

**DOUGLAS COUNTY****VOLUNTEER INCOME TAX ASSISTANCE (VITA)**

Looking for people that can use a computer and work with clients. 14 weeks of tax season with a minimum commitment of one day per week. Training & testing all through computer with in-person training as needed. Come out and help file taxes and generate needed money back to Northern Wisconsin.

MOMENTS HOSPICE

Helping individuals and their families in their critical times. Volunteer abilities range from behind-the-scenes office assistance to holding vigil during the last moments and reaching out to families afterwards. Each position is an integral need in helping our loved ones cross over.

SOLID ROCK SAFE HAVEN MEN'S SHELTER

Located in Superior is a homeless shelter for adult men. Looking for weekend front desk help when needed. Connect with RSVP to see how your service can benefit the greater community by assisting them to become self-sufficient.

LEW MARTIN SENIOR CENTER/RSVP

Multiple opportunities to work with a team to get a project done or help provide phone coverage or other projects at the Lew Martin Senior Center. Computer work is optional. We will work with your schedule.

BAYFIELD COUNTY**ABC THRIFT SHOP**

Benefits the community by providing a way to upscale items at low cost. Sort, mark and display items while others run the cash register. Work with and meet new friends. Step up to solve a community need. Proceeds benefit the Chequamegon Bay area through grant requests to its Board of Directors. Open Monday-Saturday 10 am to 4 pm.

BAYFIELD COUNTY GOVERNMENT

Zoning Facilitator: Housing planning development zoning codes are all difficult things to wrap your mind around, But, if you want to impact the future, zoning facilitator may be your opportunity. Experience with meeting facilitation, an understanding of zoning and housing preferred. Take what you have learned and give it forward to the next generation.

Grant Writing Mentor: Writing is a difficult skill for many people. Use your skills to help with technical writing or grant writing. Previous experience needed to fill this volunteer opportunity. Take what you have learned and use it to teach the generation.

Social Media Advisor: Do you know social media and would like to help a community organization with it? Bayfield County wants your help to guide staff in the new world of social media. Examples needed to demonstrate experience.

Social Work Mentor: Are you a retired social worker and still looking to help contribute to that next generation? Help mentor new case managers to be all that they can be.

WASHBURN CHAMBER OF COMMERCE

Volunteers will be helping with events and other activities as needed.

WASHBURN SCHOOL DISTRICT

Assist the full time district garden caretaker with caring for and maintaining the various gardens on site at the Washburn School knowing this is an important resource for staff, students, and the community.

CORE COMMUNITY RESOURCES

Maintain the Durable Medical Equipment (DME) in CORE's leading closet. Responsible for keeping records (inventory and items needing repair) and equipment in order. Communication and organization skills needed. About 2 hours every month. Help keep this important resource going in northern Bayfield County.

IRON COUNTY

IRON COUNTY HISTORICAL MUSEUM

Research local history, talk to people about local history, assist with exhibits, displays & special events. The Weaving Room is home to looms and weavers who use old methods to create beautiful rugs which may be purchased by the public. Proceeds stay with the museum to cover operating costs. Open Wednesday, Friday, Saturday 10 am to 2 pm.

THE PAW SHOP

Benefits the community by providing a way to upscale items at low cost. Sort, mark and display items while others run the cash register. Work with and meet new friends. Step up to solve a community need. Proceeds benefit the Mercer Schools. Open Tuesday-Friday 10 am to 4 pm, Saturday 10 am to 2 pm.



AMERICAN RED CROSS (IN ASHLAND, BAYFIELD, AND IRON COUNTIES)



The American Red Cross is in need of help.

- Disaster Action Team responds day or night to meet the needs of their neighbors. Both online or in person training opportunities are available and free of charge.
- Shelter Support Team supports the day-to-day activities within a shelter, may include working in reception, registration, feeding, dormitory, information, or other areas within a shelter.
- Disaster Health Services Team is looking for licensed healthcare providers to deliver hands on care and education to shelter residents. Free online training can be counted towards your nursing continuing education units.

COMMENTS/FEEDBACK REGARDING SCOPING IN

We want to continue to serve you and to improve we need your comments/feedback about Scoping In. Want to comment about a story? Looking for a story that needs to be told? Issues with our layout, fonts, text sizes? Looking for certain classes or do not like something that we are offering? We want to hear from you. Please call us or email us at bethrsvp@northwest-csa.org so that we can continue to improve.

Sit Tall, Feel Better:

Easy Chair Stretches for Posture



1. Neck Stretch

Sit up straight. Look left, look right, and gently stretch each side in the process. This helps release tension and keeps your neck flexible.



2. Shoulder Rolls

Roll your shoulders backward and then forwards in big, slow circles. Make sure you are sitting up as straight as possible. This loosens tight muscles and encourages upright posture.



3. Seated Side Stretch

Raise one arm overhead and lean gently to your opposite side. This opens up the muscles in your sides and keeps your spine happy.



4. Chest Opener

Lean forward and clasp your hands behind your back, and gently pull your shoulders back. Perfect for counteracting that forward hunch.



“ It's one thing to be a part of an organization. It's another thing to be a part of the community. ”

TRAVIS KELCE



16 VOLUNTEER OPPORTUNITIES

January to May 2025

ASHLAND COUNTY

VOLUNTEER INCOME TAX ASSISTANCE (VITA)

Looking for people that can use a computer and work with clients. 14 weeks of tax season with a minimum commitment of one day per week. Training & testing all through computer with in-person training as needed. Come out and help file taxes and generate needed money back to Northern Wisconsin.

PARTNERS OF TAMARACK HEALTH THRIFT STORE

Benefits the community by providing a way to upscale items at low cost. Sort, mark, and display items while others run the cash register. Work with and meet new friends. Step up to solve a community need. Proceeds benefit the Tamarack Health Center in Ashland. Open Monday-Friday 10 am to 4 pm.



THE BRICK MINISTRIES FOOD PANTRIES

Locations in Ashland, Mellen, Cornucopia and Cable. Distribute food and personal care items to those in need. Days and times vary every month depending on the location you volunteer at.

ASHLAND AGING UNIT

Help serve the most vulnerable in our community, seniors who are homebound.

- Meals on Wheels Drivers and Pet Support Volunteer: Helping to ensure pets have the food and care they need is essential to enhancing the quality of life to both Meals on Wheels clients and their beloved pets. From coordinating food delivery and keeping track of inventory to building community partnerships and reporting concerns to supervisors, this position has a direct and immediate impact with your friends and neighbors.
- Faith in Action - Respite Volunteer: Help upcoming sites located in Ashland, Washburn and Cable provide caregivers the opportunity to get some much needed self-care at the drop-in respite sites. By helping clients with snacks, meal assistance, and other social aspects, their caregivers will have peace of mind knowing their loved ones are safe.
- Behind the Scenes Volunteers: Not all positions require you to be in the lime light, there's plenty of work to be done that no one sees. Help with office needs, phone calls, and many other duties knowing that without your help, many of these programs would struggle to stay available.

ASHLAND HISTORICAL MUSUEM

Research local history, talk to people about local history, assist with exhibits, displays & special events. And if computer savvy, input data into their historical files. Hours vary depending on season of the year.

ASHLAND COMMUNITY SHELTER

Variety of projects and needs at this location. Connect with RSVP to see how your service can benefit the greater community.

CLOSETS AND CUPBOARDS

Maintain and update items donated to this "free store". Clothing both, casual and career basic, formals, and kitchen items are all under one roof. Sort, fold, hang, and display items that are still usable.

OFFICE HELP AT NWCSA-RSVP

Work as a team to get projects done like shredding, sorting, calling volunteers and other various duties. Computer work is optional. 3 hours weekly or whatever works in your schedule.

