

Extraordinary Eucharistic Minister Instructions

Thank you for assisting the priest and deacon distribute the most blessed sacrament to the community! As an Extraordinary Minister you participate in the direct connection of our parishioners to the second person of the Trinity, Jesus, our Lord and savior. This is an amazing service that requires great reverence and honor. In the words of Pope Francis, “The Eucharist is Jesus who gives himself entirely to us, feeding on Him and abiding in Him through Eucharistic communion – if we do so in faith – transforms our lives into a gift to God and to our brothers and sisters.” To aid you in your efforts we have compiled these instructions.

Before Mass

- On the Tabernacle side of Church there is a board where the medallions for the Extraordinary Eucharistic Ministers are hung. Go and put one on to show that you are an extraordinary minister for that mass.

The Liturgy of the Word

- Pray upon the word to prepare yourself for your role.

The Liturgy of the Eucharist

- At the end of the Our Father make your way to the spot where the medallions were.
- Please sanitize your hands before distributing.
- Kneel or stand reverently near the song board during the Fraction (when Father says, “Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.”)
- After Father receives the Precious Blood, walk reverently to the altar.
- After the Spiritual Prayer for Receiving Holy Communion is read, receive the Blessed Sacrament and wait for Father to give you a ciborium.
- After you receive the Ciborium, wait for Father to exit the sanctuary.

- When Father leaves the sanctuary, leave the sanctuary and go to your post to distribute the blessed Sacrament.
- As people come to receive the Blessed Sacrament make sure they are consuming the Eucharist before leaving for their pew.
- If someone comes up and does not want to receive, or is unable to receive, offer them a small prayer, like: “May God strengthen you in Faith” Or something similar. Do not Bless them.
- After your section is cleared, look to see if the people in the handicapped section have received. If not, go distribute the blessed sacrament to them. If they have and Father is still distributing in the center alone, go and distribute next to him.
- After you are finished distributing bring the Ciborium back to the altar.
- Return to your pew and say a prayer of thanksgiving for the opportunity to receive our Lord and savior.

After Mass

- Return the medallion to the board.
- Help return the Sacred vessels to the Sacristy.
- Please clean the sacred vessels and return them to their appropriate spots.

Thank you for being an Extraordinary Eucharistic Minister! It is truly a blessing to have you enter into the mass in such an important fashion. May God bless you and your families abundantly!