Royal Cornwall Hospital: developed nutritionally rich ice cream with British producer Callestick Farm

What did they do?

- The hospital noticed that patients often didn't have much of an appetite, but would always eat ice-cream.
- They contacted their local ice-cream supplier in Cornwall, Callestick Farm, to see if they could boost the protein and fat content in the ice-cream as well as increasing the calories.

What were the results?

- Callestick Farm now sells this ice-cream as a bespoke recipe not only for the Trelisk hospital, but across 70-80 hospitals and nursing homes in Devon and Cornwall as well as further afield through Brakes, a Love British Food partner.
- Hospital patients and care home residents can more easily access the nutrition they need through food they are happy eating.
- Callestick Farm has seen a 13-15% growth year on year for the last 3 years through their partnership with Brakes and the public sector.



