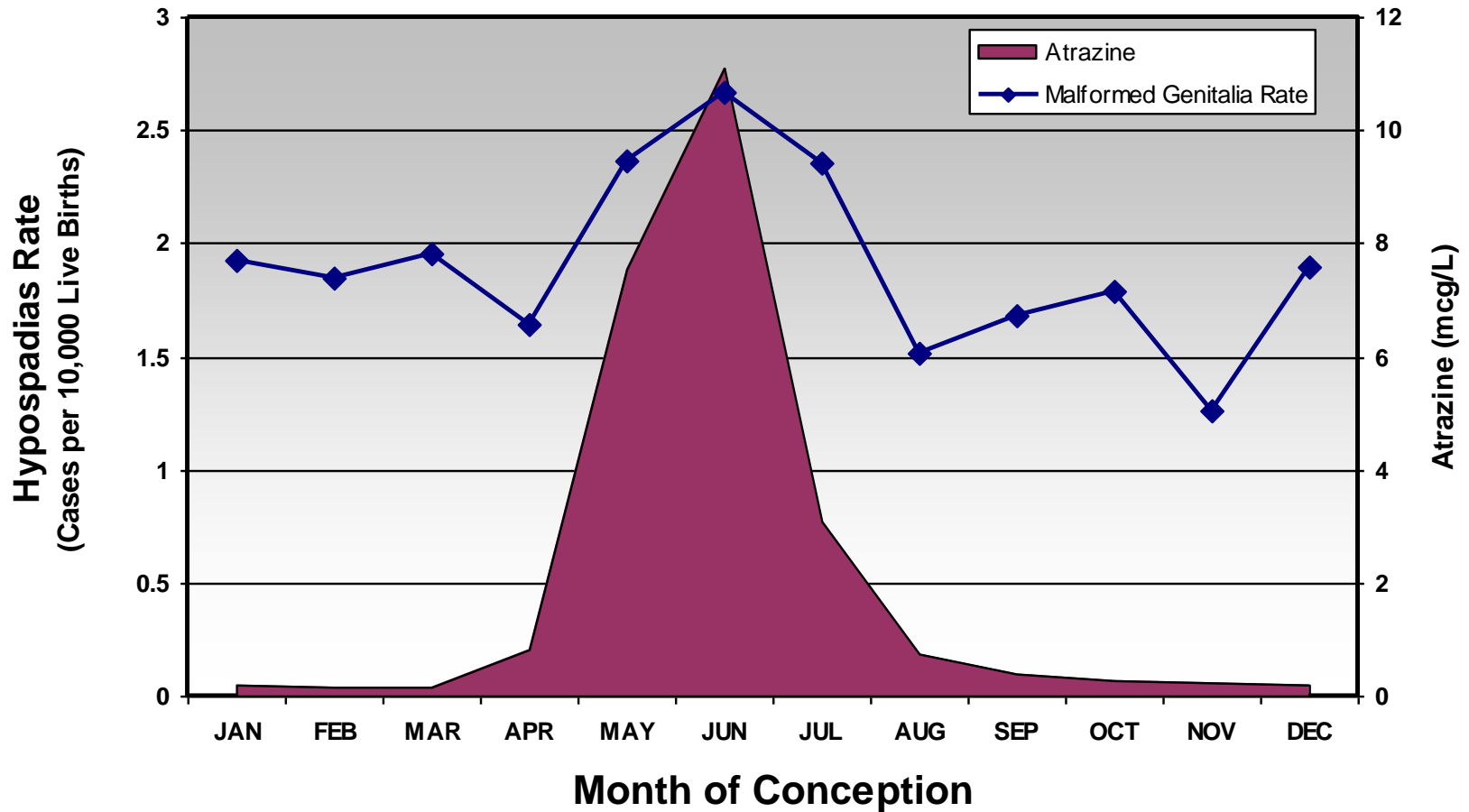
# Could learning abilities in humans be altered by an *herbicide*?



**Dr. Paul Winchester's data: Director of Neonatology,  
St. Francis Hospital & Health Centers, Indianapolis  
Clinical Professor, Indiana University School of Medicine**

# Increased birth defects – primary cause of infant mortality

**Malformed Genitalia Rates per Month of Conception vs.  
Atrazine in White River (Indiana 1990-2001)**



**Dr. Paul Winchester's data: Director of Neonatology,  
St. Francis Hospital & Health Centers, Indianapolis  
Clinical Professor, Indiana University School of Medicine**



## Another kind of birth defect

**Gastroschisis** – a new epidemic from rural areas in Wisconsin and around the country



© Division of Pediatric Surgery - Brown Medical School

What does this picture suggest?

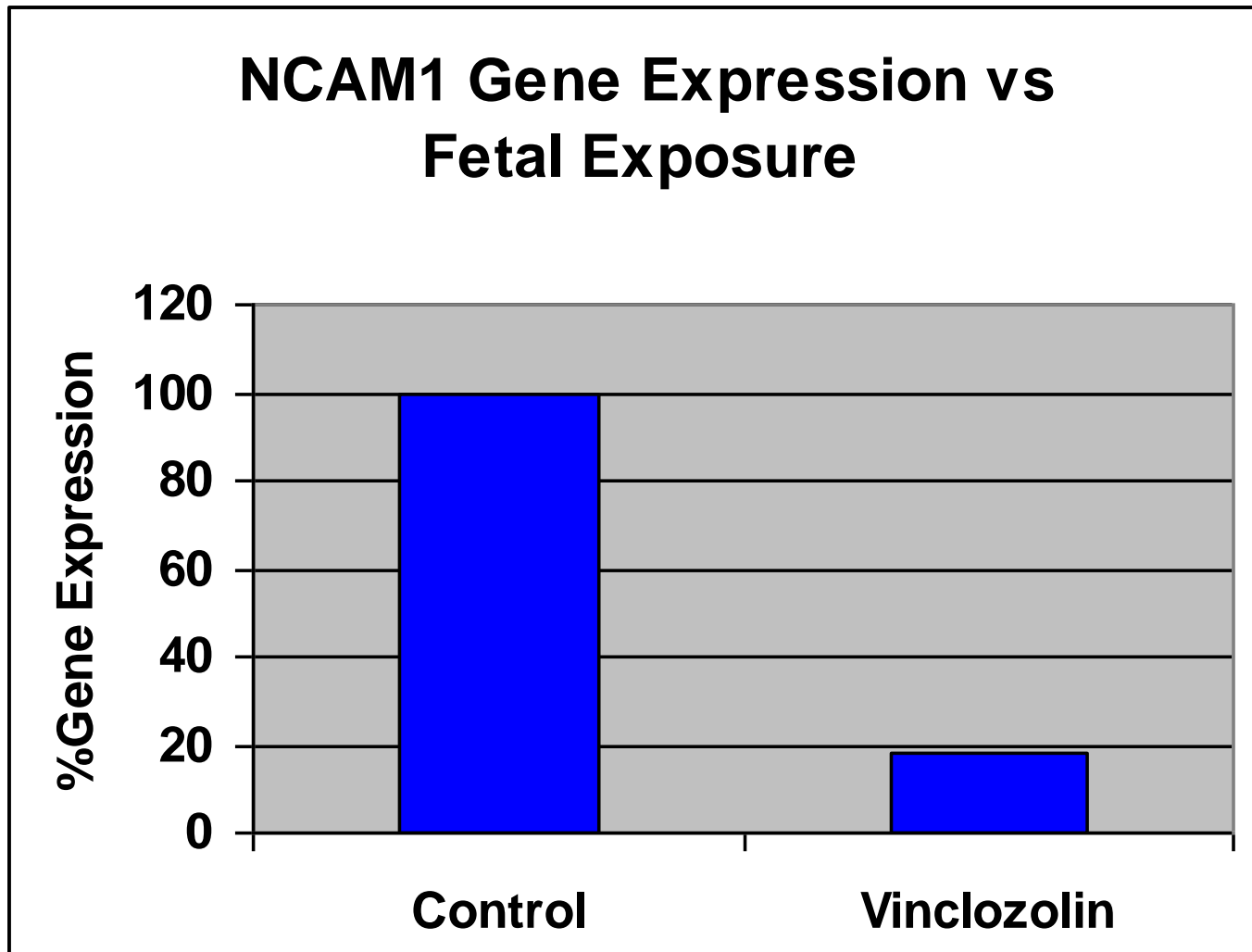
# Change in fetal gene expression

**1<sup>st</sup> paper:** Epigenetic Transgenerational Actions of Endocrine Disruptors and Male Fertility Matthew D. Anway, Andrea S. Cupp, Mehmet Uzumcu and *Michael K. Skinner*. 2005. Science 308: 1466-1469

**Later:** Transgenerational (4 generations) Epigenetic Imprinting of the Male Germline by Endocrine Disruptor Exposure during Gonadal Sex Determination

Endocrinology 147(12):5524–5541, 2006

Relative *brain* expression levels of  
NCAM1





# NCAM1 Gene Related Diseases

- 1) **Alzheimers**
- 2) **Synovial sarcoma**
- 3) **Schizophrenia**
- 4) **Mutant-allele-specific amplification (MASA) syndrome**
- 5) **Neural tube defects**
- 6) **Various tumors**

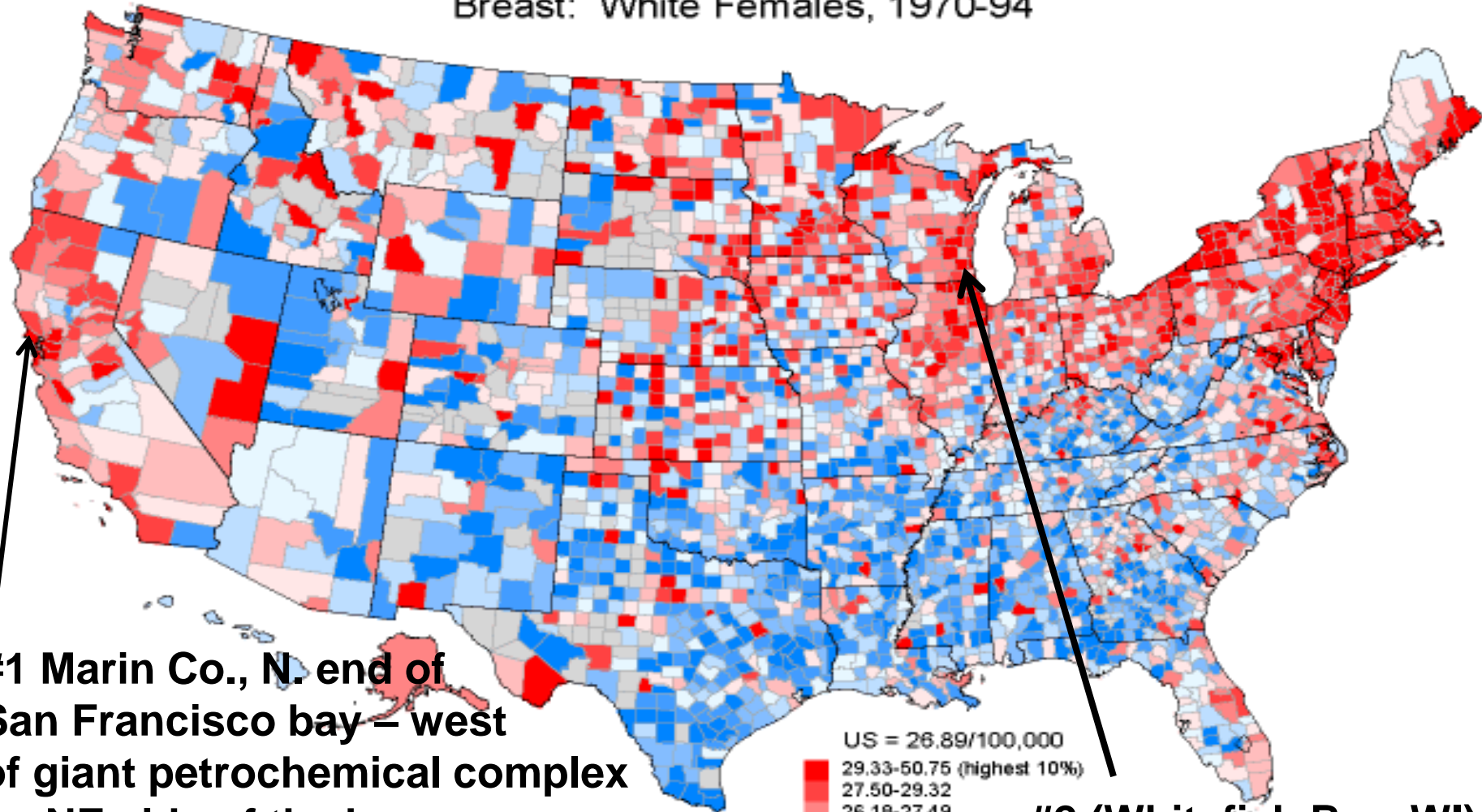
- 1) Decrease birth rates
- 2) Increase death rates ->

# Increase deaths -> 1) contaminate air

<http://dceg.cancer.gov/atlas/maps/brecwf70.gif>

Cancer Mortality Rates by County (Age-adjusted 1970 US Population)

Breast: White Females, 1970-94



US = 26.89/100,000

29.33-50.75 (highest 10%)

27.50-29.32

26.18-27.49

24.91-26.17

23.80-24.90

22.75-23.79

21.56-22.74

20.08-21.55

17.98-20.07

0.57-17.97 (lowest 10%)

#2 (Whitefish Bay, WI)  
(12/01/03)

#1 Marin Co., N. end of  
San Francisco bay – west  
of giant petrochemical complex  
on NE side of the bay

[http://www-  
dceg.ims.nci.nih.gov/atlas/maps](http://www-dceg.ims.nci.nih.gov/atlas/maps)

# Increase deaths -> 2) contaminate food



## Organic Diets Significantly Lower Children's Dietary Exposure to Organophosphorus Pesticides

Chensheng Lu, Kathryn Toepel, Rene Irish,  
Richard A. Fenske, Dana B. Barr, and Roberto Bravo

doi:10.1289/ehp.8418 (available at <http://dx.doi.org/>)

Online 1 September 2005



MDA = malathion metabolite

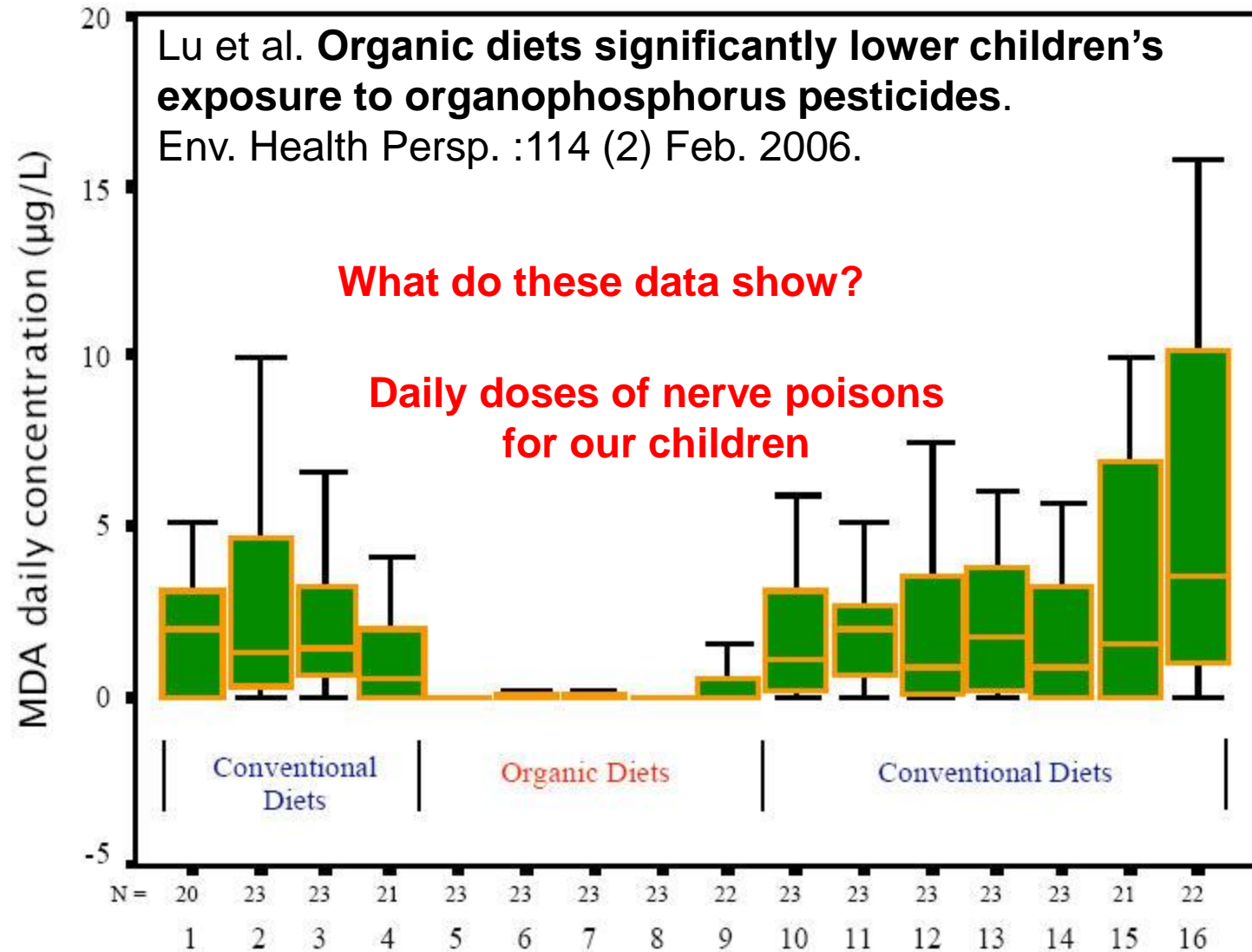
\* organophosphate = neurotoxic by design

Lu et al. **Organic diets significantly lower children's exposure to organophosphorus pesticides.**  
Env. Health Persp. :114 (2) Feb. 2006.

**What do these data show?**

**Daily doses of nerve poisons  
for our children**

(ppb)

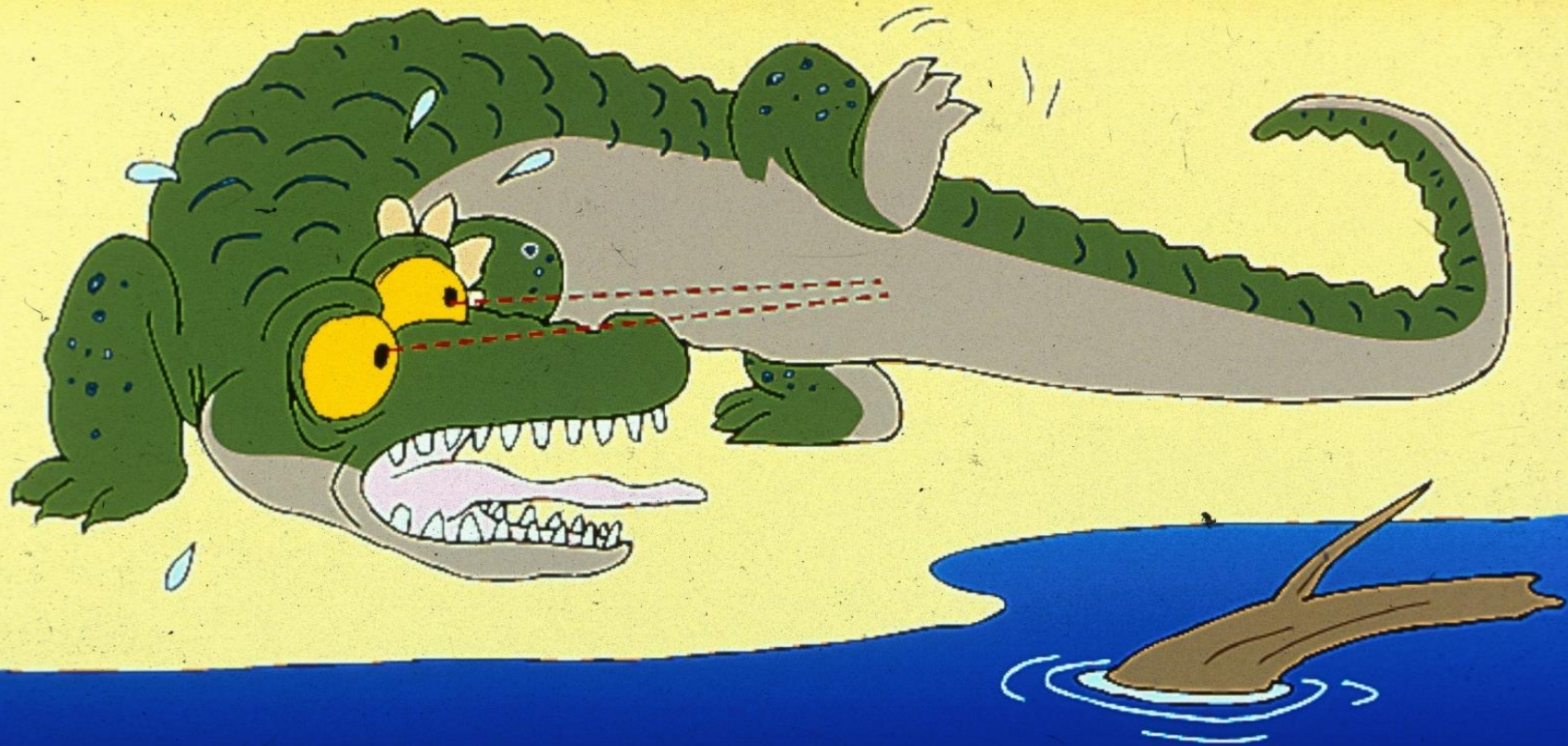


(Normal estrogen variation is 40 - 400 ppt in human monthly cycle.)

Sequential day

# Increase deaths -> 3) contaminate water

A DDT-like compound did this to alligators in Lake Apopka, FL



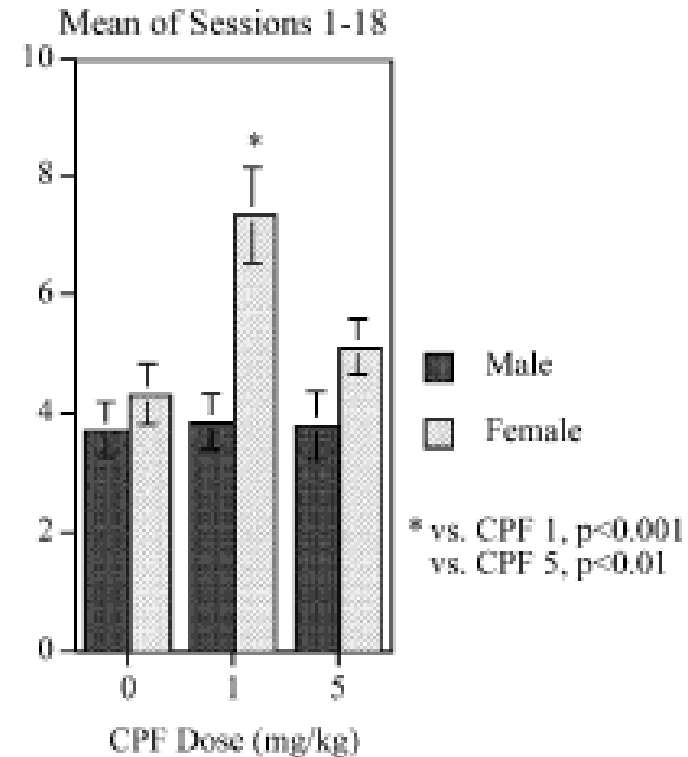
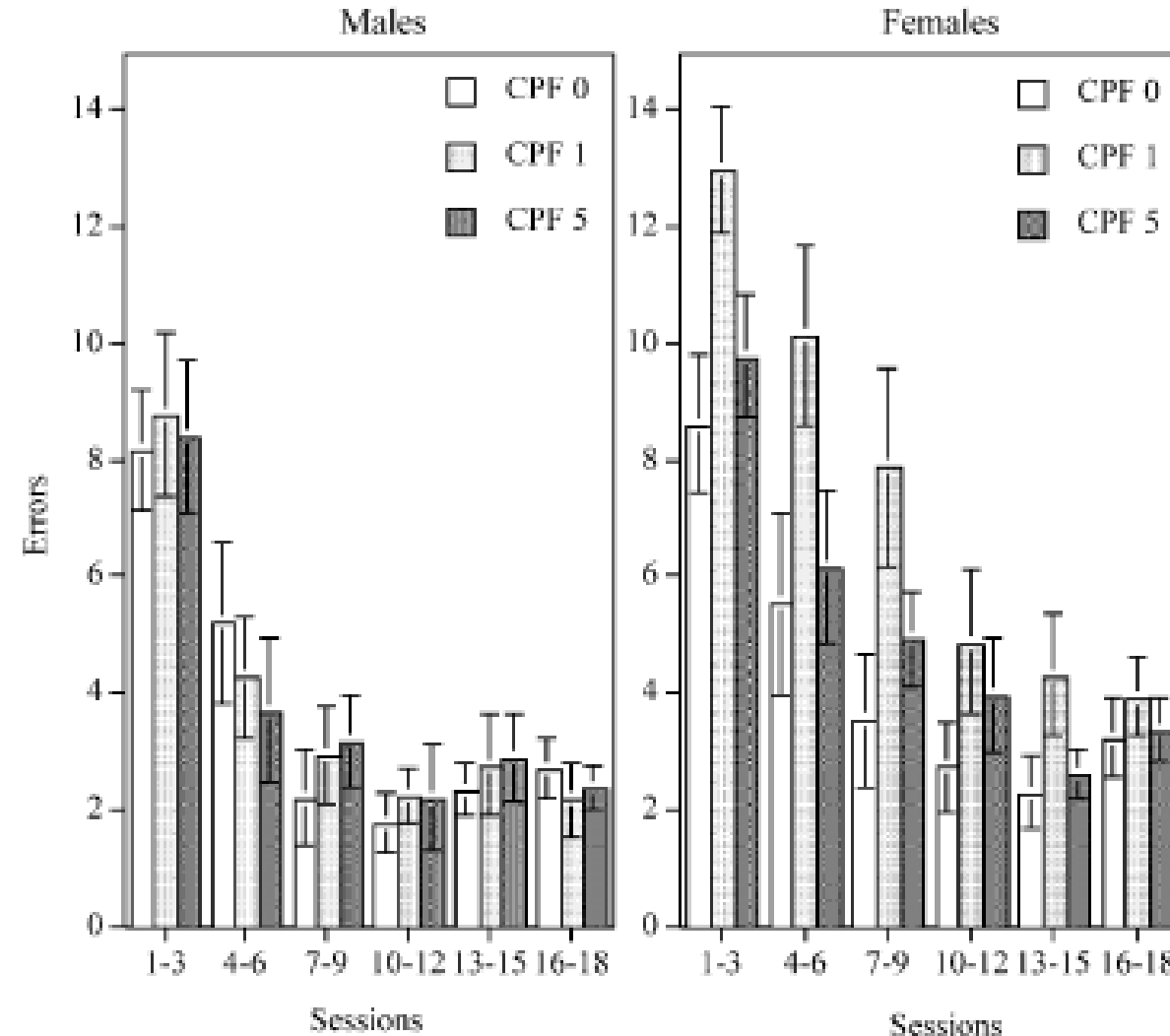
Dr. Louis Guillette

# Neuro-endocrine-immune inverse dose effects

## Prenatal Chlorpyrifos Effects on 16-Arm Radial Maze Acquisition Working Memory Errors

**Neurological inverse dose –**  
*female* learning affected at  
*lowest* dose

Chlorpyrifos =  
organophosphate  
insecticide (OP) –  
neurotoxic by design



**Levin *et al.* 2002. Neurotox. and Teratology** Males impacted at higher doses  
Reproductive impairment

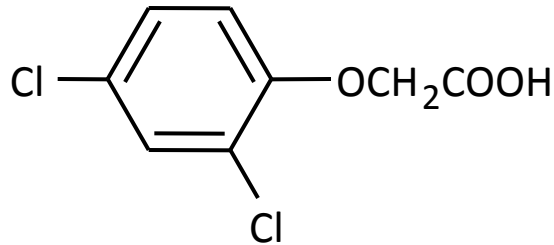


# Compromised hormone (reproductive) function at low levels

**Herbicide induction of abortions and resorptions of embryos?**

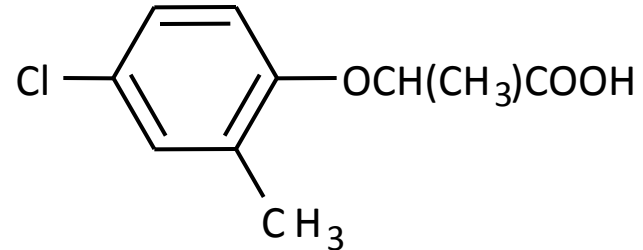
A common lawn chemical mix...

## Chlorophenoxyacetic acid derivatives



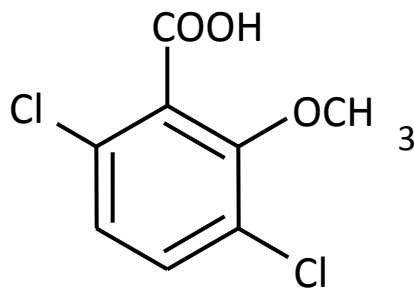
**2,4-D (+ 2 small dioxins)**

**(PR-GMO 2,4-D resistant alfalfa)**



**Mecoprop**

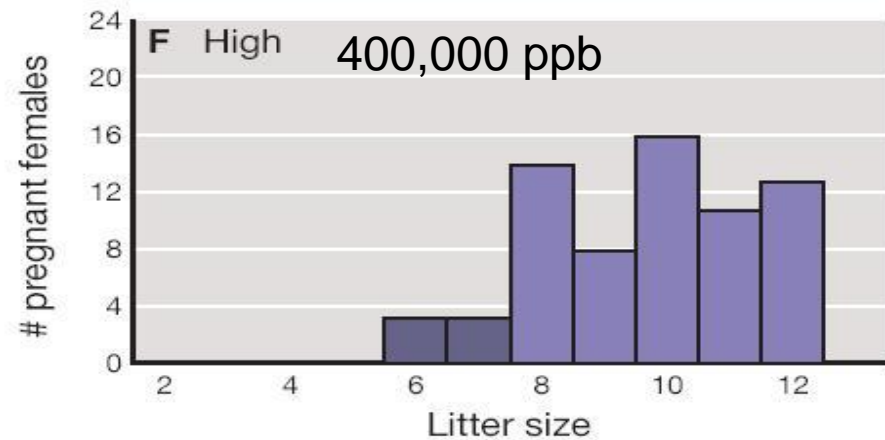
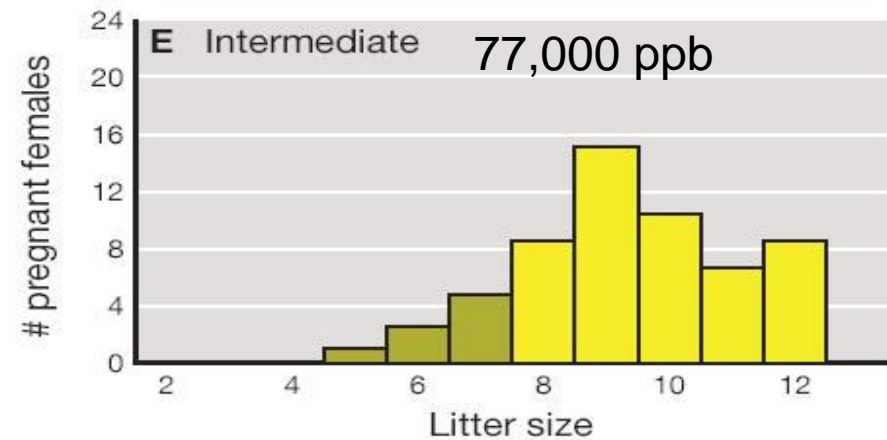
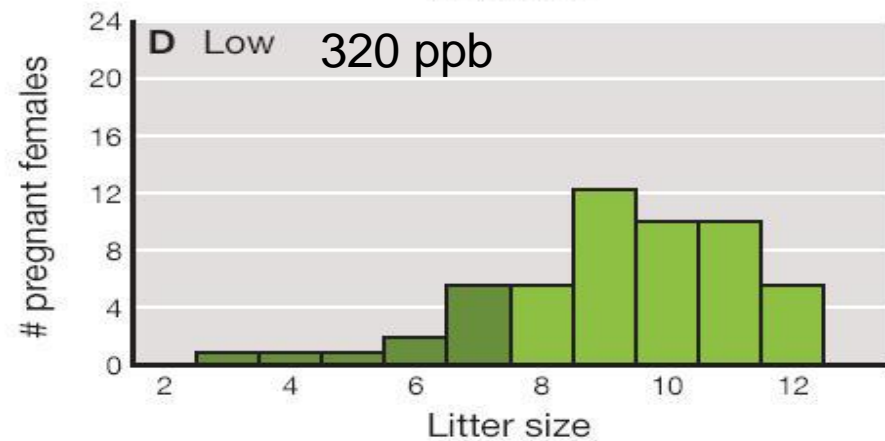
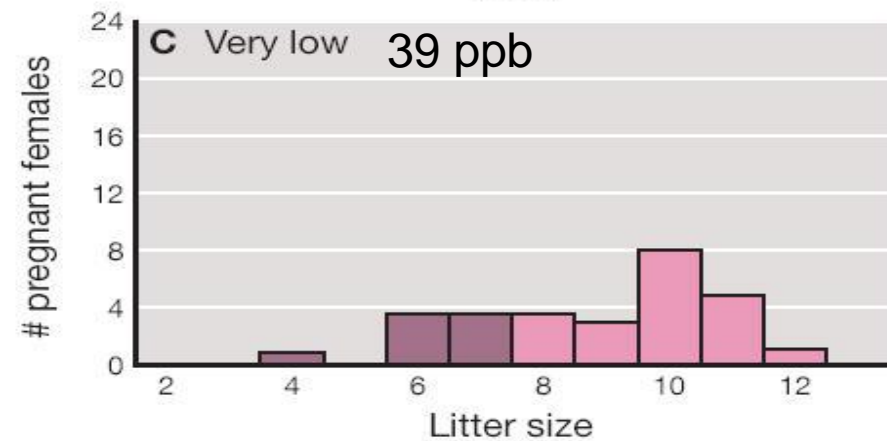
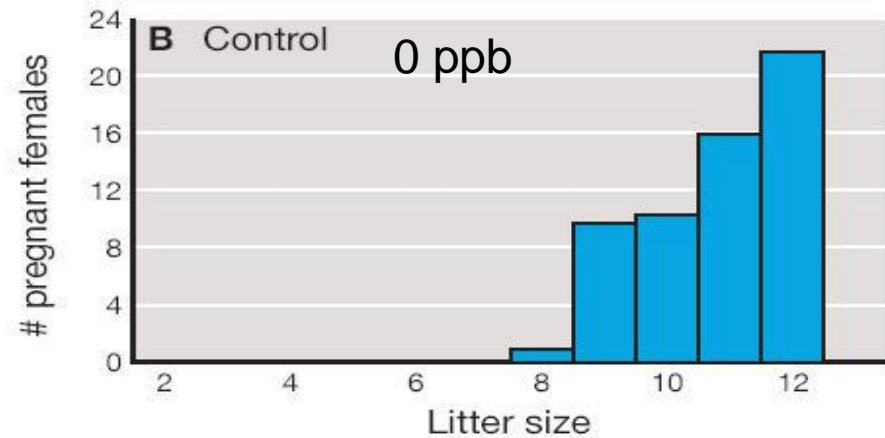
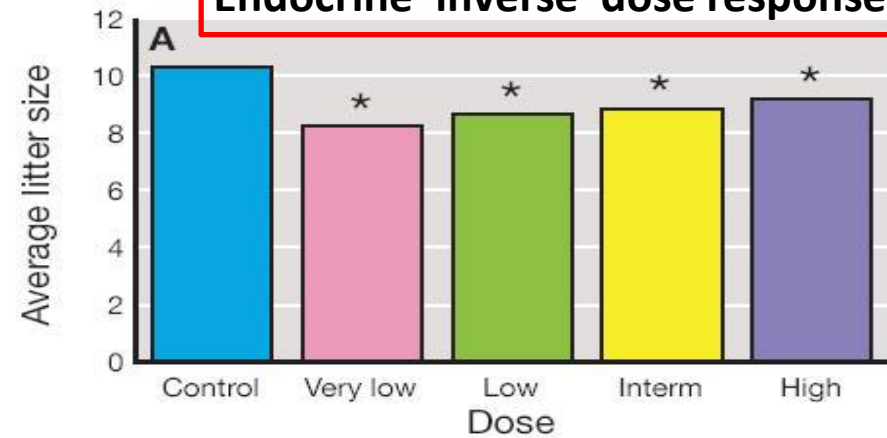
## Benzoic acid derivative



**Dicamba**

Notice ring-shaped  
(*fat soluble*) structures  
and strong negatively  
charged  $\text{Cl}^-$  and  $\text{COOH}^-$  groups  
(*water soluble*)

# Endocrine 'inverse' dose response



# Compromised immune function at low concentrations

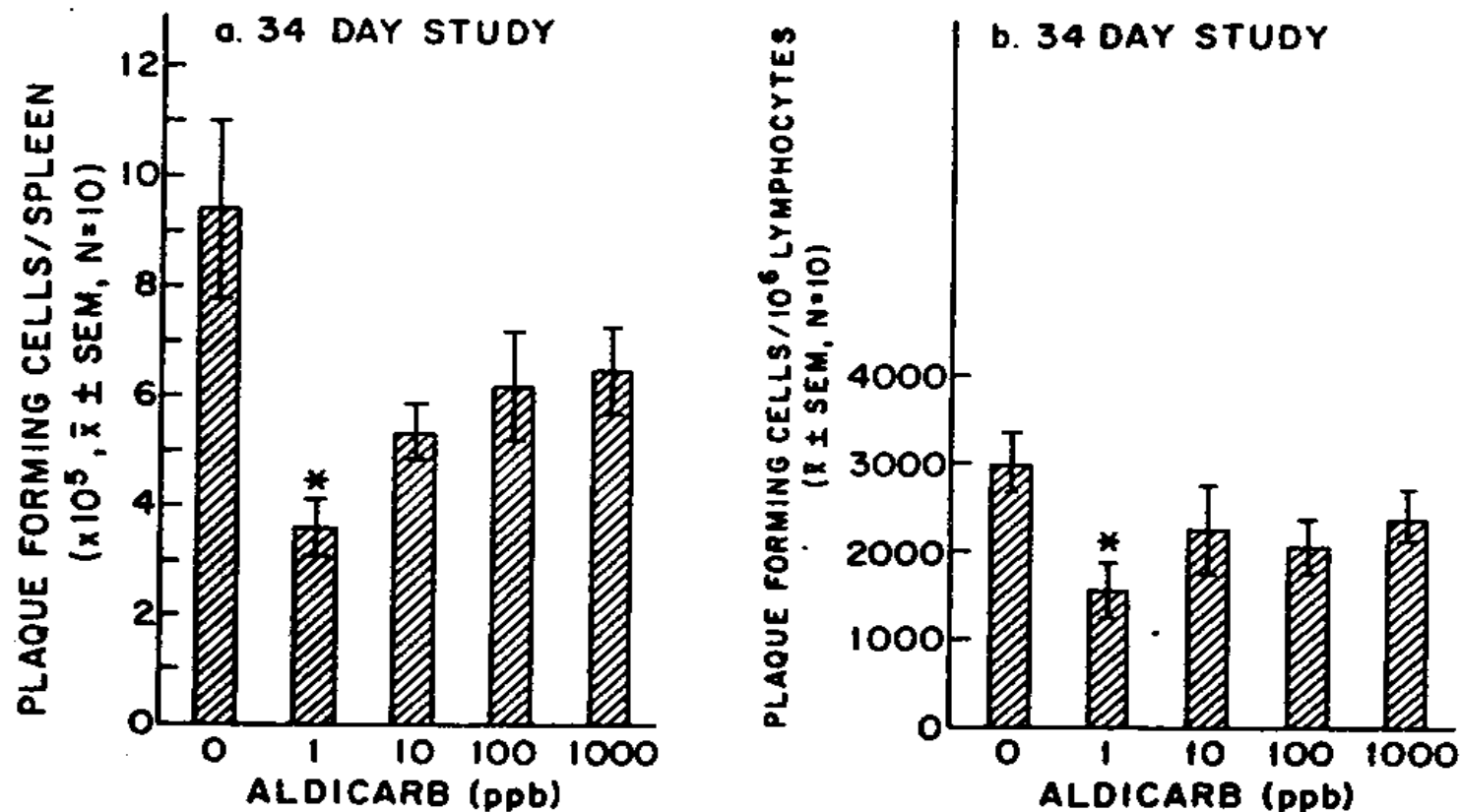
Immune  
Inverse  
Dose

Response  
34 days  
Exposure

Olson et al,  
1987. Arch  
Env

Contam

Toxicol. 16:  
433-439.



**Fig. 2.** (a) Plot of PFC's/spleen for four aldicarb drinking water doses given for 34 days (Exp. 2). (b) Plot of PFC's/ $10^6$  viable spleen lymphocytes for four aldicarb doses in the 34 day experiment (Exp. 2) (\* indicates significant difference [ $p < 0.05$ ] from distilled water controls)



# Immune insult is associated with many serious chronic health problems

**Table 1. Diseases Associated with Early-Life Immune Insult and DIT and Potential for Restorative Immunotherapy**

Target Diseases And Conditions	DIT/Cytokine Dysfunction	Environmental Risk Factors	Key References
Asthma & Allergic Diseases	Hyper-IgE, Th2 Bias With Skewed Cytokine Production, Dendritic Cell Maturation Block	Maternal Smoking, ETS, Heavy Metals, Genistein, Prenatal Antibiotics, Ascaris vs. TB Exposure, Allergen Exposure Without LPS, Caesarian Delivery, Diesel Exhaust, Drugs Of Abuse	[3,7,12,42,57-59,64, 65,68, 71,184-187]
Autoimmunity	Thymic Selection Interference, Regulatory T Cell Dysfunction, Hyper-Inflammation	DES, Xenoestrogens, Complicated Delivery, Heavy Metals, TCDD, Atrazine, Maternal Infection	[26,28,73-75,188-190]
Infectious Diseases, Ineffective Vaccine Responses	Skewed Th Balance, Hyper-Inflammation, Dendritic Cell Interference; Reduced Leukocyte Migration	PCBs, TCDD, Heavy Metals, Maternal Smoking, ETS, Maternal Alcohol, Prenatal Antibiotics, Prenatal Malnutrition, Nonyphenol, Drugs of Abuse	[4, 22, 29, 56, 58,77, 78, 191-195]
Cancer	Th1 Cytokine Suppression, NK Cell Suppression, CTL Suppression	Maternal Smoking, ETS, Metals, Maternal Alcohol, PAHs, Nonyphenol	[15, 18, 20, 29, 80]
Neurodegen. Disease & Neurocognitive Loss	Inflammatory Cell Dysfunction, Hyper-Production of Proinflammatory Cytokines	Maternal Infection/Stress, Lead and other Metals, PAHs	[32,82,83,85, 88, 196-199]
Cerebral Palsy	Cytokine Network Disruption	Maternal Infection/Stress	[89]
Atherosclerosis	Macrophage Dysfunction, Hyper-Inflammation	Lead, Cadmium	[200]
Hypertension	Prenatally-Programmed Immune Cell Infiltration Of The Kidney	Maternal Low Protein Diet, Prenatal IL-6 Exposure	[92,201]
Male Sterility	Macrophage Homeostatic Disruption And Hyper- Inflammation	Lead	[91]

# Gut inflammation with PR-&PP-GMO foods

Inflammation indicates strong immune activity, 'leaky' connections between cells, opportunity for bacteria and other substances to escape the gut and enter the blood stream.



Carman, J. A., et al. (2013). A long-term toxicology study on pigs fed a combined genetically modified (GM) soy and GM maize diet. *Journal of Organic Systems* 8(1): 38–54.

# Complete Genes May Pass from Food to Human Blood

**Sándor Spisák<sup>1,2\*</sup>, Norbert Solymosi<sup>3,4</sup>, Péter Ittész<sup>3</sup>, András Bodor<sup>3</sup>, Dániel Kondor<sup>3</sup>, Gábor Vattay<sup>3</sup>, Barbara K. Barták<sup>5</sup>, Ferenc Sipos<sup>5</sup>, Orsolya Galamb<sup>5</sup>, Zsolt Tulassay<sup>1,5</sup>, Zoltán Szállási<sup>2</sup>, Simon Rasmussen<sup>6</sup>, Thomas Sicheritz-Ponten<sup>6</sup>, Søren Brunak<sup>6</sup>, Béla Molnár<sup>1,5</sup>, István Csabai<sup>3,7</sup>**

**1** Molecular Medicine Research Group, Hungarian Academy of Sciences, Budapest, Hungary, **2** Children's Hospital, Harvard Medical School, Boston, Massachusetts, United States of America, **3** Department of Physics of Complex Systems, Eötvös University, Budapest, Hungary, **4** Department of Animal Hygiene, Herd Health and Veterinary Ethology, Szent István University, Budapest, Hungary, **5** 2nd Department of Internal Medicine, Semmelweis University, Budapest, Hungary, **6** Center for Biological Sequence Analysis, Technical University of Denmark, Lyngby, Denmark, **7** Department of Physics and Astronomy, The Johns Hopkins University, Baltimore, Maryland, United States of America

## Abstract

Our bloodstream is considered to be an environment well separated from the outside world and the digestive tract. According to the standard paradigm large macromolecules consumed with food cannot pass directly to the circulatory system. During digestion proteins and DNA are thought to be degraded into small constituents, amino acids and nucleic acids, respectively, and then absorbed by a complex active process and distributed to various parts of the body through the circulation system. Here, based on the analysis of over 1000 human samples from four independent studies, we report evidence that meal-derived DNA fragments which are large enough to carry complete genes can avoid degradation and through an unknown mechanism enter the human circulation system. In one of the blood samples the relative concentration of plant DNA is higher than the human DNA. The plant DNA concentration shows a surprisingly precise log-normal distribution in the plasma samples while non-plasma (cord blood) control sample was found to be free of plant DNA.

**Citation:** Spisák S, Solymosi N, Ittész P, Bodor A, Kondor D, et al. (2013) Complete Genes May Pass from Food to Human Blood. PLoS ONE 8(7): e69805. doi:10.1371/journal.pone.0069805



**compromise epigenetic function <-> metabolome changes**

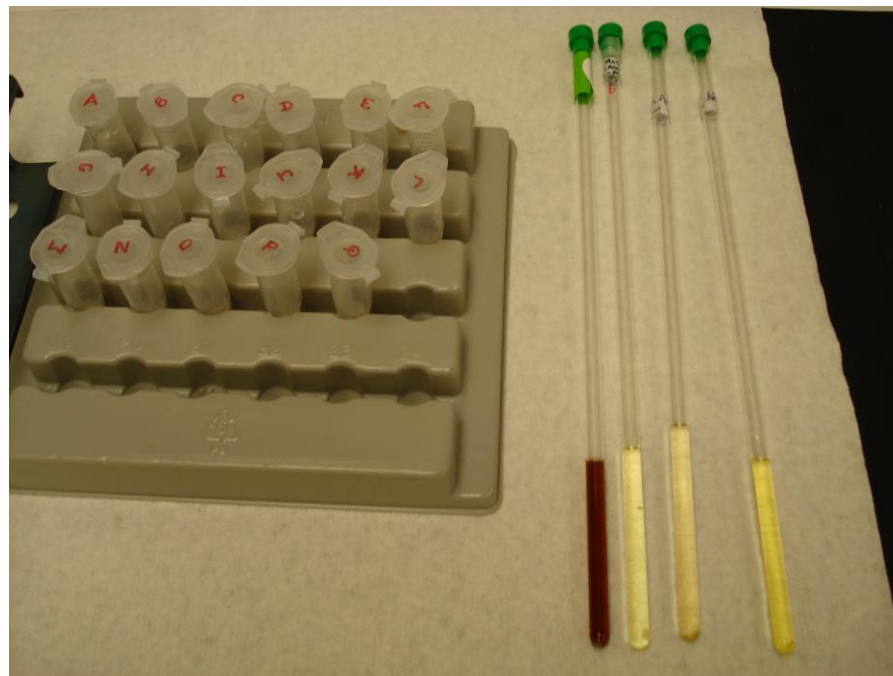
**New technologies developed by  
Dr. Fariba Assadi-Porter**



**Metabolome Dynamics Platform (MDP)**- from 30 uL of cell culture, tissue samples or biofluids of whole organisms -unbiased detection of biomarkers that change in response to perturbations, e.g. stress, infection, disease, toxicants, hibernation, substrate utilization, gut microbiome functions, etc.

**Stable Isotope Assisted Labeling (SIAL)**- biochemical pathway shifts and *flux measurements in real time non-invasively (breath)* in response to perturbations, e.g. stress, infection, disease, toxicants, hibernation, etc.

Samples in  
NMR tubes



NMR  
machine



# Output from NMR spectroscopy

## Onset of infection in mice

- Complex signals
- Signals translated to identify and quantify metabolites
- Fast data collection (15-120 min)
- Non-destructive

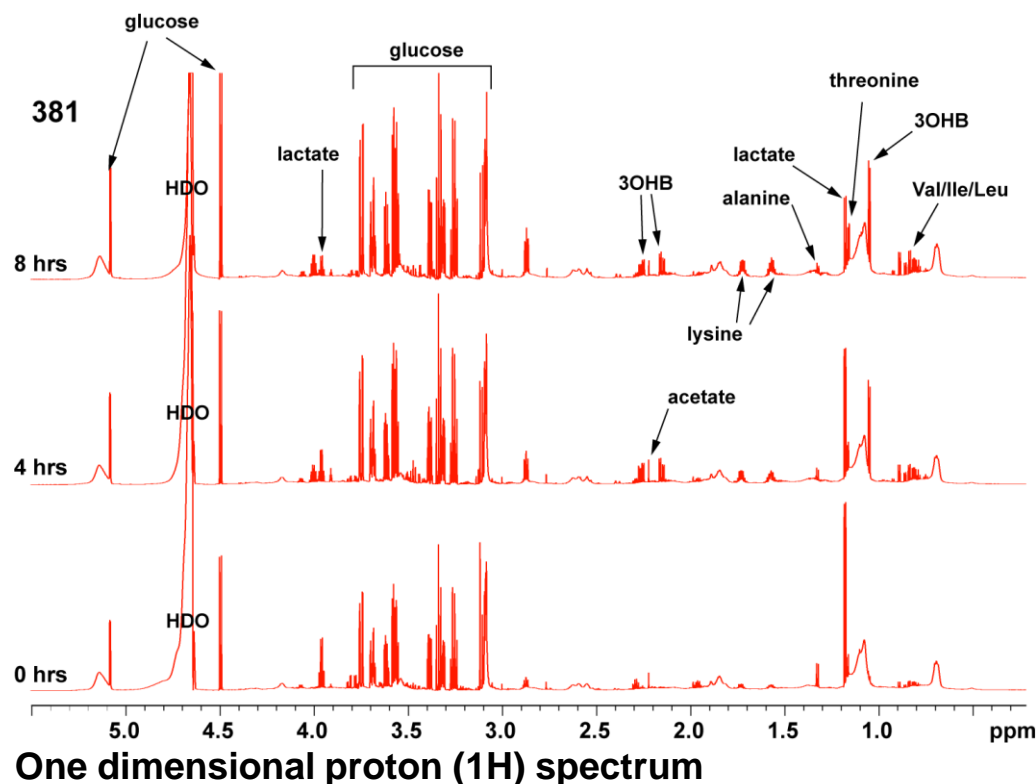
Spectra

- Patterns and temporal

Changes of signals at the individual level

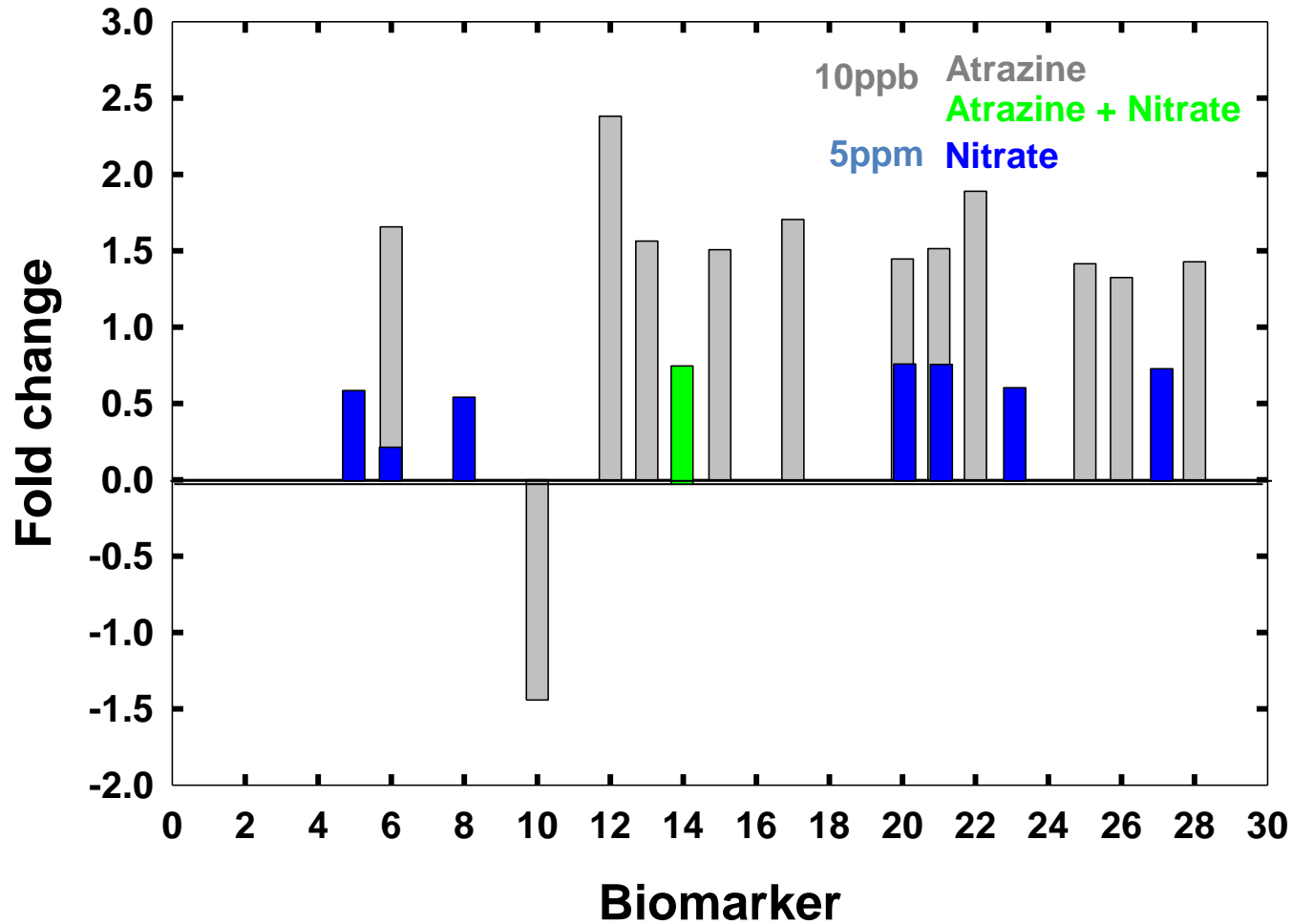
- Rapid analysis
- Allows identifying healthy from disease

NMR



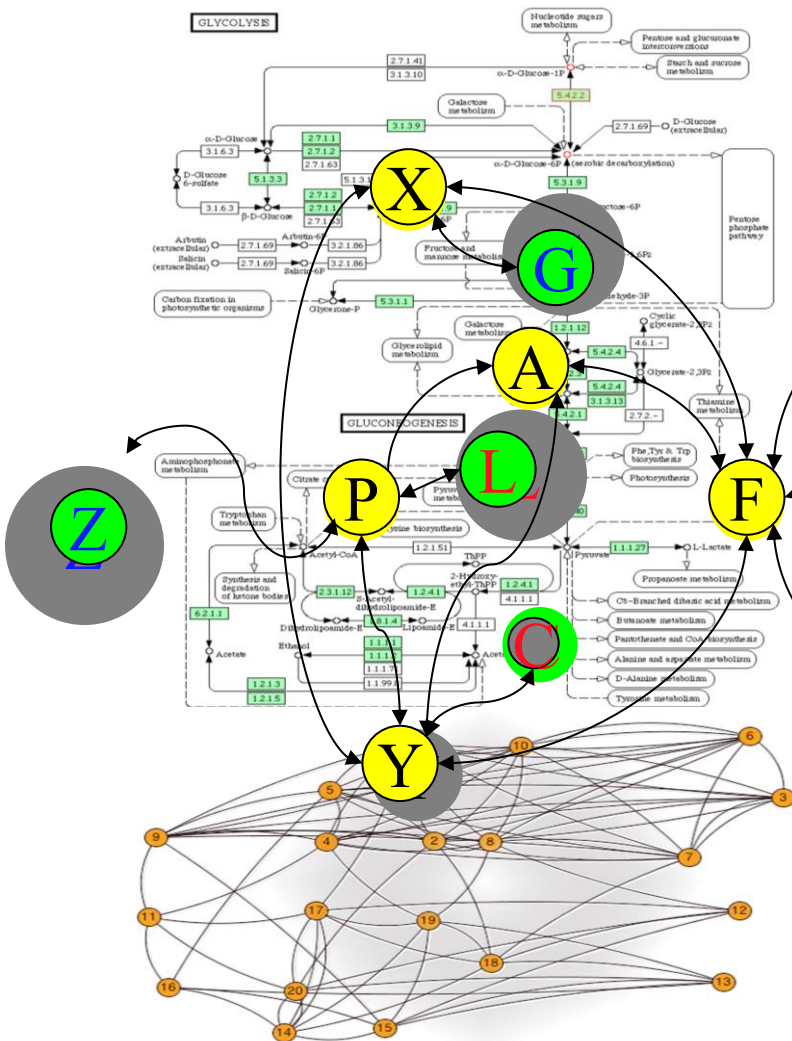


## Metabolome profile changes in mice in the presence of low levels of atrazine and/or nitrate in drinking water



key lipid, amino acid and TCA cycle pathways altered

# Metabolome Dynamics Platform (MDP)



**Glycolysis/Gluconeogenesis**  
pathway (complex network)

A net effect in a complex system

ID a reduced subset of metabolites

Patterns of metabolites

**Computational platform (MDP)**



# Opportunity for solution = **CHANGE MARKET SHARE**

1. Educate the buying public    What GMO labeling is all about!
2. Invest in
  - a. *product purchases* - the lifeblood of all companies. A change in market share of 0.5% elates or depresses CEOs & Boards of Directors depending on change direction
  - b. *company stocks* - stock market position is important to all CEOs and companies
  - c. *research support* - National Science Foundation currently flunks out 85% of all research proposals in the biological sciences, though program directors & review panels deem 85% worth of funding. 'Those who innovate & implement fastest win' - Adam Smith, Charles Darwin



# How do you control population size?

## (The ecology of ecotoxicology)

### **1) Decrease births**

- a) lower fertility**
- b) reduce mating success**
- c) increase birth defects (greatest source of infant mortality)**
- d) change fetal gene expression**

### **2) Increase deaths**

- a) enhance aggression**
- b) contaminate air, food, water**
- c) compromise neurological, hormone, immune and epigenetic functions (none tested in EPA registration)**
- d) alter the metabolome (biochemical pathways)**

# Summary – what have we learned?

Data suggest that we may be sexually assaulting our children *in utero*, possibly altering their sexual preferences or aborting them prematurely.

Virtually no marketed pesticide formulation has *ever* been registered by the EPA.

Registrations do *NOT* include tests for neurological, endocrine, immune, developmental or epigenetic (DNA methylation) tests.

Data for registrations come from the companies that *make* the chemicals -a clear *conflict of interest*.

**Can we afford to raise generations of children that are neurologically, endocrinologically, immunologically and reproductively impaired?**

**Can we afford to induce chronic, long term subtle diseases and alter genetic expression that may be passed to subsequent generations?**



**The co-pilot**