November's Menu – Bon Appétit!

For Broome County Senior Centers. **Reservations are needed by noon the day before.** Menu subject to change.
A suggested voluntary contribution of $4.00 is requested for people age 60+ and spouse of any age.
Those under age 60 are charged $5.00 per meal. *No one age 60+ shall be denied a meal due to an inability or unwillingness to contribute.*

Chicken Carbonara 2 **Over Pasta** Wax Beans w/Pimento Strawberry Ice Cream Cup	**Liver w/Onions 3** **OR Roast Chicken Thigh** Mashed Potatoes Peas & Carrots Mandarin Oranges	**Turkey & Provolone 4** **On Marble Rye** Sausage Florentine Soup Cottage Cheese Pineapple	**Teriyaki Chicken 5** Baked Potato Oriental Blend Vegetables Chocolate Chip Cookie	**Pub Burger 6** **OR Beer Battered Fish** Roasted Potatoes Cut Green Beans Pumpkin Cake
Four Cheese Macaroni 9 **& Cheese** Stewed Tomatoes Brussels Sprouts Carnival Cookie	**Veterans Day Recognition** **Broccoli Cheese Chicken10** Mashed Potatoes Peas w/Pearl Onions Peanut Butter Pie Cup	**Senior Centers Closed 11** **In Recognition of** **Veterans Day**	**Ham & Swiss on Rye 12** Loaded Baked Potato Chowder Applesauce Lorna Doones	**Kielbasa 13** **OR Broiled Fish** (2) Pierogies w/Onions Broccoli Florets Pineapple Cake
Swedish Meatballs 16 Buttered Noodles Cut Green Beans Pears	**Chicken Salad 17** **Croissant** Vegetable Beef Soup Pineapple Double Chocolate Cookie	**Thanksgiving Luncheon** **Roast Turkey w/Gravy 18** Bread Dressing Vegetables Cranberry Sauce Pumpkin Pie	**Grandma's Meatloaf 19** **OR Halupki** Mashed Potatoes Carrots Fresh Apple	**Honey Ginger Chicken 20** **OR Citrus Broiled Fish** AuGratin Potatoes California Blend Vegetables Chocolate Brownie
Beef Stew over a Biscuit 23 Spinach Cottage Cheese Ice Cream Cup	**Breaded Chicken Cutlet 24** **OR Sloppy Joe Sandwich** Minestrone Soup Mandarin Oranges Oatmeal Cookie	**Meatball Sub 25** Carrots Three Bean Salad Apple Cobbler	**Happy Thanksgiving 26** **Senior Centers Closed**	**Senior Centers Closed 27** **In Recognition of the** **Thanksgiving Holiday**
Beef Burgundy 30 **Over Noodles** French Cut Green Beans Sugar Cookie	**Salisbury Steak 12/1** **OR Shrimp Scampi** Buttered Noodles Winter Squash Peaches	**Manicotti 2** Wax Beans w/Pimento Garden Salad Marble Ice Cream Cup	**Pulled BBQ Chicken 3** Alfredo Pasta Hawaiian Coleslaw Black Forest Pudding	**Sausage Link 4** **OR Broiled Fish** Roasted Potatoes Spinach Peach Crisp

Funded by: NYSOFA, US Dept. of Health & Human Services – Administration on Community Living and Broome County Office for Aging