

#1 BEST-SELLING MUSHROOM BRAND IN THE U.S.

Source: SPINScan Natural/52 Wks Ending 12/31/2023

HOST DEFENSE[®]
Mushrooms[™]

**LOCALLY
OWNED**

AVAILABLE AT MARLENE'S MARKET

**ALL HOST DEFENSE PRODUCTS ARE 25% OFF
THROUGH APRIL 30, 2024!**

Founded by renowned mycologist Paul Stamets, Host Defense[®] Mushrooms[™] is a leader in formulating products that support brain health, the immune system, energy and stamina, and stress reduction. Host Defense is locally owned and located near Olympia, Washington.*



TikTok (@fungiperfecti)
IG & FB (@HostDefense)
YouTube (HostDefenseMushrooms)

hostdefense.com

Fungi Perfecti, makers of Host Defense[®] Mushrooms[™], is dedicated to **HELPING BEES, TREES, PEOPLE & PLANET**. We're proudly **110% CLIMATE POSITIVE**, offsetting emissions from scopes 1, 2, and 3!

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



THE ORGANIC SKIN COMPANY Skin Care

Assorted sizes and varieties

20 % off

In-store prices reflect discount. No additional discount at register.



MELORA Manuka Honey & Body Care with Manuka Honey

Assorted sizes and varieties

30 % off

In-store prices reflect discount. No additional discount at register.



HIBAR Shampoo & Conditioner Bars

Assorted sizes and varieties

Plastic Free!

35 % off

In-store prices reflect discount. No additional discount at register.



GIOVANNI Hair Care

Assorted sizes and varieties

30 % off

In-store prices reflect discount. No additional discount at register.



SUKIN Body Care

Assorted sizes and varieties

30 % off

In-store prices reflect discount. No additional discount at register.



FORCES OF NATURE Topical Treatments

Assorted sizes and varieties

20 % off

In-store prices reflect discount. No additional discount at register.



DR. BRONNER'S Pure Castile Soap Refill Cartons

Assorted sizes and varieties

30 % off

In-store prices reflect discount. No additional discount at register.

Also on sale in April!

Natracare
Sky Organics
Earth Mama Organics
All Good
Tiger Balm

Mineral Fusion Cosmetics
Earths Care
Badger Sun & Bug
Camamu Soaps
Up Circle

In-store prices reflect discount. No additional discount at register.



KETTLE FOODS
Potato Chips
Assorted sizes and varieties

25 % off

In-store prices reflect discount. No additional discount at register.



PIPCORN
Heirloom Snacks
4.5 oz Assorted varieties

25 % off

In-store prices reflect discount. No additional discount at register.



LOVE CORN
Crunchy Corn Snack
4 oz Assorted varieties
Reg. 4.59

3²⁹

In-store prices reflect discount. No additional discount at register.



PROBAR
Nutrition Bars & Energy Chews
Assorted sizes and varieties

25 % off

In-store prices reflect discount. No additional discount at register.



COCOMELS
Organic Coconut Milk Caramels
Assorted sizes and varieties

30 % off

In-store prices reflect discount. No additional discount at register.



MAVUNO
Organic Dried Fruit
Assorted sizes and varieties
Sustainably Sourced and Grown!

25 % off

In-store prices reflect discount. No additional discount at register.



PATIENCE FRUIT CO
Dried Cranberries & Candy
Assorted sizes and varieties

25 % off

In-store prices reflect discount. No additional discount at register.



PATAGONIA PROVISIONS
Organic Crackers
4.4 oz Assorted varieties
Reg. 6.69

4⁹⁹

In-store prices reflect discount. No additional discount at register.



Always leave the earth better than you found it!



**NATURE'S PATH
Organic Cereal & Granola**

Assorted sizes and varieties

25 % off

In-store prices reflect discount. No additional discount at register.



**DR. BRONNER'S
Organic Chocolate Bars**

3 oz Assorted varieties
Reg. 6.29

3⁵⁹

In-store prices reflect discount. No additional discount at register.

USA Sourced!



**PROUD SOURCE
WATER
Alkaline Spring &
Sparkling Water**

Assorted sizes and varieties

20 % off

In-store prices reflect discount. No additional discount at register.



**BOXED WATER
Purified Water**

Assorted sizes and varieties

Sustainable Packaging!

30 % off

In-store prices reflect discount. No additional discount at register.

Protects Biodiversity!



**SAMBAZON
Organic
Acai Fruit**

Assorted sizes and varieties

25 % off

In-store prices reflect discount. No additional discount at register.



**EQUAL EXCHANGE
Organic Coffee,
Tea & Chocolate**

Assorted sizes and varieties

25 % off

In-store prices reflect discount. No additional discount at register.



**BABA SMALL BATCH
Organic Chickpea
Flatbread**

Assorted sizes and varieties

25 % off

In-store prices reflect discount. No additional discount at register.



**SIETE
Tortillas, Sauces
Beans & Cookies**

Assorted sizes and varieties

Gluten Free!

25 % off

In-store prices reflect discount. No additional discount at register.



MAMMA CHIA FOODS
Organic Chia Drinks & Pouches

Assorted sizes and varieties

25 % off

In-store prices reflect discount. No additional discount at register.



UNCLE MATT'S
Organic Orange Juice

52 oz Assorted varieties

25 % off

In-store prices reflect discount. No additional discount at register.



NGUYEN COFFEE
Vietnamese Cold Brew Coffee

7.5 oz Assorted varieties
Reg. 4.59

25 % off

In-store prices reflect discount. No additional discount at register.



BIZZY COLD BREW
Organic Unsweetened Cold Brew Coffee

48 oz Assorted varieties

30 % off

In-store prices reflect discount. No additional discount at register.



GT'S
Organic Mushroom Elixir

16 oz Assorted varieties

30 % off

In-store prices reflect discount. No additional discount at register.



Klean Kanteen
Reusable Food & Drink Containers

Assorted sizes and varieties

20 % off

In-store prices reflect discount. No additional discount at register.



ENZYMEDICA
Digestive Enzymes Supplements

Assorted sizes and varieties

25 % off

In-store prices reflect discount. No additional discount at register.



MEDINATURA
Homeopathic Remedies

Assorted sizes and varieties

25 % off

In-store prices reflect discount. No additional discount at register.



NEW CHAPTER

Supplements

Assorted sizes and varieties

30 % off

In-store prices reflect discount. No additional discount at register.



URBAN MOONSHINE

Digestive Bitters

Digestive Bitters

20 % off

In-store prices reflect discount. No additional discount at register.



WISHGARDEN

Liquid Herbal Supplements

Assorted sizes and varieties

20 % off

In-store prices reflect discount. No additional discount at register.



DR. MERCOLA

Supplements

Assorted sizes and varieties

25 % off

In-store prices reflect discount. No additional discount at register.



BOIRON

Homeopathic Remedies

Assorted sizes and varieties

30 % off

In-store prices reflect discount. No additional discount at register.



NOW

Supplements & Body Care

Assorted sizes and varieties

25 % off

In-store prices reflect discount. No additional discount at register.

Also on sale in April!

Primal Kitchen

Navitas

Ancient Nutrition

Crystal Star

Flora

HealthForce

HerbPharm

Himalaya

Irwin

Mickelberry Gardens

Nordic

Ollois Homeopathic

Marlene's
— MARKET & DELI —
shop local, eat organic

Also on sale in April!

Little Northern
Bakehouse
Bitchin' Sauce
So Good, So You
Organic Valley
Harmless Harvest
OliPop
Rudi's Bakery
Brown Cow
Bio Bag

Freshe
If You Care
Hilary's
Eat Well
Annie's
Burroughs Family
Farm
Naturezway
Stalbusch
Alden's

FARM FRESH Foundational Favorites



GARDEN OF LIFE Supplements

Assorted sizes and varieties



30 % off

In-store prices reflect discount. No additional discount at register.



boost your mood naturally*

Youtheory® has harnessed the power of saffron and enhanced it with a blend of clinically studied ashwagandha and rhodiola to create a unique formula to calm the mind and body and help manage mood and daily stress.*

**Save 25% on Youtheory at
Marlene's Market & Deli this month!**

In-store prices reflect discount. No additional discount at register.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

