

Monday	Tuesday	Wednesday	Thursday	Friday
 October 2025 Breakfast (9:30 - 10:30) Lunch (12:00 - 1:00) Snacks (14:30 - 14:45)		10:00 Coffee, Color & Calm 🧩 10:30 Music Trivia 11:00 Grip & Go 🧘 13:00 Rhythm & Moves 🧑‍🦵 13:30 Yarn Hair Self-Portrait 🧶 14:00 Music Bingo 🎵 15:00 One-to-One Moments 🚗	1 10:00 Peaceful Perks 🧩 10:30 Spot the difference 11:00 Squeeze, Stretch, Strengthen 13:00 Rhythm & Moves 🧑‍🦵 13:30 Balloons tennis 🎾 14:00 Scallop Shell 🦪 15:00 Calm & Connect 🚗	2 10:00 The Gentle Brew 🧩 10:30 Find the mystery items 11:00 Band & Ball Blast 🧑‍🦵 13:00 Rhythm & Moves 🧑‍🦵 13:30 Bean Bag Toss 🎯 14:00 Colorful Corn Ledge Décor 🧶 15:00 The Quiet Hour 🚗
10:00 The Imagination Room 🧩 10:30 Trivia – Teachers Day 11:00 Band & Ball Blast 🧑‍🦵 13:00 Rhythm & Moves 🧑‍🦵 13:30 Ring Toss 🎯 14:00 Ocean Inspired Art 🧶 15:00 Moments That Matter 🚗	6 10:00 Tranquil Times 🧩 10:30 Ring Toss 11:00 Squeeze, Stretch, Strengthen 13:00 Rhythm & Moves 🧑‍🦵 13:30 Table Games 🎲 14:00 Positivity Painting 🧶 15:00 The Quiet Hour 🚗	7 10:00 Puzzle & Paint 🧩 10:30 Letter Symbol Puzzle 11:00 Flex & Press 🧘 13:00 Rhythm & Moves 🧑‍🦵 13:30 Sing Along 14:00 Button Monogram 🧶 15:00 Calm & Connect 🚗	8 10:00 The Brain Lounge 🧩 10:30 Trivia - Optical Illusion 11:00 Grip & Go 🧘 13:00 Rhythm & Moves 🧑‍🦵 13:30 Card Games 🎲 14:00 Thanksgiving Card 🧶 15:00 One-to-One Moments 🚗	9 10:00 Words & Wonders 🧩 10:30 Thanksgiving Painting 11:00 Lift, Loop & Let's Go! 🧶 13:00 Rhythm & Moves 🧑‍🦵 14:00 Thankful Paper Chain 🧶 15:00 Helping Hands (one-one) 🚗
13 PROGRAM CLOSED  HAPPY THANKS GIVING	14 10:00 Happy Hands & Hearts 🧩 10:30 Thanksgiving Bingo 11:00 Smile Serenades 🎵 13:00 Rhythm & Moves 🧑‍🦵 13:30 Thanksgiving Coloring 14:00 The Strength Circle Ⓜ 15:00 Helping Hands (one-one) 🚗 Thanksgiving 🍂	15 10:00 The Brain Lounge 🧩 10:30 Trivia – Orange 11:00 Get a Grip! 🧘 13:00 Rhythm & Moves 🧑‍🦵 13:30 Ring Toss 🎯 14:00 WW II Aircraft 🧶 15:00 One-to-One Moments 🚗	16 10:00 Artful Sips 🧩 10:30 Soccer ⚽ 11:00 Bend, Ball, Band 🧑‍🦵 13:00 Rhythm & Moves 🧑‍🦵 13:30 Mindful Coloring 14:00 Jewelry Art 🧶 15:00 Companionship 🚗	17 10:00 Puzzle & Paint 🧩 10:30 Presentation – Origami 11:00 Flex Friday 🧘 13:00 Rhythm & Moves 🧑‍🦵 13:30 Board Games 🎲 14:00 Pretty Paper Peace Doves 🧶 15:00 Moments That Matter 🚗
20 10:00 Brews & Brainwaves 🧩 10:30 Birds – Coloring 11:00 Bend, Ball, Band 🧑‍🦵 13:00 Rhythm & Moves 🧑‍🦵 13:30 Diwali Art 🧶 14:00 Bounce and score table game 🎲 15:00 Moments That Matter 🚗 Diwali 🌸	21 10:00 Word Search & Warmth 🧩 10:30 Basta Game 11:00 Get a Grip! 🧘 13:00 Rhythm & Moves 🧑‍🦵 13:30 Pinecone Penguin 🧶 14:00 Bowling 🎳 15:00 The Gentle Hour 🚗	22 10:00 Mingle & Mind play 🧩 10:30 A Moment of Mindfulness 11:00 The Strength Circle Ⓜ 13:00 Rhythm & Moves 🧑‍🦵 13:30 Rainbow Ball Hold 🎯 14:00 Abayomi Doll Activity 🧶 15:00 Helping Hands (one-one) 🚗	23 10:00 Sips & Serenity 🧩 10:30 Scorpio Coloring 11:00 Stretch & Smile 🧘 13:00 Rhythm & Moves 🧑‍🦵 13:30 Cup Stacking 🎯 14:00 Origami Owl Bookmark 🧶 15:00 Golden Time 🚗	24 10:00 Coffee, Color & Calm 🧩 10:30 Balloon Tennis 11:00 Smile Serenades 🎵 13:00 Rhythm & Moves 🧑‍🦵 13:30 Picasso-Inspired Portraits 🎨 14:00 Flex Friday 🧘 15:00 The Quiet Hour (one-one) 🚗
27 10:00 Brews & Brainwaves 🧩 10:30 Triva – Flags 11:00 Bend, Ball, Band 🧑‍🦵 13:00 Rhythm & Moves 🧑‍🦵 13:30 Pumpkin / Snowman Craft 🧶 14:00 Bounce and score table game 🎲 15:00 Moments That Matter 🚗	28 10:00 Word Search & Warmth 🧩 10:30 Heart of Kindness 11:00 Get a Grip! 🧘 13:00 Rhythm & Moves 🧑‍🦵 13:30 Batty Treat Holders 🧶 14:00 Bowling 🎳 15:00 The Gentle Hour 🚗	29 10:00 Mingle & Mind play 🧩 10:30 A Moment of Mindfulness 11:00 The Strength Circle Ⓜ 13:00 Rhythm & Moves 🧑‍🦵 13:30 Rainbow Ball Hold 🎯 14:00 Frankenstein Mask 🧶 15:00 Helping Hands (one-one) 🚗	30 10:00 Sips & Serenity 🧩 10:30 Movie – Coco 11:00 Stretch & Smile 🧘 13:00 Rhythm & Moves 🧑‍🦵 13:30 Cup Stacking 🎯 14:00 DIY Bat Wings Shoe 🧶 15:00 Golden Time 🚗	31 10:00 Coffee, Color & Calm 🧩 10:30 Monsters Bingo 11:00 Flex Friday 🧘 13:00 Rhythm & Moves 🧑‍🦵 13:30 Guess the smell 🎯 14:00 Halloween Mask 🧶 15:00 The Quiet Hour (one-one) 🚗 Halloween 🎃