

August's Menu – Bon Appétit!

For Broome County Senior Centers. **Reservations are needed by noon the day before.** Menu subject to change.

A suggested voluntary contribution of \$4.00 is requested for people age 60+ and spouse of any age.

Those under age 60 are charged \$5.00 per meal. *No one age 60+ shall be denied a meal due to an inability or unwillingness to contribute.*

Four Cheese Macaroni & Cheese Stewed Tomatoes Brussels Sprouts Fresh Orange	3	Breaded Chicken Cutlet OR Sloppy Joe Sandwich Red Potato Salad Three Bean Salad Applesauce	4	Apricot Meatballs OR Citrus Broiled Fish Buttered Noodles California Blend Vegetables Vanilla Pudding w/Oranges	5	Beef Stroganoff Over Mashed Potatoes French Cut Green Beans Cantaloupe	6	Pulled Pork OR Beer Battered Fish Hawaiian Baked Beans Hawaiian Coleslaw Lemon Meringue Pie	7
Chicken Parmesan Baked Potato Cut Green Beans Chocolate Chip Cookie	10	Salisbury Steak OR Shrimp Scampi Brown Rice Pilaf Peas Peaches	11	BBQ Chicken Breast OR Halupki w/Sauce Mashed Potatoes Carrots Pineapple	12	Turkey & Provolone On Marble Rye Macaroni Salad Cottage Cheese Strawberry Ice Cream	13	Rst Pork w/Cranberry OR Broiled Fish w/Lemon Parmesan Rosemary Potatoes Spinach Apricot Halves	14
Manicotti Italian Green Beans Cauliflower w/Parsley Banana	17	Grandma's Meatloaf Cheesy Mashed Potatoes Country Blend Vegetables Pears	18	Roasted Chicken Thigh Bread Dressing Diced Beets Pumpkin Pie	19	Lasagna Soup Deluxe Garden Salad Cottage Cheese Ice Cream Cup	20	National Senior Citizens Day Sausage Link OR Beer Battered Fish Mashed Potatoes Green Beans Peanut Butter Pie Cups	21
Meatball Parmesan Sub Sausage Florentine Soup Pears Ice Cream Cup	24	Kielbasa OR Herbed Broiled Fish Pierogies w/Onions Cut Green Beans Chocolate Pudding	25	Chicken Salad Croissant Cottage Cheese Pea Salad Mandarin Oranges	26	Pub Burger Red Potato Salad Watermelon Wedge Strawberry Shortcake	27	Marinated Chicken OR Citrus Broiled Fish Four Cheese Mac n Cheese Peas Fresh Apple	28
Classic Beef Chili Baked Potato Wax Beans Pears	31	Honey Ginger Chicken Roasted Potatoes Carrots Applesauce	9/1	Baked Ham OR Broiled Fish w/Lemon Scalloped Potatoes Peas w/Pearl Onions Carrot Cake	2	Halupki OR Grandma's Meatloaf Mashed Potatoes Cut Green Beans Sherbet Cup	3	Pulled Chicken OR Beer Battered Fish Baked Beans Coleslaw Cantaloupe	4