

UKRAINIAN MEALS ON WHEELS MENU

WEEK 1							Diet: Regular/ Texture: Regular
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Barley Beef Soup	Borcht Soup UCCC	Butternut Squash Soup	Golden Lentil Soup	Kapusnyak Soup	Cream of Broccoli Soup	Chicken Rosil	
Chicken Paprikash	Beef Burger on White Bun Lettuce/ Tomato/ Onion	Cabbage Rolls	Spaghetti and Meatballs	Baked Haddock	Chicken Fettuccine Alfredo	Beef Pot Roast w/ Gravy	
Orzo Pasta with Peas	French Fries	Pick of the Day Vegetable Blend	Italian Mixed Vegetables	Mashed Potatoes	Sunrise Vegetables	Parisienne Potatoes	
5-Way Mixed Vegetables	Rainbow Coleslaw	Sour Cream	Crushed Pineapple	Copper Penny Salad	Blueberries	Broccoli Florets	
Date Square	Mini Brownie	Seasonal Fresh Fruit		Marble Pudding Cake		Vanilla Caramel Cake	

WEEK 2							Diet: Regular/ Texture: Regular
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Green Pea Soup	Cream of Mushroom Soup	Chicken Rosil	Minestrone Soup	Borscht Soup UCCC	Kapusnyak Soup	Beef Barley Soup	
Meatloaf w/ Beef Gravy	Potato and Cheese Perogies	Creamy Dill Salmon	Chicken Supreme	Hamburger w/ Lettuce & Tomato Ketchup/Mustard/ Relish on side	Pork Ribette on White Bun	Cabbage Rolls	
Buckwheat Kasha	Pick of the Day Vegetable Blend	Rice Pilaf	Scalloped Potatoes	French Fries	Greek Tomato Cucumber Salad	Key West Vegetables	
Paradisio Vegetables	Sour Cream	Bistro Vegetables	Holiday Cabbage	Creamy Coleslaw	Vanilla Caramel Swirl Cake	Sour Cream	
Chilled Apricots	Raspberry Mousse Cake	Butter Tart	Deluxe Fruit Salad	Maple Chocolate Mania Cake		Blueberries	

WEEK 3							Diet: Regular/ Texture: Regular
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Cream of Tomato Soup	Green Pea Soup	Chicken Rosil	Green Soup (Sorrel)	Cream of Mushroom Soup	Vegetable Soup	Borscht Soup UCCC	
Fish 'n' Chips	Turkey Tetrazzini	Beef Lasagna	Meat Cutlet	Baked Sole Fillet	Beef Stuffed Peppers	Sliced Roast Beef	
Rainbow Coleslaw	Buckwheat Kasha	Caesar Salad	Mashed Potatoes	Garden Rice	Mixed Lettuce Salad	Mashed Potatoes/ Cranberry Sauce	
Mango Mousse Cake	Mixed Green Salad	Apple Cinnamon Pudding Cake	Holiday Cabbage	Broccoli Florets	Sour Cream	Chuckwagon Corn	
	Chilled Diced Pears		Apricot Halves	Raspberry Mousse Cake	Deluxe Fruit Salad	Cappuccino Cake	