Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 World Emoji Activity 14:00 Karaoke 15:00 Go Home	2 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Badminton 14:00 Back to School Bingo 15:00 Go Home	3 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Resistant Band 14:00 Circle Hand Game 15:00 Go Home	4 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00The Price Is Right 14:00 Tim Hortons Coffee Social	ADS CLOSED 5
ADS CLOSED 6	ADS CLOSED 7 Labor Day	8 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Chair Tennis 14:00 Tabletop Games 15:00 Ga Home	9 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Walking Club 14:00 Uno Game 15:00 Go Home	10 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Labour Day History 14:00 Labour Day Activity 15:00 Go Home	11 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Basketball Game 14:00 Trivia 15:00 Go Home Rosh Hashanah Begins	ADS CLOSED 12
ADS CLOSED 13 Grandparents Day	14 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Balance and Exercise 14:00 Painting Workshop 15:00 Go Home	15 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Chair Dancing 14:00 Bingo 15:00 Go Home	16 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Mexican Independence Day ADS Second floor 14:00 Mexican Loteria 15:00 Go Home	17 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Bowling 14:00 Name the Tune W/ Dawa 15:00 Go Home	18 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Bounce Ball 14:00 Smile Group 15:00 Go Home	ADS CLOSED 19 Oktoberfest Begins
ADS CLOSED 20 Yom Kippur Begins	21 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Chair Soccer 14:00 Singing W/Dawa 15:00 Go Home	22 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Chair Yoga 14:00 B.D Party 15:00 Go Home Autumn Begins	23 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Tennis Club 14:00 Cards Game 15:00 Go Home	24 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Chair Dancing 14:00 Reading Club 15:00 Go Home	25 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Walking Club 14:00 Rummikub 15:00 Go Home Sukkot Begins	ADS CLOSED 26
ADS CLOSED 27	28 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Hand Massage 14:00 Wall Dominoes 15:00 Go Home	29 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Bingo 14:00 Smile Group 15:00 Go Home	30 08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Strength & Balance 14:00 Dominoes 15:00 Go Home			

Programs are subject to change depending on the clients' interests.