

FROZEN MEAL SERVICE (SPECIAL DIETS)

Agency: _____

For Delivery Week: _____

Name: _____

Route
(Agency use only)

SPECIAL DIETS

Suitable for Gluten-Free, Lactose-Free, Low Sodium and Controlled Potassium & Phosphorus.

10012	Apple Braised Pork	GF LF LS LC LA
10017	Beef & Vegetable Casserole	GF LF LS LC LA
10018	Herbed Fish	GF LF LS LC LA
10020	Hawaiian Chicken	GF LF LS LC LA
10021	Turkey with Gravy	GF LF LS LC LA
10033	Chicken with Gravy	GF LF LS LC LA

MINCED

17001	Minced Beef	LC
17002	Minced Apple Braised Pork	LC
17003	Minced Ham	LC
17004	Minced Chicken à la King	LC
17005	Minced Turkey	LC
17006	Minced Pesto Chicken	LC LF
17009	Minced Pasta Primavera	LC LF
17010	Minced Beef Stew	LC
17012	Minced Honey Dijon Pork	LC
17013	Minced Vegetarian Stew	V

PUREED

16001	Chicken à la King Purée	LC
16002	Vegetable Lasagna Purée	LC
16003	Apple Braised Pork Purée	LC
16004	Macaroni & Cheese Purée	
16005	Shepherd's Pie Purée	LC
16006	Turkey Purée	LC
16007	Beef & Vegetable Casserole Purée	LC
16009	Beef Pot Roast Purée	LC
16011	Sweet & Sour Chicken Purée	LC LF
16016	Meatloaf Purée	LC
16017	Lemon Herb Fish Purée	LC
16018	Chicken Cacciatore Purée	LC LF
16020	Spaghetti Bolognese Purée	LC
16021	Turkey Casserole Purée	LC
16023	Creamed Salmon Purée	LC

HALAL

10063	Vegetarian Dhal	GF LC LF V VV H LA
12022	Chicken Biryani	LC LF H
12023	Beef Curry	LC LF H
12025	Lemon & Herb Chicken Souvlaki	LC LF LSH
12026	Spicy Beef Stew	LC LF H
12027	Sweet Curry Chicken	LF H
12131	Chana Masala	LC LF V VV H
12192	Butter Chicken	LC H

THICKENED SOUP

13053	Thickened Broccoli Soup	LF
13054	Thickened Carrot Soup	
13055	Thickened Cauliflower Soup	
13056	Thickened Chicken Noodle Soup	LF
13057	Thickened Mushroom Soup	
13058	Thickened Tomato Beef Soup	LF

GLUTEN-FREE

10054	Beef Pot Roast	GF LF LC LA
10063	Vegetarian Dhal	GF LC LF V VV H LA
12141	Chicken Breast with Bacon Cheddar Sauce	GF LC
12164	Traditional Pot Roast	GF LF LC
12167	Lemon Herb Fish	GF LF LC

GF	Gluten-Free
LC	Low Calorie
LF	Low Fat
LS	Low Sodium
V	Vegetarian
VV	Vegan
H	Halal
LA	Lactose-Free

