

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026

<p>Program Closed</p>	<p>1 10:00- Group Table games 11:00- Exercise 1:00- Walking club 1:30- Bean Bag Toss 2:00- Heart Garland crafts 3:00- Reading/ Word searching</p>	<p>2 10:00- Cupcake flower collage 11:00- Exercise/ Pedaling 1:00- Walking club 1:30- Pass the Ball 2:00- Table top games 3:00- Talent show</p>	<p>3 10:00- Heart's Painting 11:00- Exercise 1:00- Walking club 1:30- Bucket-pong Toss 2:00- Sweetheart Tree crafts 3:00- Crafts/ Table games</p>	<p>4 10:00- Name 5 things Trivia 11:00- Exercise/ Pedaling 1:00- Walking club 1:30- Bulls Eye game 2:00- Music Bingo 3:00- Reading club</p>	<p>5 10:00- Valentines day Quiz 11:00- Exercise 1:00- Walking club 1:30- Pool noodle fishing 2:00- Pom-pom crafts 3:00- Dominoes/ Cards</p>	<p>6 7</p>
<p>Program Closed</p>	<p>8 10:00- Mosaic art 11:00- Exercise/ Pedaling 1:00- Walking club 1:30- Break my heart game 2:00- Karaoke club 3:00- Group Dominoes</p>	<p>9 10:00- Chopstick Painting 11:00- Exercise 1:00- Walking club 1:30- Egg pong toss 2:00- Door Hangers crafts 3:00- Group Puzzles</p>	<p>10 10:00- Valentines Bingo 11:00- Exercise/ Pedaling 1:00- Walking club 1:30- Smile Serenades 2:00- Valentines Celebration 3:00- Table games</p>	<p>11 10:00- Lantern Crafts 11:00- Exercise 1:00- Walking club 1:30- Tac-Tic Toss 2:00- Year of Horse Painting 3:00- Coloring corner</p>	<p>12 10:00- Chinese new year Trivia 11:00- Exercise/ Pedaling 1:00- Walking club 1:30- Break my heart game 2:00- Number Bingo 3:00- Table games</p>	<p>13 14 Valentine's Day</p>
<p>Program Closed</p>	<p>15 Program Closed (Family Day)</p>	<p>16 10:00- All about Chinese new year 11:00- Tai- Chi 1:00- Walking club 1:30- Race of Horse game 2:00- Zodiac Bingo 3:00- Chinese music Chinese New Year Mardi Gras</p>	<p>17 10:00- BHM Mandala Painting 11:00- Exercise 1:00- Walking club 1:30- Balloon Tennis 2:00- Pass the Ball 3:00- Word searching/ Dominoes</p>	<p>18 10:00- Family feud 11:00- Exercise/ Pedaling 1:00- Walking club 1:30- Basketball game 2:00- Canvas art 3:00- Reading club</p>	<p>19 10:00- Black History Bingo 11:00- Exercise 1:00- Walking club 1:30- Mini Golf 2:00- Button Crafts 3:00- Dominoes/ Cards</p>	<p>20 21</p>
<p>Program Closed</p>	<p>22 10:00- Bingo club 11:00- Exercise/ Pedaling 1:00- Walking club 1:30- Ladder Ball Toss 2:00- Travelogue - Singapore 3:00- Popcorn Social</p>	<p>23 10:00- Black History Painting 11:00- Exercise 1:00- Walking club 1:30- Smile Serenades 2:00- Music & Dance 3:00- Word searching Happy Birthday Mr. ON</p>	<p>24 10:00- Group table games 11:00- Exercise/ Pedaling 1:00- Walking club 1:30- Parachute game 2:00- Riddles 3:00- Coloring corner</p>	<p>25 10:00- Food Bingo 11:00- Exercise 1:00- Walking club 1:30- Fun games/ Music 2:00- Monthly B'day Celebration 3:00- Dominoes/ Puzzles Happy Birthday Mr. JE</p>	<p>26 10:00- All about Black History month 11:00- Exercise/ Pedaling 1:00- Walking club 1:30- 2:00- Reggae music 3:00- BHM Word searching</p>	<p>27 28</p>