

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						ADS CLOSED 1
ADS CLOSED 2	ADS CLOSED 3 	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Chair Dancing 14:00 Craft (clown paper plate)	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Badminton 14:00 UNO Game	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Clown History (Reading) 14:00 Clown Day Activity	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Ring Toss 14:00 Karaoke	ADS CLOSED 8
ADS CLOSED 9	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Walking 14:00 Crayon Art.	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Hand Mobility Exercises 14:00 Trivia	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Basketball Toss Game 14:00 Bingo	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Badminton 14:00 Celebrity Spotlight	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Balance & Exercise 14:00 Chinese Mahjong	ADS CLOSED 15
ADS CLOSED 16	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Resistant Band 14:00 Wall Dominoes	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Walking Club 14:00 Fun Fact about Watermelon	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Soccer Game 14:00 Tabletop Game	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Aloha Party 14:00 Music w/Dawa	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Aloha Party 14:00 Singing-Along	ADS CLOSED 22
ADS CLOSED 23	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Meditation 14:00 Hand & Face Massages	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Reading Club 14:00 Karaoke	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Tennis Badminton 14:00 Sunflower Craft	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Chair Yoga 14:00 The Price is Right	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 BD Party 14:00 BD Bingo	ADS CLOSED 29
ADS CLOSED 30	08:00 Clients Arrive 10:00 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Balloon Bowling 14:00 Bingo	31	 RECONNECT HEALTH SERVICES ADULT DAY PROGRAM ground floor 2562 Eglinton Av. W. Tel. (416) 652 6130			

Programs are subject to change depending on the client's interests.