

Grilled**Whole****Half**

Name: _____

Special Instructions: _____

#1	#2	#3
#4	#5	#6
#7		#9
#10	#11	

Rst. Turkey	Tuna Salad	Blk. Tofu
Sm. Turkey	Chicken Salad	Field Roast
Ham	Egg Salad	Falafel
Roast Beef		Veggie

Whole Wheat 9 Grain	Sourdough Rye	Wrap Gluten-Free +(1.00)
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Cheddar Pepper Jack	Provolone Swiss	
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Lettuce	Carrots	
Tomato	Spinach	Jalapenos
Onion	Pickles	Pepperoncinis
Cucumbers	Olives	

Mayo	Honey Mustard	Vegenaise
St. Mustard	Hummus	
Yellow Mustard	Tahini	

Extra Cheese	Tofu	Vegan Cheese
Avocado	Pesto	Extra Meat
Cream Cheese	Cranberry	Bacon

Marlene's Lunch: Original

Veggies & Rice: Tahini / Peanut Sauce

Soup:

8oz. 12 oz. 16 oz. 32 oz.

Sandwich Special

IN STORE USE ONLY

Whole / Half	Cold	Grilled
#1	#2	#3
#4	#5	#6
#7		#9
#10	#11	
Turkey	Marlene's Lunch	Extras Bacon whl. / hlf.
Ham	Veggies & Rice	Ex. Cheese whl. / hlf.
Chicken Salad		Ex. Meat whl. / hlf.
Tuna Salad	Soup & 1/2 sand.	V. cheese whl. / hlf.
Roast Beef		Avocado whl. / hlf.
Egg Salad	Sand. Special- HOT	Tofu whl. / hlf.
Field Roast	Sand. Special - COLD	Cranberry
Veggie	8 oz. soup	Pesto
Falafel	12 oz. soup	Cream Cheese
Blk. Tofu	16 oz. soup	Gluten Free Bread
	32 oz. soup	

**Federal Way****Fax** 253.529.0446**Phone** 253.839.0933

We cannot guarantee that all orders sent by fax are received. PLEASE CALL TO CONFIRM that your order has been received and to ensure availability of items ordered.

Tacoma**Fax** 253.472.5194**Phone** 253.472.4080

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