

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Daily Activities-</u> 9:00 - 10:00 - Breakfast 12:00 -1:00 - Lunch 2:30 - 2:45 - Snacks 	1 10:00- Pine cone crafts 11:00- Exercise/ Pedaling 1:00- Walking club 1:30- Bowling 2:00- Family feud 3:00- Cards/ Dominoes	2 10:00- Baking Bingo 11:00- Exercise 1:00- Walking club 1:30- Challenge 500 Throw 2:00- Guess the Sound 3:00-Puzzles/Coloring	3 10:00- X-mas bag decoration 11:00- Exercise/ Pedaling 1:00- Walking club 1:30- Target Candy canes 2:00- Karaoke 3:00- Word searching	4 10:00- Mosaic Christmas Art 11:00- Exercise 1:00- Walking club 1:30- Cup Pong 2:00- Group Table Games 3:00- Knitting/Paro Time	5 10:00- All About Christmas 11:00- Exercise/ Pedaling 1:00- Walking club 1:30- Smile Serenades 2:00- <u>Christmas Celebration</u> 3:00- Coloring/ Dominoes	6 10:00-Painting 11:00- Exercise 1:00- Walking club 1:30- Movie Time 2:00- Catch the Ball 3:00- Puzzles/ Dominoes
7 Program Closed	8 10:00- Food Bingo 11:00- Exercise/ Pedaling 1:00- Walking club 1:30- Bean Bag Toss 2:00- Balloon Tennis 3:00- Reading Club/Word Search	9 10:00- Group table Games 11:00- Exercise 1:00- Walking club 1:30- Smile Serenades 2:00- Sing & Dance 3:00- Coloring/Scopa	10 10:00- Pokeno Cards 11:00- Exercise 1:00- Walking club 1:30- Roll A Ball 2:00- Name 5 things (Christmas) 3:00- Paro time/Reading Club	11 10:00- Random trivia 11:00- Exercise/Pedaling 1:00- Walking club 1:30- Ladder Ball Toss 2:00- Movie Time 3:00- Cards/Dominoes	12 10:00- <u>Poinsettia</u> Painting 11:00- Exercise 1:00- Walking club 1:30- Dart Game 2:00- Number Bingo 3:00- Word Search/Coloring National Poinsettia day	13 10:00- Cut and Paste 11:00- Exercise 1:00- Walking club 1:30- Tv Shows 2:00- Catch the ball 3:00- Dominoes
14 Program Closed Hanukkah Begins	15 10:00- Pompom X-mas tree crafts 11:00- Exercise 1:00- Walking club 1:30- Mini Golf 2:00- Movie Time 3:00- Coloring/Puzzles	16 10:00- X-mas around the world 11:00- Exercise 1:00- Walking club 1:30- <u>Syme Senior's Choir</u> 2:00- <u>Christmas Celebration</u> 3:00- Word Search/Reading Club	17 10:00- X-mas Bingo 11:00- Exercise/ Pedaling 1:00- Walking club 1:30- Gingerbread House decoration 2:00- Pass the Santa 3:00- Coloring/ Dominoes	18 10:00- Christmas Quiz 11:00- Exercise 1:00- Walking club 1:30- Cup Stacking Game 2:00- Parachute Game 3:00- Scopa/Dominoes	19 10:00- <u>Ugly Sweater</u> coloring 11:00- Exercise 1:00- Walking club 1:30- Minute to win games 2:00- Bingo 3:00- Cards/Dominoes Ugly Sweater day	20 10:00-Arts & Crafts 11:00- Exercise 1:00- Walking club 1:30- Tv Shows 2:00- Table Games 3:00- Word Search
21 Program Closed Winter Begins	22 10:00- Aromatherapy Bingo 11:00- Exercise 1:00- Walking club 1:30- Tac Tic Toss 2:00- Travelogue- Mexico 3:00- Puzzles/Dominoes	23 10:00- Carols sing-along 11:00- Exercise/ pedaling 1:00- Walking club 1:30- Balloon Tennis 2:00- Hot chocolate social 3:00- Coloring/ Paro time	24 10:00- Christmas Painting 11:00- Exercise 1:00- Walking club 1:30- Christmas Movie 2:00- Movie-Popcorn social 3:00- Coloring/Cards	25 Program Closed (Christmas Holiday)	26 Program Closed (Boxing Day) Kwanzaa Begins	27 10:00- Painting 11:00- Exercise 1:00- Walking club 1:30- Coloring 2:00- Movie Time 3:00- Scopa
28 Program Closed	29 10:00- Crosswords Trivia 11:00- Exercise/ Pedaling 1:00- Walking club 1:30- Ring Tossing 2:00- New year card creation 3:00- Paro time/ Table games	30 10:00- Painting 11:00- Exercise 1:00- Walking club 1:30- Bull Eye Game 2:00- Group Puzzles 3:00- Comedy Shows	31 10:00- New year Dice game 11:00- Exercise/ Pedaling 1:00- Walking club 1:30- New year's Eve photo booth 2:00- <u>Eggnog Social</u> 3:00- Puzzles/Cards New Year's Eve			