

Monday	Tuesday	Wednesday	Thursday	Friday
 PROGRAM CLOSED 	1 10:00 Mingle & Mind play 🧩 10:30 Guess the profession 11:00 Flex & Press 🧘 13:00 Rhythm & Moves 🧑‍🦺 13:30 Ladder Toss 🧗 14:00 Professions Bingo 🎲 15:00 Helping Hands 🚗	2 10:00 Coffee, Color & Calm 🧩 10:30 Basta Game - Occupations 11:00 Grip & Go 🧘 13:00 Rhythm & Moves 🧑‍🦺 13:30 Prairie House Paper Art 🧗 14:00 Mini Golf 🏌 15:00 One-to-One Moments 🚗	3 10:00 Peaceful Perks 🧩 10:30 Spot the difference 11:00 Squeeze, Stretch, Strengthen 13:00 Rhythm & Moves 🧑‍🦺 13:30 Balloons tennis 🧗 14:00 Rockers 🧗 15:00 Calm & Connect 🚗	4 10:00 The Gentle Brew 🧩 10:30 Find the mystery items 11:00 Band & Ball Blast 🧑‍🦺 13:00 Rhythm & Moves 🧑‍🦺 13:30 Bean Bag Toss 🧗 14:00 Colorful Corn Ledge Décor 🧗 15:00 The Quiet Hour 🚗
10:00 The Imagination Room 🧩 10:30 Travelogue – Brazil 11:00 Band & Ball Blast 🧑‍🦺 13:00 Rhythm & Moves 🧑‍🦺 13:30 Ring Toss 🧗 14:00 Masquerade Masks 🧗 15:00 Moments That Matter 🚗	8 10:00 Tranquil Times 🧩 10:30 Ring Toss 11:00 Squeeze, Stretch, Strengthen 13:00 Rhythm & Moves 🧑‍🦺 13:30 Table Games 🧗 14:00 Positivity Rock Painting 🧗 15:00 The Quiet Hour 🚗	9 10:00 Puzzle & Paint 🧩 10:30 Find the Mystery Items 11:00 Flex & Press 🧘 13:00 Rhythm & Moves 🧑‍🦺 13:30 Sing Along 14:00 Pressed Flower Preserves 🧗 15:00 Calm & Connect 🚗	10 10:00 The Brain Lounge 🧩 10:30 Doodling 11:00 Grip & Go 🧘 13:00 Rhythm & Moves 🧑‍🦺 13:30 Card Games 🧗 14:00 Paper Cup Chocolate Boxes 🧗 15:00 One-to-One Moments 🚗	11 10:00 Words & Wonders 🧩 10:30 Movie – “Charlie and the Chocolate Factory” 11:00 Smile Serenades 🧗 13:00 Rhythm & Moves 🧑‍🦺 14:00 Lift, Loop & Let’s Go! 🧗 15:00 Helping Hands (one-one) 🚗 Chocolate Milkshake Day 🧗
10:00 Mingle & Mind play 🧩 10:30 Jewelry Art 🧗 11:00 Stretch & Smile 🧘 13:00 Rhythm & Moves 🧑‍🦺 13:30 Frida Kahlo Headband 🧗 14:00 Find the color 🧗 15:00 Calm & Connect 🚗	15 10:00 Happy Hands & Hearts 🧩 10:30 Travelogue - Mexico 11:00 The Strength Circle Ⓜ 13:00 Rhythm & Moves 🧑‍🦺 13:30 Simple Piñata 🧗 14:00 Mexican Bingo 🎲 15:00 Helping Hands (one-one) 🚗 Mexican Independence Day 🇲🇽	16 10:00 The Brain Lounge 🧩 10:30 Mindful Coloring 11:00 Get a Grip! 🧘 13:00 Rhythm & Moves 🧑‍🦺 13:30 Ring Toss 🧗 14:00 Pit Stop Door Décor 🧗 15:00 One-to-One Moments 🚗	17 10:00 Artful Sips 🧩 10:30 Soccer 🧗 11:00 Bend, Ball, Band 🧑‍🦺 13:00 Rhythm & Moves 🧑‍🦺 13:30 Mindful Coloring 14:00 Craft – Hummingbird 🧗 15:00 Companionship 🚗	18 10:00 Puzzle & Paint 🧩 10:30 Documentary – Pirates Day 11:00 Flex Friday 🧗 13:00 Rhythm & Moves 🧑‍🦺 13:30 Board Games 🧗 14:00 Craft Pirate Ship 🧗 15:00 Moments That Matter 🚗
22 10:00 Brews & Brainwaves 🧩 10:30 Triva – Flags 11:00 Bend, Ball, Band 🧑‍🦺 13:00 Rhythm & Moves 🧑‍🦺 13:30 Traditional Alpine Hats 🧗 14:00 Bounce and score table game 🧗 15:00 Moments That Matter 🚗	23 10:00 Word Search & Warmth 🧩 10:30 Heart of Kindness 11:00 Get a Grip! 🧘 13:00 Rhythm & Moves 🧑‍🦺 13:30 Origami Paper Crane 🧗 14:00 Bowling 🧗 15:00 The Gentle Hour 🚗	24 10:00 Mingle & Mind play 🧩 10:30 A Moment of Mindfulness 11:00 The Strength Circle Ⓜ 13:00 Rhythm & Moves 🧑‍🦺 13:30 Rainbow Ball Hold 🧗 14:00 Harmony Day Paper People 🧗 15:00 Helping Hands (one-one) 🚗	25 10:00 Sips & Serenity 🧩 10:30 Basta Game 11:00 Stretch & Smile 🧘 13:00 Rhythm & Moves 🧑‍🦺 13:30 Cup Stacking 🧗 14:00 Gratitude Jar Poster 🧗 15:00 Golden Time 🚗	26 10:00 Coffee, Color & Calm 🧩 10:30 Balloon Tennis 11:00 Flex Friday 🧗 13:00 Rhythm & Moves 🧑‍🦺 13:30 Guess the smell 🧗 14:00 Rock on Rock Craft 🧗 15:00 The Quiet Hour (one-one) 🚗
29 10:00 The Creative Table 🧩 10:30 Ballon Tennis 11:00 Weights & Wonders 13:00 Rhythm & Moves 🧑‍🦺 13:30 Tongue Twisters 🧗 14:00 Create - Personal Crest 🧗 15:00 Companionship 🚗	30 10:00 Mingle & Mind play 🧩 10:30 Table Games 🧗 11:00 Smile Serenades 🧗 13:00 Rhythm & Moves 🧑‍🦺 13:30 Peaceful Door Décor 🧗 14:00 Move & Improve 15:00 Golden Time 🚗	Arrival (9:00 - 10:00) Exercise (11:00 -12:00) Departure (14:50 - 15:45) One – One activity (15:00 -15:30) September 2025 Breakfast (9:00 - 10:00) Lunch (12:00 - 1:00) Snacks (14:30 - 14:45)		