

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday					
 October 2026 ADS GROUND FLOOR												08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 History of coffee 14:00 Coffee Social Day 15:00 Go Home		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Birthday Celebration 14:00 Singing w/Dawa 15:00 Go Home		Simchat Torah Begins	
ADS CLOSED		08:00 Clients Arrive 10:00 Breakfast 10:30 Teacher's Day activity 11:00 Exercise 12:00 Lunch 13:00 Bowling 14:00 Ship in Bottle Craft 15:00 Go Home		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Chair Dance 14:00 Creative Poem Writing 15:00 Go home		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Chair Tennis 14:00 Autumn Bingo 15:00 Go Home		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Walking Club 14:00 Music 15:00 Go Home		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Thanksgiving Party 14:00 Smile Group 15:00 Go Home		ADS CLOSED					
ADS CLOSED		 HAPPY Thanksgiving Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Strength and Balance 14:00 Celebrity Spotlight 15:00Go Home		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Chair Soccer Match 14:00 Painting Workshop 15:00 Go Home		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Chair Yoga 14:00 Group Discussion 15:00 Go Home		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Balloon Badminton 14:00 Wall Dominoes 15:00 Go Home		ADS CLOSED					
ADS CLOSED		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Ring Toss 14:00 Country Bingo 15:00 Go Home		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Chair Tai Chi 14:00 Memory Cards 15:00 Go Home		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Movie Time 14:00 Movie Cont'd 15:00 Go Home		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 The Price is Right 14:00 Chair Dance 15:00 Go Home		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Roll the Dice 14:00 Karaoke 15:00 Go Home		ADS CLOSED					
ADS CLOSED		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Snake and Ladders 14:00 Cards Game 15:00 Go Home		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Birthday Celebration 14:00 Music and Dance 15:00 Go Home		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Halloween Celebration 14:00 Smile Group 15:00 Go Home		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Bounce the Ball Game 14:00 Singing w/Dawa 15:00 Go Home		08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Cup Knock Down 14:00 Halloween Bingo 15:00 Go Home		ADS CLOSED					
Halloween																	