

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Soup: Tuscan Bean Entrée: Swiss Steak Entrée: Creamy Parmesan Chicken. Fish: Battered Pollock Veg: Vegetable stir-Fry Mashed Potato, Peas & Carrots Coconut mousse Cake	2 Soup: Tomato Entrée: Vegetarian Chili Entrée: Spanish Style Chicken Fish: Multigrain Pollock Cut Green Beans Glazed Carrots Vanilla Pudding	3 Soup: Veg. Barley Entrée: Chicken Breast-Tomato Basil Sauce. Entrée: Salisbury Steak Fish: Basa - Vera cruz Veg: Mushroom Stroganoff-Pasta. Rice , Calif. Style veg. Mini Cinnamon Loaf	4 Soup : Country Vegetable Entrée: Hot BBQ Chicken sandwich Entrée: Spanish beef Fish: Boston Blue Fish Veg: Thai Red Curry Veg Mashed Pot., Peas&Carrots Fruit Ambrosia Salad	5 Soup: Chic pea Entrée: Mediterranean Fish Entrée: Creamy Parmesan Chicken Veg: Penne Neopolitana Med. Rice PEI Style Veg. Lemon mousse	6
7	8 Soup: Cr. of Mushroom Entrée: BBQ Glazed Chicken Breast. Entrée: Basa Filet Florentine Veg: Veggie Meatballs - Sweet & Sour Herb Roasted Potato, San Fran Veg. Brownie Square	9 Soup: Vegetable Barley Entrée: Basa w/ Apple - Raisins and Walnuts. Entrée: Chicken strips w/ Plum sauce. Veg: Singapore Noodles w/ Tofu. Rice, Mixed Vegetables Mixed fruit crumble	10Soup : White Bean/Carrot Entrée: Italian Style Meatballs. Entrée: Sausage Sauté Fish: Basa Strips w/ Seafood sauce Veg: Butternut Tikka Masala Mashed potato, Italian veg Chocolate Mousse	11 Soup: Tomato Zucchini Entrée: Maple Mustard Chicken. Entrée: Penne Alfredo Fish: Basa Shanghai Sauce. Veg: Quiche—Mushroom Whipped Potato, PEI veg Creamy Fruit salad	12 Soup: Vegetable Entrée: Southwest Pork Stew. Entrée: Spanish Pollock Veg: Veg Patty w/ Spanish sauce. Rice, Calif style veg. Mini strudel	13
14	15 Soup: Cr. Of Celery Entrée: Basa Tomato dill Sauce. Entrée: Salisbury Steak Veg: Veg. patty Mushroom Sauce Vegetable rice, Corn & Carrots Lemon pudding	16 Soup: Cr. Of Broccoli Entrée: Beef Stew Entrée: Chicken Fiesta Fish: Multigrain Pollock Veg: Vegetable Lasagna Parley potato, Italian style Veg. Cappuccino Cake	17 Soup: Carrot & Cilantro Entrée: Macaroni & Cheese Entrée: BBQ Meatballs Fish: White fish pesto cream sauce. Cut Beans, Dill Carrots Marble cake	18 Soup: Italian Chicken Entrée: Swedish Meatballs Entrée: Sweet & Sour Chicken. Fish : Basa— Tomato Dill Sauce Veg: California Patty Pine-apple curry sauce. Rice, Corn& Carrots Pineapple Peach Passion	19 Soup: Bean—Tomato Entrée: Honey Garlic Chicken Entrée: Swedish Meatballs Fish: Boston Blue Fish Veg: Quiche —Broccoli Roast Potato Capri veg. Tropical colada	20
21	22 Soup: Cabbage & Potato Entrée: Roast Pork Entrée: Orange Ginger Chicken. Fish: Pollock Pepperonatta Veg: Meat sauce Veggie Parsley potato, California Blend Veg. Cream Jelly Roll	23 Soup: Country Veg. & Bean Barley. Entrée: Island style White Fish. Entrée: Italian Beef Stew Veg: Ratatouille Golden rice, Corn & carrots Butterscotch pudding	24 Soup: Chicken Noodle Entrée: Festive chicken Stuffing ,Gravy Entrée: Baked Ham Honey Mustard Sauce Fish: Basa Marinara Veg: Veg. Lasagna Mashed Potato, PEI Veg. Manderin Magic	25 Closed Happy	26 Closed Holidays	27
28	29 Soup: Potato Dill Entrée: Pepper Steak Entrée: Honey Garlic - Chicken. Fish: Battered Haddock Veg: Mashed Potato, Peas & Carrots. Fruit cocktail	30 Soup: Wild Mushroom Entrée: Pulled Pork Entrée: Chicken Bolognaise Fish: Basa Tomato Cream Sauce. Veg: Cheese Tortellini – Garden Vegetable Sauce Tomato Rice, Calif.Style veg Mini strudel	31 Soup: Split Pea Entrée: Balsamic Chicken Entrée: Italian Meatballs. Fish: Battered Pollock Filet. Veg: Broccoli fritters Whipped Potato, Italian Veg. Apple Crumble			Due to the Unavailability of certain Items, appropriate Substitutions may need To be used.