

# July's Menu – Bon Appétit!

For Broome County Senior Centers. **Reservations are needed by noon the day before.** Menu subject to change.

A suggested voluntary contribution of \$4.00 is requested for people age 60+ and spouse of any age.

Those under age 60 are charged \$5.00 per meal. *No one age 60+ shall be denied a meal due to an inability or unwillingness to contribute.*

<i>Have Lunch at a Senior Center</i> Eating together gives our mood a significant lift. The combination of good food and pleasant company creates a perfect recipe for happiness!		<b>Chicken Salad</b> 7/1 <b>Croissant</b> Cream of Broccoli Soup Pea Salad Mandarin Oranges	<b>4<sup>th</sup> of July Party!</b> <b>Pub Burger</b> 2 <b>OR Beer Battered Fish</b> Red Potato Salad Watermelon Wedge Strawberry Shortcake	<b>Senior Centers Closed</b> 3 <b>For Independence Day</b>
<b>Classic Beef Chili</b> 6 Baked Potato Carrots Ice Cream Cup	<b>Honey Ginger Chicken Thigh</b> 7 Roasted Potatoes Tossed Salad Cranberry Oatmeal Cookie	<b>Grandma's Meatloaf</b> 8 Bread Dressing Cut Green Beans Pumpkin Pie	<b>Seasoned Chicken Breast</b> 9 <b>OR Shrimp Scampi</b> Alfredo Pasta Spinach Fresh Orange	<b>Chili Orange BBQ</b> 10 <b>Chicken OR Broiled Fish</b> Baked Beans Coleslaw Honeydew Melon
<b>Chicken Carbonara Over Pasta</b> 13 Wax Beans w/Pimento Sherbet Cup	<b>Turkey &amp; Provolone On Marble Rye</b> 14 Sausage Florentine Soup Cottage Cheese Pineapple	<b>Salisbury Steak OR Halupki</b> 15 Mashed Potatoes Carrots Chocolate Brownie	<b>Teriyaki Chicken</b> 16 Seasoned Brown Rice Oriental Blend Vegetables Blueberry Crisp	<b>Pub Burger OR Beer Battered Fish</b> 17 Baked Beans Tossed Salad Cantaloupe Melon
<b>Four Cheese Macaroni &amp; Cheese</b> 20 Stewed Tomatoes Brussels Sprouts Chocolate Chip Cookie	<b>Marinated Chicken</b> 21 Broccoli Bow Tie Salad w/Jack Cheese Tossed Salad Fresh Orange	<b>Pulled Pork OR Pulled Chicken</b> 22 Baked Beans Summer Corn & Dill Salad Apricot Halves	<b>Sausage Link OR Broiled Fish</b> 23 Red Potato Salad Pea Salad Apple Cobbler	<b>Manicotti</b> 24 Carrots Tossed Salad Lemon Meringue Pie
<b>Chicken Breast</b> 27 Mashed Potatoes Broccoli Florets Ice Cream Cup	<b>Pub Burger</b> 28 Macaroni Salad Mandarin Oranges Vanilla Pudding	<b>Chicken Salad Croissant</b> 29 Red Potato Salad LF Cottage Cheese Pineapple	<b>Halupki OR Marinated Chicken</b> 30 Mashed Potatoes Carrots Banana	<b>Manicotti</b> 31 Cauliflower Apple Pie