

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00- Cut & Paste 11:00- Exercise/ Pedaling 1:00- Walking Club 1:30- Guessing Game 2:00- Cards 3:00- Coloring Happy Birthday Ms. AI
2 PROGRAM CLOSED	3 PROGRAM CLOSED (Civic Day)	4 10:00- Beach Ball Painting 11:00-Exercise/ Pedaling 1:00- Walking Club 1:30- Ladder Ball Toss 2:00- Short story reading 3:00- Table games	5 10:00- Random Quiz 11:00-Exercise 1:00-Walking Club 1:30- Mini Golf 2:00- Fruity Bingo 3:00- Coloring/ Cards	6 10:00- Jamaican Flag Painting 11:00-Exercise/ Pedaling 1:00- Walking Club 1:30- Reggae Music/ Dance 2:00- Travelogue : Jamaica 3:00- Word searches Jamaican Independence Day	7 10:00- Group Table Games 11:00-Exercise 1:00- Walking Club 1:30- Pass the Ball 2:00- Sing along 3:00- Coloring/Puzzle	8 10:00- Coloring 11:00-Exercise/ Pedaling 1:00- Walking Club 1:30- Comedy Shows 2:00- Pass the ball 3:00- Table Games Happy Birthday Ms. NT
9 PROGRAM CLOSED Happy Birthday Ms. JK	10 10:00- Birthday Bingo 11:00-Exercise/ Pedaling 1:00- Walking Club 1:30- Monthly Birthday Celeb. 2:00- Music & Dance 2:30- Cake/ Tea Social	11 10:00- Table Top Games 11:00- Tai Chi 1:00- Walking Club 1:30- Cup-Pong Toss 2:00- Palm Tree Painting 3:00- Coloring	12 10:00- Flower Painting 11:00-Exercise/ Pedaling 1:00-Walking Club 1:30- Target Lotto 2:00- Flower Bingo 3:00- Puzzles/Paro time	13 10:00- Group Dominoes 11:00-Exercise 1:00- Walking Club 1:30- Dart's game 2:00- Rangoli Art 3:00-Reading Club	14 10:00- Hawaiian Travelogue 11:00- Seated Cha Cha Dance 1:00- Photo by the Beach 1:30- Parachute Game 2:00- Hawaiian Bingo 3:00- Music Time Hawaiian Party	15 10:00- Painting 11:00-Exercise/ Pedaling 1:00- Walking Club 1:30- Reading Club 2:00- Helping Hands 3:00- Coloring Indian Independence Day
16 PROGRAM CLOSED	17 10:00- Indian Flag Painting 11:00-Exercise 1:00- Walking Club 1:30- Bollywood Songs/ Dance 2:00- Travelogue: India 3:00- Word Searches	18 10:00- Q-tip crafts 11:00-Exercise/ Pedaling 1:00- Walking Club 1:30- Challenge 500 Throw 2:00- Pokeno Cards 3:00- Dominoes	19 10:00- Human Body Quiz 11:00- Chair Zumba 1:00- Walking Club 1:30- Bean Bag Toss 2:00- Dove Wreath crafts 3:00- Cards/ Coloring	20 10:00- Daffodil Painting 11:00-Exercise/ Pedaling 1:00- Walking Club 1:30- Movie Time 2:00- Popcorn Social 3:00- Puzzles	21 10:00- Oldies Sing-along 11:00-Chair Yoga 1:00- Walk & Talk 1:30- Appreciation Photo booth 2:00- Bingo Club 3:00- Reading/ Word searches Senior Citizens Day	22 10:00- UNO/Scopa 11:00-Exercise/ Pedaling 1:00- Walking Club 1:30- Balloon Tennis 2:00- Comedy shows 3:00- Helping Hands
23 PROGRAM CLOSED	24 10:00- Sun- Sational Coasters 11:00-Exercise/ Pedaling 1:00- Walking Club 1:30- Bowling 2:00- Snakes and ladders 3:00- Coloring	25 10:00- Number Bingo 11:00-Exercise 1:00- Walking Club 1:30- Balloon Tennis 2:00- Citrus Stamping 3:00- Table games	26 10:00- Mandala Painting 11:00-Exercise/ Pedaling 1:00- Walking Club 1:30- Ring Toss 2:00- Table Game 3:00- Reading	27 10:00- Food Bingo 11:00- Exercise 1:00- Walking Club 1:30- Shuffle Board Game 2:00- Pass the Ball 3:00- Word searches	28 10:00- Words game 11:00-Exercise/ Pedaling 1:00- Walking Club 1:30- Bocce Ball 2:00- Dance and Music 3:00- Coloring	29 10:00- Arts & Crafts 11:00-Exercise/ Pedaling 1:00- Walking Club 1:30- Movie time 2:00- Movie cont. 3:00- Table Games
30 PROGRAM CLOSED	31 10:00- Group Table games 11:00-Exercise 1:00- Walking Club 1:30- Mini Golf 2:00- Painting 3:00- Word searches/ Cards	Daily Activities 9:00 am - 10:00 am - Breakfast 12:00 pm - 1:00pm- Lunch 2:30 pm - 3:00 pm Snacks				