

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Happy Canada Day	2 Soup: Potato Dill Entrée: Butter Chicken Entrée: Ham, Honey Mustard Fish: Battered Pollock Veg California Patty Sweet Chili sauce Basmati Rice, Peas&Carrots Brownie Square	3 Soup: Loaded Potato Entrée: Basa Broccoli - Cheddar sauce Entrée: Chicken Breast / Tomato Basil Sauce Veg: Penne Alfredo Roast Potato. Mixed Veg. Fruit Cocktail	4 Soup: Polish cabbage Entrée: Swiss Steak Entrée: White fish Tomato Cream Sauce Veg: Roasted Veg w/ Tomato sauce Tomato Rice, Three way Banana Dream	5
6	7 Soup: Broccoli Cheddar Entrée: Four cheese Pasta Entrée: Chicken stuffed w/ Broccoli& Cheese Fish: Battered Haddock Herb Roast Pot. Calif.Veg Cookie dough Square	8 Soup: Mushroom Entrée: Hot Hamburger w/ Onion Gravy Entrée: Basa Veracruz Veg: Veggie Meatballs Mashed Pot. Corn&Carrots Peaches and Cream	9 Soup: Tomato Zucchini Entrée: Seasoned Baked Basa Filet. Entrée: Orange Ginger Chicken. Veg: Broccoli Fritters Epicure Rice, Normandy Veg Chocolate mousse	10 Soup: Cabbage& Potato Entrée: Roast pork Floren- tine Entrée: Chicken Pesto cr. Fish: Battered Pollock Veg: Southwest Stuffed Pot. Mushroom sauce Mashed Pot. Glazed Carrots Pineapple Peach Passion	11 Soup: Bean & Barley Entrée: Hot Chicken - Sandwich (Open face) Entrée: BBQ Meatballs Fish: Boston Blue fish Veg: Zucchini Pasta Parsley Pot Mixed Veg. Mini Cinnamon Roll	12
13	14 Soup: Country Veg. Entrée: Italian Style meat- balls Entrée: Chicken Pesto Cr. Fish: Curry Fish Veg: Penne w/ Veggie Meat Sauce. Rice, PEI style Veg. Marble Cake	15 Soup: Italian Chicken Entrée: Chicken Cacciatore Entrée: Spanish Beef Fish: Multigrain Pollock Veg: Vegetable Stir fry Vegetable Rice Calif. Veg. Mandarin Magic	16 Soup: Chicken Vegetable Entrée: Hawaiian Roast Pork Entrée: Basa Sweet Chili Sauce Veg: Quiche Broc / Tom. Wedge Fried Potato Capri Veg. Jelly Roll	17 Soup: Carrot&Cilantro Entrée: Mexican Style Meatballs (Albondigas) Entrée: Basa Dill Cream Veg : Penne Napolitana Sauce. Mex Green Rice, PEI Veg. Lemon Mousse	18 Soup: Tomato & Roast Pepper Entrée: Basa Filet w/ Pineapple Curry Sauce Entrée: Spanish Chicken Veg: Mushroom Stroganoff Golden Rice, Corn & Carrots Peach Crumble	19
20	21 Soup: Vegetable Entrée: Sweet&Sour Chick- en Entrée: Basa Veracruz Veg: California Patty Sautee peppers Parsley potato, Mixed Veg. Tropical Fruit Cocktail	22 Soup: Carrot & Sweet Potato Entrée: Coconut Pork Entrée: Chicken Fiesta Fish: Boston Blue Fish Veg: Singapore Noodles Basmati Rice, PEI Style Veg. Chocolate Cake	23 Soup: Mushroom Barley Entrée: Meatloaf Entrée: Mushroom Chicken Fish: Battered Haddock Veg: Cauliflower Bites Herb Roast Potato 5 way Mix Veg. Mini Strudel	24 Soup: Cream of Broccoli Entrée: Island Style Fish Entrée: Chicken Breast in Basil Tomato sauce Veg: Beyond Sausage w/ Peppers Greek Style potato Glazed Carrots Butterscotch Pudding	25 Soup: Minestrone Entrée: Macaroni&Cheese Entrée: Sweet & Sour Chicken Fish: Basa Strips Spiced Beans— Carrots Pineapple Mango Crumble	
27	28 Soup: Five Bean Entrée: Thai Ground Chicken Entrée: Salisbury Steak Veg: Veg. Lasagna Epicure Rice Peas&Carrots Mini Muffins	29 Soup: Chic pea Entrée: Pepper Steak Entrée: White Fish w/ Pep- pers & Pine nuts Veg: Ratatouille Parsley Pot. Corn&Peppes Hawaiian Sunset	30 Soup: Country Harvest Entrée: Jerk Chicken Entrée: Korean Beef Fish: Basa Pepperonata Veg: Margarita Calzone Rice&Peas,Glazed Carrots Tropical Colada	31 Soup: White Bean Carrot Entrée: Pulled Pork Entrée: Swedish Meatballs Veg: Butternut Tikka Masa- la Herb Roast Potato Calif. Style veg. Pound Cake		