

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>5</p> <p><b>PROGRAM CLOSED</b></p>	<p>6</p> <p>10:00- Water Lily Painting 11:00- Exercise/ Pedaling 1:00- Walking Club 1:30- Bean Bag Toss 2:00- 9-Letter Trivia 3:00- Paro Time/Word Search</p>	<p>7</p> <p>10:00- Chocolate Bingo 11:00- Exercise 1:00- Walking Club 1:30- Choco Milkshake Social 2:00- Smile Serenades 3:00- Chocolate Word search</p> <p>World Chocolate Day</p>	<p>8</p> <p><b>PROGRAM CLOSED (Canada Day)</b></p>	<p>9</p> <p>10:00- Dominoes/Coloring 11:00- Exercise/ Pedaling 1:00- Walking Club 1:30- Basket Ball 2:00- Balloon Tennis 3:00- Reading/ Word searching</p>	<p>10</p> <p>10:00- Snakes and ladders 11:00- Exercise/ Pedaling 1:00- Walking Club 1:30- Golf 2:00- Travelogue to Canada 3:00- Reading/ Word searching</p>	<p>11</p> <p>10:00- Coloring 11:00- Exercise/ Pedaling 1:00- Walking Club 1:30- Movie time 2:00- Movie cont. 3:00- Table games</p> <p>10:00- Art &amp; Crafts 11:00- Exercise/ Pedaling 1:00- Walking Club 1:30- Guessing game 2:00- Pass the ball 3:00- Tv shows</p>
<p>12</p> <p><b>PROGRAM CLOSED</b></p>	<p>13</p> <p>10:00- Random Trivia 11:00- Exercise/ Pedaling 1:00- Walking Club 1:30- Shuffle Board Game 2:00- Rock Painting 3:00- Scopa/Dominoes</p> <p>International Rock Day</p>	<p>14</p> <p>10:00- Canvas art 11:00- Exercise 1:00- Walking Club 1:30- Pass the Ball 2:00- Parachute Game 3:00- Puzzles/Coloring</p>	<p>15</p> <p>10:00- Food Bingo 11:00- Chair Zumba 1:00- Walking Club 1:30- Bocce Ball 2:00- Short stories Reading 3:00- Uno Cards</p>	<p>16</p> <p>10:00- Bible study/ Hymn sings 11:00- Exercise/ Pedaling 1:00- Walking Club 1:30- Roll A Ball 2:00- Movie / Popcorn Social 3:00- Coloring/Knitting</p>	<p>17</p> <p>10:00- Mandala Painting 11:00- Exercise/ Pedaling 1:00- Walking Club 1:30- Bowling 2:00- Number Bingo 3:00- Table Games</p>	<p>18</p> <p>10:00- Balloon Tennis 11:00- Exercise/ Pedaling 1:00- Walking Club 1:30- Helping hands 2:00- Reading Club 3:00- Coloring</p>
<p>19</p> <p><b>PROGRAM CLOSED</b></p>	<p>20</p> <p>10:00- Ice cream Crafts 11:00- Exercise/ Pedaling 1:00- Walking Club 1:30- Ring Toss 2:00- Ice cream Social 3:00- Reading Club</p> <p>Ice Cream Day</p>	<p>21</p> <p>10:00- Group Table Games 11:00- Exercise/ Pedaling 1:00- Walking Club 1:30- Connect 4 Game 2:00- International Flag Decor 3:00- Coloring/Puzzles</p>	<p>22</p> <p>10:00- What Am I? 11:00- Exercise/ Pedaling 1:00- Walking Club 1:30- Bucket Toss 2:00- Sing- along 3:00- Paro Time/Scopa</p>	<p>23</p> <p>10:00- Paper Plate Decor 11:00- Exercise 1:00- Walking Club 1:30- Discus Throw Competition 2:00- Sports Crossword 3:00- Reading Club/ Coloring</p> <p>Common Wealth Games 2026</p>	<p>24</p> <p>10:00-Wild West Bingo 11:00- Exercise/ Pedaling 1:00- Walking Club 1:30- Bean Bag Toss 2:00- Cowboy PPT/Trivia 3:00- Word Search</p> <p>Cow Boy Day</p>	<p>25</p> <p>10:00- Cut &amp; Paste 11:00- Exercise/ Pedaling 1:00- Walking Club 1:30- Comedy shows 2:00- Cards 3:00- Coloring</p>
<p>26</p> <p><b>PROGRAM CLOSED</b></p>	<p>27</p> <p>10:00- Human Body Quiz 11:00- Exercise/ Pedaling 1:00- Walking Club 1:30- Bounce and Score Game 2:00- Group Dominoes 3:00- Reading/ Word searching</p>	<p>28</p> <p>10:00- Paint By Numbers 11:00- Exercise 1:00- Walking Club 1:30- Ladder Ball Toss 2:00- Aromatherapy Bingo 3:00- Knitting/Coloring</p>	<p>29</p> <p>10:00- Mystery Bag 11:00- Exercise 1:00- Walking Club 1:30- Smile Serenades 2:00- Music and Dance 3:00- Snakes and ladders/Uno</p>	<p>30</p> <p>10:00- Table Top Games 11:00- Chair Zumba 1:00- Walking Club 1:30- Shot Put Throw 2:00- Number Bingo 3:00- Scopa/Paro Time</p>	<p>31</p> <p>10:00- Friendship Bracelets 11:00- Exercise/ Pedaling 1:00- Walking Club 1:30- Catch the Ball 2:00- Conversation Circle 3:00- Word searching</p> <p>Friendship day</p>	<p><b>Daily Activities</b></p> <p>9:00 am - 10:00 am Breakfast 12:00 pm - 1:00pm Lunch 2:30 pm - 3:00 pm Snacks</p>